



## Short communication

## Nanoparticle mucoadhesive system as a new tool for fish immune system modulation



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## ABSTRACT

Recently, chitosan-based nanoparticles with mucoadhesive properties emerged as a strategy for mucosal drug release. This study aimed to characterize the interaction of mucoadhesive system chitosan-coated PLGA nanoparticles (NPMA) with fish external mucus. NP suspensions with fluorescent probe were prepared and characterized by size, polydispersity, zeta potential and pH measures. In post-exposure fish were observed an increase in fluorescence imaging over time and it was significantly influenced by NPMA concentration. We also observed the main predominance the fluorescence in the spleen, followed by liver, gill and other tissues. The use of mucoadhesive nanocarriers becomes an alternative for administration of drugs and immunomodulators in immersion systems since the nanosystem can adhere to the mucosal surface of the fish with little residual effect in the water.

Nanoparticle-based drug delivery systems (NDDS) have been developed to prolong and optimize drug administration and decrease toxicity in several specific applications [1,2]. Many studies have demonstrated advantages of using NDDS in comparison with the conventional formulations by improving pharmacokinetics and bioavailability of drugs and reducing their side effects [1,3]. Among the various materials available for drug delivery, we can highlight poly (D, L-lactide-co-glycolide) (PLGA), which has high safety and excellent characteristics, such as biocompatibility, biodegradability, and absence of toxicity [4]. In addition, the U.S. Food and Drug Administration has approved its use in veterinary and human medicine [5]. Several studies have used PLGA nanoparticles as drug delivery carriers to modulate and improve the fish immune system [6–10]. Recently, the use of nanoparticles with mucoadhesive properties has emerged as a strategy for mucosal drug release. Chitosan-coated nanoparticles have attracted interest because of their ability to interact electrostatically with the mucosa and increase permeation due to the reorganization of intercellular junctions and interference in the lipid deposition of the epithelium in mammals [11]. Some studies have described the use of

chitosan micro and nanoparticles in supplemented diets to improve immunological defense of fish [12,13]. In addition, another study reported that mucoadhesive properties help to model drug release by achieving slow drug leakage [14]. Chitosan nanoparticles have been used for the delivery of vitamin C [15], RNA [16], bacterial antigens [17] and plasmid DNA [18,19]. The use of intraperitoneal (IP) immunomodulators is very effective in fish but is very labor intensive and expensive. The use of modulators by immersion or bath causes absorption in the skin, gills and intestine (through drinking) and is the most frequently adopted method, particularly in the case of younger fish [20]. In aquaculture, the main problem of the efficacy of immunomodulators is related to the form of exposure (intraperitoneal or immersion) and their absorption, which is highly variable and dose-dependent, possibly leading to reduction in the drug's bioavailability. The aim of this study was to characterize the interaction of a mucoadhesive system of chitosan-coated PLGA nanoparticles (NPMA) with fish external mucus.

For the experiment, 40 zebrafish (4 months old), with *circa* 0.5 g each one, from the same spawning batch, were obtained from the

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Aquaculture Laboratory (Laqua) of the Veterinary School of Minas Gerais Federal University (UFMG), Brazil. After transportation, the animals were acclimatized for 15 days and stored in an aquarium with capacity of 2 L, following the maintenance standards established by Westerfield (2007) [21]. The study was approved by the ethics committee of Minas Gerais Federal University (CEUA-UFMG, 336/2017). Water quality remained within the parameters appropriate for the species ( $OD = 6.0 \pm 0.123 \text{ mg L}^{-1}$ ;  $pH = 7.2 \pm 0.78$  and electrical conductivity =  $110.10 \pm 10.305 \mu\text{S cm}^{-1}$ ) [21].

The nanoparticles synthesis was performed according to the interfacial polymer deposition method [22]. The organic phase was composed of PLGA polymer (50:50) (Sigma<sup>®</sup>), sorbitan monostearate (Sigma<sup>®</sup>), medium chain triglyceride (Chemspecs<sup>®</sup>), fluorescent probe (1,2-distearoyl-sn-glycero-3-phosphoethanolamine-*N*-(7-nitro-2,1,3-benzoxadiazol-4-yl) ammonium salt) (Avanti<sup>®</sup>) and acetone. The organic phase was poured under magnetic stirring into the aqueous phase composed of polysorbate 80 (Sigma<sup>®</sup>) and deionized water and was kept under magnetic stirring for 10 min. The organic solvent was removed under reduced pressure. A solution of low molecular weight chitosan ( $5 \text{ mg mL}^{-1}$ ) was added to the nanoparticle suspensions with magnetic stirring for 1 h for coating [22,23].

Size, polydispersity index, and zeta potential were measured by photon correlation spectroscopy. These measurements were performed by diluting nanoparticle suspensions with water (Milli-Q) followed by analysis in a Zetasizer Nano ZS 90 particle analyzer (Malvern) at 25 °C. Each result was expressed as the average of three repetitions [24]. Nanoparticle tracking analysis (NTA) was used to obtain concentration and size distribution. The suspensions were diluted and analyzed with a Nanosight LM 10 apparatus (Malvern) using a volumetric cell, 532 nm laser wavelength and CMOS camera. The videos were analyzed with the NanoSight 2.3 software. Each replicate consisted of five measurements with about 2000 particles counted in each analysis [25].

The nanoparticles' adherence to mucus was first evaluated using aliquots of NPMA (at  $1.5 \times 10^{17}$  and  $7.6 \times 10^{14}$  particles/mL<sup>-1</sup>) added to 2 mg of mucus and water of, whose had their absorbance values read between wavelengths of 200 and 1000 nm in a Varioskan Multi Reader (Thermo). *In vivo* fluorescence images of zebrafish were collected with a Bruker Xtreme In-Vivo Imaging System (Bruker) equipped with a back-illuminated 4 megapixel camera.

In the *in vivo* assays, the evaluation of the NPMA exposure was performed immersing the fish after fasting for 24 h. The experiment was composed of four treatments: T1: naïve control; T2: exposure to NP; and T3 and T4: exposure to two different NPMA concentrations. Zebrafish were assayed in beakers containing 80 mL of water from the aquarium for 5 min in an aqueous solution containing either non-mucoadhesive nanoparticles (NP) (at  $1.5 \times 10^{17}$  particles/mL<sup>-1</sup>) (T2) or NPMA (at  $1.5 \times 10^{17}$  or  $7.6 \times 10^{14}$  particles/mL<sup>-1</sup>) (T3 and T4, respectively). No nanoparticles were added to the control group (T1).

Each group contained 10 replicates - each animal was considered a repetition and 20 replicates were performed for each treatment. After exposure, the fish were transferred to a 500 mL beaker containing clean water. For each treatment, water (5 mL) and fish ( $n = 10$ ) were sampled and frozen at  $-80 \text{ °C}$  at 0, 30, 60 and 180 min.

Chitosan-coated PLGA nanoparticles were prepared, the suspensions were characterized with respect to size, polydispersity, zeta potential and pH. The initial colloidal parameters are described in Table 1.

The mean diameters and polydispersity index of the NP were compatible with those commonly found for polymeric nanosystems studied previously [26–28]. There was an increase in diameter of NPMA, providing evidence of coating formation with no aggregation of nanoparticles [23]. The polydispersity index values were below 0.2 for both nanoparticles and indicated homogeneous particle diameter distribution.

The zeta potential values obtained for NPs showed negative values due to the components of the formulation of surfactants and the polymer, which has carboxyl groups in its structure. The addition of

**Table 1**

Values of mean diameter (nm), polydispersity index, zeta potential, pH and particle concentration for suspensions of PLGA nanocapsules with and without chitosan coating.

Nanocarrier	Mean diameter (nm); (polydispersity index)	Zeta potential (mV)	pH	Concentration (particles/mL <sup>-1</sup> )
NP	201.6; (0.145)	-19.2	3.61	$1.45 \times 10^{17}$
NPMA	291.1; (0.189)	+44.1	3.97	$1.52 \times 10^{17}$

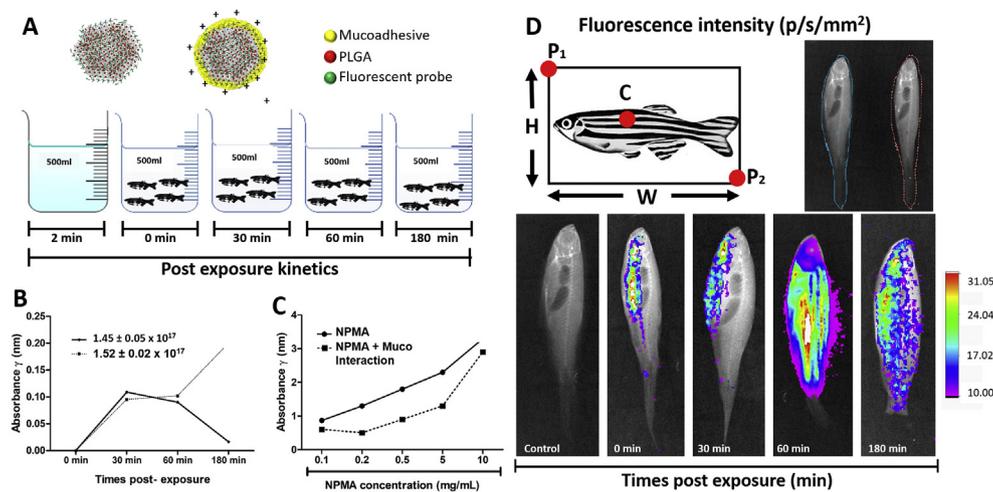
polysaccharide promoted changes in zeta potential to positive values due to the presence of positively charged amino groups in the chitosan, indicating the coating of the NP surface. Similar results were found for chitosan-coated polymeric and zein nanoparticles [23,29].

After exposure of zebrafish, we observed an increase in fluorescence imaging with time, which was significantly influenced by NPMA concentration. The highest concentration tested ( $1.52 \times 10^{15}$  particles/mL<sup>-1</sup>) resulted in the greatest fluorescence intensity in p/s/mm<sup>2</sup> at 60 and 180 min. We also measured the intensity of *in vivo* fluorescence at 0, 30, 60 and 180 min after exposure to the NPMA. We found a level below 65 p/s/mm<sup>2</sup> with peak at 60 min with 138 p/s/mm<sup>2</sup> for  $7.6 \times 10^{14}$  particles/mL<sup>-1</sup>. Fig. 1 shows the percentages of fluorescence obtained as a function of the concentrations of nanoparticles to which the animals were exposed. The lowest concentration, ( $7.6 \times 10^{14}$  particles/mL<sup>-1</sup>) presented higher initial values, which decreased over time at 60 and 180 min, correlated with the increase of NPMA presence in pure water. No mortality was observed after exposure to mucoadhesive nanoparticles at the concentrations tested. In addition, for the evaluation of fluorescence in the tissue, fragments of gills, stomach, liver, and spleen were collected. For histological analysis, 6 μm thick sections were mounted on slides for observation of the general cell structures with a fluorescence microscope. This revealed the predominance of fluorescence in the spleen, followed by liver, gill and other tissues.

We measured the green fluorescent probe at 460 nm of  $1.52 \times 10^{15}$  and  $7.6 \times 10^{14}$  particles/mL<sup>-1</sup> after 0, 30, 60 and 180 min in clear water. It was observed an increase of the fluorescence intensity in pure water as a function of time and nanoparticle concentration. At both concentrations, a significant increase in the absorbance of NPMA was observed, which presented the highest probe concentration ( $1.52 \times 10^{15}$  particles/mL<sup>-1</sup>) at all times evaluated in relation to the lowest concentration ( $7.6 \times 10^{14}$  particles/mL<sup>-1</sup>). This increased over time, with peak at 180 min after exposure to the highest concentration ( $1.52 \times 10^{15}$  particles/mL<sup>-1</sup>). In contrast, in the animals exposed to the lowest concentration, the peak occurred at 30 min when evaluating the exposure time, followed by a decrease in the concentration (μg) in pure water after 60 and 180 min of exposure.

Fish produce substances that serve as important physical barriers [30]. This is a complex viscous secretion called mucus, which covers the epithelial cells [31]. Its functional properties depend on the ability to form a gel on the epithelial surface [32]. In addition, mucus is part of the host defense system and associated with osmoregulation [33–35]. The outer surface of the zebrafish is rich in mucus, which acts as one of the innate defense mechanisms. This mucus contains mucin (a high molecular weight glycoprotein) in addition to other proteins, ions, and lipids, giving viscoelastic and adhesive properties as well as protection. It can change in composition (an increase of the glycosylation index) with increases of bacterial load in water [31,36]. These mucosal properties can be exploited for controlled drug release and immunomodulation.

The increase in fluorescence as a function of time showed that NPMA had the ability to bind to the zebrafish surface even after the animals were transferred to water without NPMA. This phenomenon can be attributed to the electrostatic interaction between the cationic amino groups of chitosan and the strongly anionic regions of mucus,



**Fig. 1.** Nanodelivery mucoadhesive system in zebrafish. A - Experimental design of zebrafish exposure to mucoadhesive B and C - Absorption spectra of pure water and NPMA and mucus (2 mg) D - Green fluorescence image of zebrafish at different exposure times.  $^*(p/s/mm^2)$  = photon/second/millimeter<sup>2</sup>. (For interpretation of the references to colour in this figure legend, the reader is referred to the Web version of this article.)

which is rich in carboxylic acids [14].

The results of this study showed for the first time the interaction and adhesion of chitosan-coated PLGA nanoparticles in the external mucus layer of zebrafish. Nonetheless, there is still a predilection of these nanoparticles for the spleen of zebrafish, clearly demonstrating the interaction with this organ, which has lymphoid function and the important immunological function of producing antibodies. The use of mucoadhesive nanocarriers is an alternative for administration of drugs and immunomodulators in immersion systems since the nanosystem can adhere to the mucosal surface of the fish with little residual effect on the water.

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