

Anatomical, Physiological, and Experimental Factors Affecting the Bioavailability of sc-Administered Large Biotherapeutics

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ABSTRACT: Subcutaneous route of administration is highly desirable for protein therapeutics. It improves patient compliance and quality of life (McDonald TA, Zepeda ML, Tomlinson MJ, Bee WH, Ivens IA. 2010. *Curr Opin Mol Ther* 12(4):461–470; Dychter SS, Gold DA, Haller MF. 2012. *J Infus Nurs* 35(3):154–160), while reducing healthcare cost (Dychter SS, Gold DA, Haller MF. 2012. *J Infus Nurs* 35(3):154–160). Recent evidence also suggests that sc administration of protein therapeutics can increase tolerability to some treatments such as intravenous immunoglobulin therapy by administering it subcutaneously (subcutaneous immunoglobulin therapy SCIG), which will reduce fluctuation in plasma drug concentration (Kobrynski L. 2012. *Biologics* 6:277–287). Furthermore, sc administration may reduce the risk of systemic infections associated with i.v. infusion (McDonald TA, Zepeda ML, Tomlinson MJ, Bee WH, Ivens IA. 2010. *Curr Opin Mol Ther* 12(4):461–470; Dychter SS, Gold DA, Haller MF. 2012. *J Infus Nurs* 35(3):154–160). This route, however, has its challenges, especially for large multidomain proteins. Poor bioavailability and poor scalability from preclinical models are often cited. This commentary will discuss barriers to sc absorption as well as physiological and experimental factors that could affect pharmacokinetics of subcutaneously administered large protein therapeutics in preclinical models. A mechanistic pharmacokinetic model is proposed as a potential tool to address the issue of scalability of sc pharmacokinetic from preclinical models to humans. © 2014 Wiley Periodicals, Inc. and the American Pharmacists Association *J Pharm Sci* 104:301–306, 2015

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INTRODUCTION

Protein therapeutics are classified based on their pharmacological function into (1) proteins with enzymatic/regulatory function or (2) proteins with targeting function (monoclonal antibodies).¹ The first class contains proteins ranging in size from small peptide hormones such as insulin and erythropoietin to the large multidomain proteins such as FVIII and acid alpha-glucosidase (GAA). These therapeutics are designed to: (1) replace lacking or aberrantly formed endogenous counterparts to ameliorate disease conditions such as the use of insulin in diabetes; (2) augment existing pathways such as the use of human follicle-stimulating hormone for infertility; and (3) provide a novel function such as hyaluronidase.^{2,3} The second class contains monoclonal antibodies (mAbs) and their derivatives. This class of protein therapeutics is characterized by unique pharmacokinetics because of their high-target-binding affinity and the presence of the Fc fragment (in the case of mAb), which imparts the prolonged half-life of this class of biologics.

The wide range in the size and properties of protein therapeutics makes it difficult to treat them as a single class of therapeutics, especially when discussing sc absorption. Furthermore, the classification of protein therapeutics based on pharmacological function may be irrelevant when discussing absorption from the subcutaneous space. This necessitates a different categorization system based on the size rather than the function of these therapeutics. The following sections discuss the physical barriers to sc absorption of protein therapeutics, which should help in classifying protein therapeutics,

based on size, into (1) small proteins of less than 10 nm in diameter, (2) large proteins of greater than 10 nm in diameter, and (3) mAbs. Next, we discuss presystemic degradation as a contributing factor to incomplete bioavailability before presenting possible experimental artifacts in preclinical models that can further contribute to poor scalability to humans.

BARRIER TO sc ABSORPTION OF PROTEIN THERAPEUTICS

Physical Barriers

After a drug is deposited in the sc space, it must traverse the extracellular matrix to reach an entry point into systemic circulation. Entry can be directly into the blood stream or by transiting through the lymphatics.⁴

Direct Uptake into Blood

Uptake into blood requires entry at the postcapillary bed or by traversing the basal membrane of blood vesicles, both of which are size limiting. The postcapillary bed is involved in blood/tissue fluid exchange, it is also the primary site of leukocytes and plasma protein leakage.⁵ These capillaries preferentially reabsorb particles up to 10 nm.⁶ Alternatively, the drug enters systemic circulation by crossing the basal membrane of blood vessels via the paracellular or transcellular pathway. The former is limited by the size of the fenestrations in the basal membrane reported to be 6–12 nm for most nonsinusoidal blood capillaries.⁷

The transcellular pathway may not be a major player in protein uptake. Indeed, large proteins have been shown to have poor transcellular trafficking.⁸ Those therapeutic proteins are generally hydrophilic, which prevents them from traversing the

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cell membrane. Protein entering through pinocytosis or phagocytosis will likely be degraded leading to the loss of protein. One exception is monoclonal antibodies. Transcellular transport of mAbs has been recognized since the early 1970s.⁸ This is mediated by FcRn receptors on the surface of endothelial cells. FcRn not only facilitates the bidirectional transport of mAbs,^{9,10} but it also protects the antibody during fluid phase pinocytosis by binding the antibody and sorting it away from the lysosomal pathways.^{11–13} FcRn-mediated transport explains the high bioavailability and the saturable nature¹⁴ of mAb uptake from sc.

Physicochemical properties of antibodies that can potentially affect transcellular trafficking of mAbs such as isotype, FcRn-binding affinity, charge, hydrophobicity, and solubility have been investigated by a number of researchers in the field with conflicting results. For example, Khawli et al.¹⁵ showed no effect of charge variants of IgG1 on their pharmacokinetics after sc administration in rats. This, however, is in contrast to other reports showing that alteration to the isoelectric point of mAbs altered the bioavailability after sc administration in mice.¹⁶ Interestingly, both groups reported no change in FcRn-binding affinity as a function of changes in pI of the protein.^{15,16}

The role of pI and protein surface charge in sc uptake could be explained by charge–charge interaction during fluid phase pinocytosis. It has been shown that IgGs with higher pI have higher cellular uptake.^{17,18} This suggests that a positively charged IgG interacts more favorably with the negatively charged cell surface allowing for more uptake of mAb during fluid phase pinocytosis^{16–18}; the IgG will then bind to FcRn, which will protect it from degradation. Negatively charged IgG, on the contrary, will have lower uptake because of the repulsion between the negative protein and the negative cell surface.¹⁶ However, in the context of the sc space, the repulsive forces between the negative protein and the negative extracellular matrix could enhance convective movement of the protein through the extracellular matrix and improve lymphatic trafficking, as we will discuss below.

Uptake by the Lymphatics

Uptake by lymphatics is less restrictive. The initial lymphatics, where interstitial fluid enters the lymphatic system and becomes lymph fluid, do not have a continuous basal membrane.^{6,19} Rather, the endothelial cells of the initial lymphatic overlap while being anchored by collagen VII to the extracellular matrix.^{6,19} The lack of the basal membrane allows for large proteins as well as small cells, bacteria, and viruses to enter the lymphatics.¹⁹ Anchorage to the extracellular matrix, on the other hand, allows for the transmission of mechanical forces from the extracellular matrix to the lymphatic lumen.¹⁹ This can allow the initial lymphatics to open up in response to mechanical movement; this can explain the improved lymph flow in response to massaging or movement.

Despite the lax size limitation of lymphatic uptake, there are still a number of other impediments to absorption of biologics via this route. After injection, the protein must navigate the extracellular matrix to reach a point of entry into the lymphatics. The density of the initial lymphatics at the injection site⁴ will affect the proficiency of lymphatic uptake of protein from the injection site. This process can also be affected by the size and charge of the proteins.⁶ Larger proteins are selectively taken up by the lymphatics; however, the larger the protein, the slower

the uptake⁶ because of the increased resistance to convective and/or diffusive movement. Also, electrostatic interaction with glycosaminoglycans, the negatively charged component of the glycocalyx matrix,^{5,6} can hide or promote the movement of the protein through the extracellular matrix.^{6,20} Indeed, positively charged proteins have been reported to reach the lymphatics at a delayed time as compared with negatively charged protein of comparable size.²¹

It is important to note that the above-mentioned uptake pathways are not mutually exclusive, and protein absorption can occur via one or more of the pathways discussed above. For example; small protein therapeutics can utilize the postcapillary bed as well as the fenestrations in the basal membrane of blood vessels; this explains their good bioavailability. mAbs can utilize FcRn receptors on the surface of endothelial cells as well as lymphatic uptake. Large protein therapeutics, however, must utilize lymphatic uptake.

Strategies that can overcome one or more of the above-mentioned physical barriers could enhance bioavailability of protein therapeutics. For example, the use of hyaluronidase to “loosen” the extracellular matrix enhances the diffusion of the coadministered biologics.³ Another example is the use of albumin to manipulate the oncotic pressure, and by extension the interstitial fluid volume in sc space, to enhance sc bioavailability.^{22,23} Other strategies to manipulate the environment in the sc space to improve overall bioavailability of protein therapeutics such as viscosity, osmolarity, and volume of injection have been recognized by a number of workers in the field and are discussed in a number of reviews.^{4,24}

In our own work, we found a relationship between increased buffer tonicity and improved bioavailability of subcutaneously administered rituximab in a mouse model.²⁵ Furthermore, our data suggest that the effect of buffer hypertonicity on rituximab bioavailability is excipient specific. We found that mannitol, a neutral excipient, performed better than the negatively charged O-phospho-L-serine at equal tonicities. The enhanced bioavailability was associated with enhanced lymph node uptake of rituximab.²⁵ We propose that hypertonic buffers perturb the isotonicity of the interstitial space altering the formation and reabsorption of interstitial fluid at the postcapillary beds. The draining of excess interstitial fluid by the lymphatics enhances bulk movement of fluid through the sc space carrying with it the protein from the injection site through to the lymphatic.²⁵

Presystemic Degradation

Another complicating factor for sc absorption of protein therapeutics is presystemic elimination.^{4,14} This could be due to degradation at the injection site by proteolytic enzymes. The presence of such enzymes is supported by reports showing this proteolytic activity in the sc space to be saturable by administering high doses of the drug as well as inhibited by coadministering protease inhibitors.^{14,26,27} This proteolytic activity has been proposed as a reason for incomplete bioavailability of biologics. Another form of presystemic elimination is the uptake and processing of protein therapeutics by professional antigen presenting cells in the skin. Upon sc administration, dermis and epidermis resident dendritic cells migrate to the injection site to sample the injected protein.²⁸ This leads to maturation of these

cells, which is accompanied by the release of proinflammatory cytokine and chemokines.^{28–30} This can recruit more antigen presenting cells to the injection site for sustained sampling of the injected drug for later presentation in the lymph node.^{28–30} This sustained sampling of the drug can be a significant form of elimination at the injection site. Reducing the residence time of the drug in the subcutaneous space could reduce the effect of the aforementioned degradation pathways. This could be achieved by enhancing lymphatic uptake, which will siphon the drug away from the injection site. Such a strategy could also prove particularly effective in situations where saturable uptake, such as FcRn uptake of mAbs, is in effect. Trafficking the drug effectively through the lymphatic may alleviate the load on uptake transporters and enhance overall bioavailability of injected therapeutic proteins.

PRECLINICAL MODELS AND EXPERIMENTAL ARTIFACTS

Anatomy and Physiology of Preclinical Models

The complexity of absorption processes after sc administration, as discussed in the previous section, and the variety of pathways that are involved in this process are key contributing factors to the poor scalability and poor predictive power of preclinical species. This section will examine some physiological and experimental factors that can further contribute to this issue. The suitability of rodent models for predicting pharmacokinetics of subcutaneously administered biotherapeutic in humans has been questioned recently. Anatomical and physiological differences in rodent sc space *vis a vis* humans are often cited. For example, rodent models exhibit a wide lateral expansion of an sc-injected dose because of loose connective tissue in the sc space.⁴ This lateral expansion means a wider surface area for the drug to diffuse through and can result in better absorption. Another commonly cited difference is the panniculus carnosus, a muscular layer embedded in the hypodermis under the superficial adipose tissue and above the membranous layer (Fig. 1a). This layer is less pronounced in larger nonfurred animals and almost lacking in humans.³¹

Other preclinical models, such as swine models, have a fixed skin with a tight attachment to the subcutaneous tissues.³² This may reduce the issue of wide lateral expansion after sc administration. In general, swine models are regarded suitable for experimental toxicologic, dermatologic, and wound-healing studies³³ and are gaining popularity in pharmacokinetics studies. This is mainly because of structural and biochemical similarities between human and pig skin.^{32–34} There are, however, potentially important differences that can affect the absorption of biotherapeutics from sc space in pigs as compared with humans. Reduced vasculature in pig's skin and a unique inverted architecture of swine lymph nodes^{32,35} may affect the uptake and trafficking of drug from sc space.

Despite the anatomical similarities between swine models and human skin, the fact remains that there is no reliable preclinical model to predict pharmacokinetics of sc-administered protein therapeutics in humans.³¹ Indeed, a comparison of the bioavailability of 13 biotherapeutic in human versus monkeys, dogs, rats, mice, and pigs showed no strong correlation between results in humans and any one species.⁴ If anatomy and physiology, *per se*, cannot account for the differences in sc uptake

and bioavailability, then one must examine some experimental artifacts that could help explain the observed differences.

Experimental Artifacts Affecting Pharmacokinetics of sc-Administered Protein Therapeutics

One might argue that the experimental procedure may significantly contribute to the poor scalability of bioavailability estimates obtained in rodents or large animals to humans. One such artifact is the volume of injection used in preclinical models. Those volumes could create superphysiological pressure in the sc space that will not translate into humans. For example, a 100- μ L sc injection into a 20-g mouse, corresponds to a volume of 350 mL for an average 70 kg human if scaled based on body weight. Or 23 mL if scaled up based on surface area. Both of which are unrealistic superphysiological volumes. This indicates that rodent models are being injected with massive volumes creating ultraphysiological pressure in the interstitial space. As the volume spreads laterally in the sc space, it may cause shear stress. This is known to cause alteration in the glycocalyx structure and the release of nitric oxide,⁵ a potent intracellular-signaling molecule, altering the permeability of the endothelial barrier.⁵

The effect of large injection volumes (relative to body size) could be a major contributor to the altered rate of uptake in small animals and is not usually accounted for in typical pharmacokinetics models. Furthermore, this effect is species independent as it depends on the size of the animals. One could argue that this artifact could plague data from other preclinical models with more relevant sc anatomy and physiology but small body size and surface area such as minipigs. This is a very important question to investigate, especially with the increased interest in using minipigs as preclinical models for sc administration of protein-based therapeutics.³⁶ Swine models not only have similar sc anatomy and physiology compared with humans, but their surface area is also comparable to that of an adult human.³² This makes them a good candidate for a preclinical model of sc absorption. However, because of difficulty in handling, housing, and experimenting with typical "farm" pigs, miniature breeds called minipigs were developed out of necessity by selective breeding.³³ Those breeds, however, are one-fifth to one-tenth the size of their "farm" or domestic counterparts depending on the breed (Hanford or Yucatan vs. Sinclair or Go'ttingen).³³ This means that minipigs have a smaller body surface area and as such could be susceptible to the effects of large volume of injection (compared with body surface area) as other "small" preclinical models. Indeed, a study comparing the bioavailability of nine mAbs in Go'ttingen minipigs (which can grow to about 10 kg) showed poor correlation between bioavailability and absorption rate obtained in those pigs and humans.³⁶ Values obtained from minipigs were higher for the majority of the tested mAbs.³⁶ This is despite good correlation in clearance and similar FcRn-binding properties in both species.

Injection technique is also recognized as a determining factor in the bioavailability of sc-administered biologics.³¹ When we examined the pinch method in mouse models, one of the more common methods of sc injection into mice, we observed that this method results in separation of the membranous layer of the sc space in mice (Figs. 1a and 1b). This indicates that the injected dose is being deposited much deeper in rodents as opposed to humans. In humans, the dose is expected to deposit in

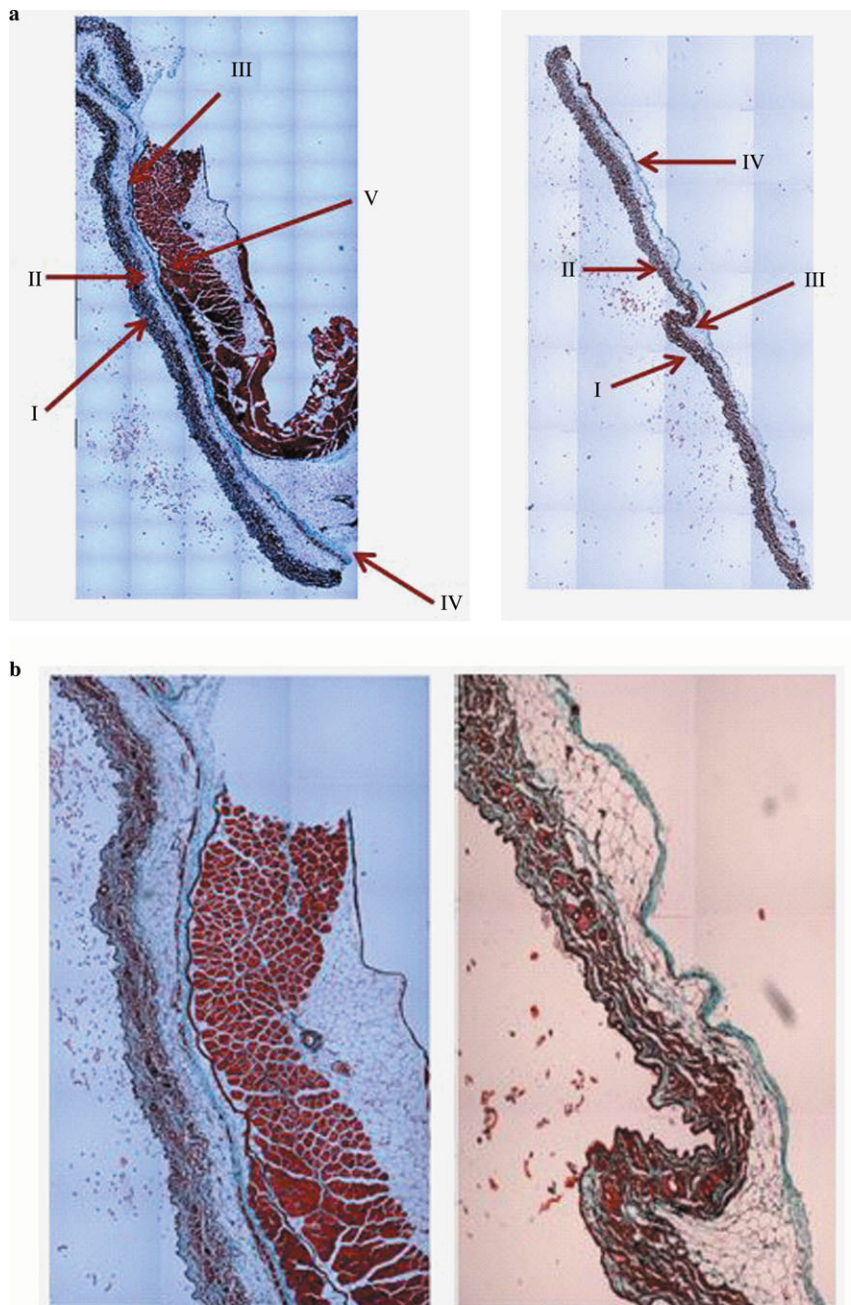


Figure 1. (a-I) 5× magnification of skin and abdomen samples. On the left, Trichrom staining of the abdominal intact wall-skin samples obtained from HA mice. On the right is the skin sample obtained after a simulated sc injection using the “pinch” method. This figure shows that the “pinch” method is separating the skin at the membranous layer, which results in a much deeper deposit of the sc dose than expected in humans. Arrows are pointing at: (I) dermis, (II) epidermis, (III) superficial adipose tissue, (IV) deep adipose tissue, (V) membranous layer. (b) 40× magnification of skin and abdomen samples. On the left, Trichrom staining of the abdominal wall-skin samples obtained from HA mice (see the panniculus carnosus in red intermittent muscular layer). On the right is the skin sample obtained from the “pinch” method. Here, we can see the membranous layer (blue) appearing thinner when compared with the image to the right.

the superficial adipose tissue and not the membranous layer. This deeper deposit in rodent models can have two effects: (1) the drug has to traverse a shorter distance to reach an uptake site and (2) the drug may be taken up by initial lymphatics of different compliance and elasticity affecting its propulsion. Negrini and Moriondo¹⁹ highlight the effects of the local surroundings of initial lymphatics on lymph drainage, retention,

and propulsion. Their model predicts that vessels surrounded by loose compliant tissue are themselves compliant and as such act as reservoirs of drained lymphatics, but have a slower lymphatic propulsion as compared with those surrounded by stiff tissue.¹⁹

Another experimental artifact that can account for the differences between sc data obtained in rodent models versus

Table 1. FVIII Recovery from Plasma After 3 h of sc Administration of 5 IU/g of FVIII into the Lower Dorsal Region or the Abdominal Region of HA Mice

| Injection Site | Plasma (IU/mL) |
|----------------|----------------|
| Dorsal side | 0.25 |
| | 0 |
| | 0 |
| Abdominal | 2.20 |
| | 0.28 |
| | 1.18 |

humans, is the site of injection. Active areas in the body or those with cyclical compression and expansion, such as the thoracic region, tend to have higher lymph flow because of high mechanical stress imposed on the lumen of the initial lymphatics.¹⁹ In our laboratory, we observed marked differences in the amount of FVIII recovered in plasma after 3 h of injecting FVIII sc in the ventral (abdominal skin) versus the dorsal side (scruff) of HA mice (Table 1), highlighting the effects of injection site on absorption in small animals. The rapid breathing of small rodents, such as mice, results in rapid cyclical motion in the thoracic and abdominal region of the animal. As humans have slower breathing rate and less pronounced movement of the abdominal region with every breath, we do not expect marked difference in bioavailability between abdominal injection and injections in the thigh, for example. Another common experimental practice in preclinical settings is the injection into the paw of the hind leg. This is carried out for ease of collection of lymph data. This practice is also seen when larger animals are used, such as sheep and dogs. Those anatomical sites have no equivalent in humans; this practice may also result in an exaggerated response not seen in humans.

Limitations, notwithstanding, we argue that small preclinical models, such as rodent models, are suitable for mechanistic studies and can help shed light on factors affecting uptake from sc space. Also, we must acknowledge that because of logistic and practical considerations, especially in academic setting, rodent models will not be replaced anytime soon by larger animals. However, by understanding their limitations, we can cautiously extrapolate into higher species and humans. Minipigs are also emerging as a possible practical model for sc absorption; however, caution must be practiced to account for some physiological and experimental effects as mentioned above.

We further propose that a mechanistic pharmacokinetic model (such as the one proposed in Fig. 2) for sc uptake that takes into account the effects of different barriers, limitation, and experimental artifacts on sc absorption should help us better predict sc bioavailability in humans from preclinical data. In the model presented in Figure 2, the skin is perfused with arterial blood at a rate “ Q ,” and drained by lymph flow and venular blood flow at rates Q_L and $Q - Q_L$, respectively. Within the skin, the blood and interstitial compartments are presented separately; interstitial fluid is formed and reabsorbed based on known physiological parameters at steady state. Excess interstitial fluid is drained by the lymph flow. Such a model will allow for physiological parameter to change as we extrapolate from one species to another. Depositing a dose in the interstitial space will perturb steady-state conditions. This will result in changes in permeability, interstitial volume, and flow. The magnitude and extent of such changes will differ from one species

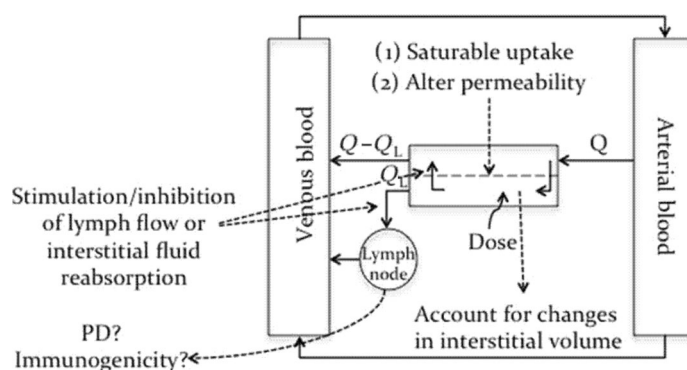


Figure 2. A proposed physiological model for sc absorption (see text for discussion and details).

to another. This could be determined from *in vitro* and *in vivo* studies, and then could be incorporated into the model.

For example, studying the effect of skin biopsy homogenates on protein therapeutic stability *in vitro* can shed light on the rate of protein degradation after sc injection. This rate could differ depending on the preclinical model being used. Another useful parameter to determine from *in vitro* analysis of skin biopsy is the glycosaminoglycan content of the sc space in different animal models and how it related to humans sc space. Swabb et al.³⁷ showed a relationship between glycosaminoglycan content in different tissue and the dominance of convective versus diffusive forces on macromolecule movement in those tissue. Indeed, the disruption of the glycosaminoglycan matrix by enzymes such as hyaluronidase can alter the dispersion of coinject therapeutic proteins as well as reduce interstitial pressure,^{2,38} further highlighting the importance of the glycosaminoglycan matrix in macromolecule transport and absorption from the sc space. The rate of interstitial fluid flow in the proposed mechanistic model can be modulated to account for interspecies differences in glycosaminoglycan content. The binding affinity of the therapeutic protein to possible ligand in the sc space could also be determined from *in vitro* studies. If such a ligand exists in the sc space, it can hinder the migration and absorption of the therapeutic protein by trapping it in the skin. This is especially important in the case of monoclonal antibodies. mAbs are designed to bind their target with high affinity, if the target is abundant in the sc space; this can hinder the absorption of mAbs. Furthermore, FcRn binding and uptake is key in mAb absorption from sc space.¹⁴ Thus, determining the affinity and abundance of mAb ligands in different preclinical models as well as mAb/FcRn binding affinity as compared with humans, can further improve the predictive power of preclinical data.

Similar all-encompassing models for oral absorption exist with successful commercial software applications capable of incorporating a wide range of information such as drug properties, *in vitro-in vivo* correlation of transport and metabolism data as well as physiological data. Similar efforts are needed to develop such models that can better predict the absorption and bioavailability of this important class of therapeutics after sc administration.

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