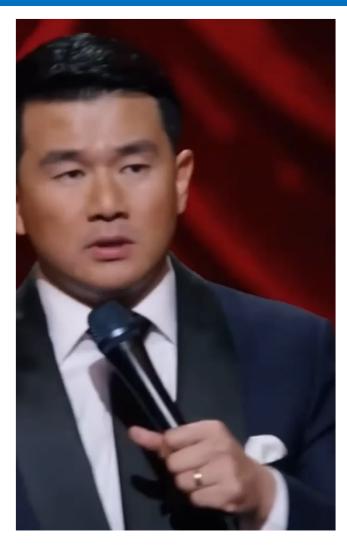
Polymers in Biotechnology

Wedding Invites, Meals, and Genes



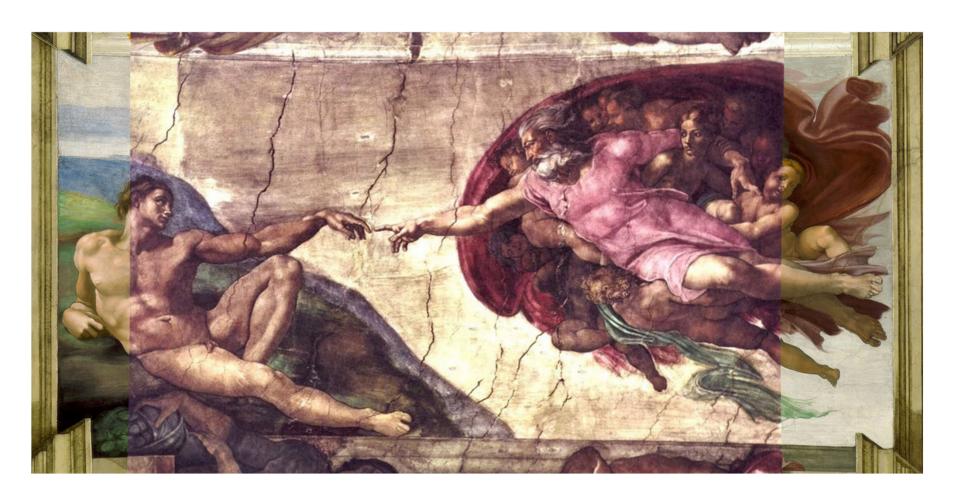
Spreadsheets of genetic failure #RonnyChieng



Imagine the world without genetic engineering.

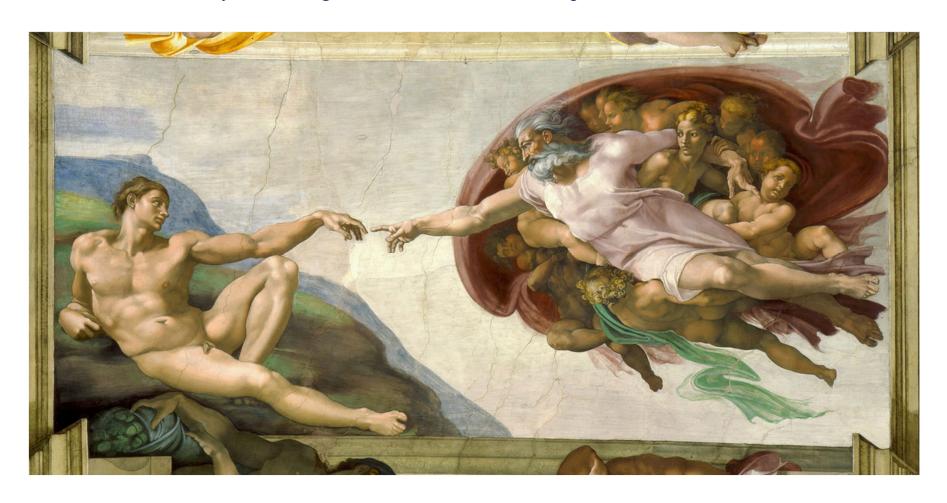
DNA: The Code of Life

The Creation of Adam by Michelangelo Buonarroti. Sistine Chapel



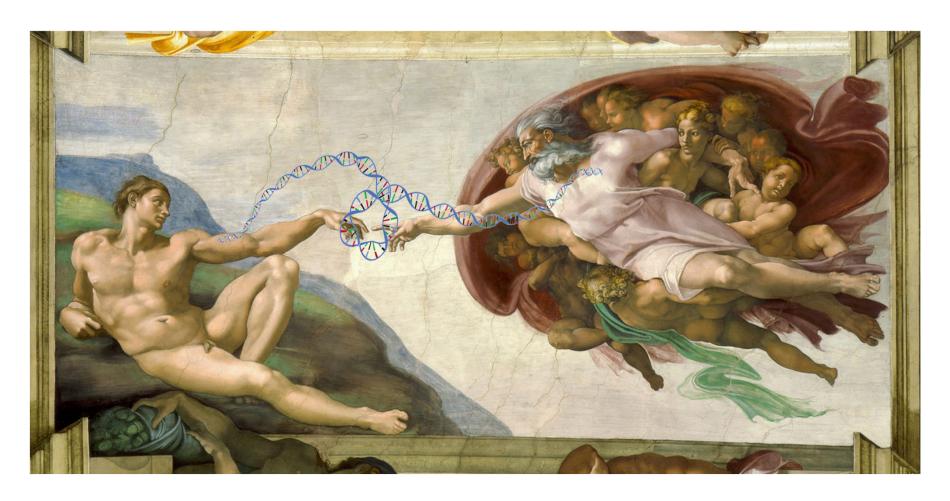
DNA: The Code of Life

The Creation of Adam by Michelangelo Buonarroti. Sistine Chapel



DNA: The Code of Life

The Creation of Adam by Michelangelo Buonarroti. Sistine Chapel



Plants that look like animals

16 Fascinating Plants That Look Li... 10 Flowers that Look Like Animals ...



Animal or Plant? - NWF | Ranger Rick

17 Flowers That Look Like Somethin...

These 10 Animals Look Like Plants - A-Z ...

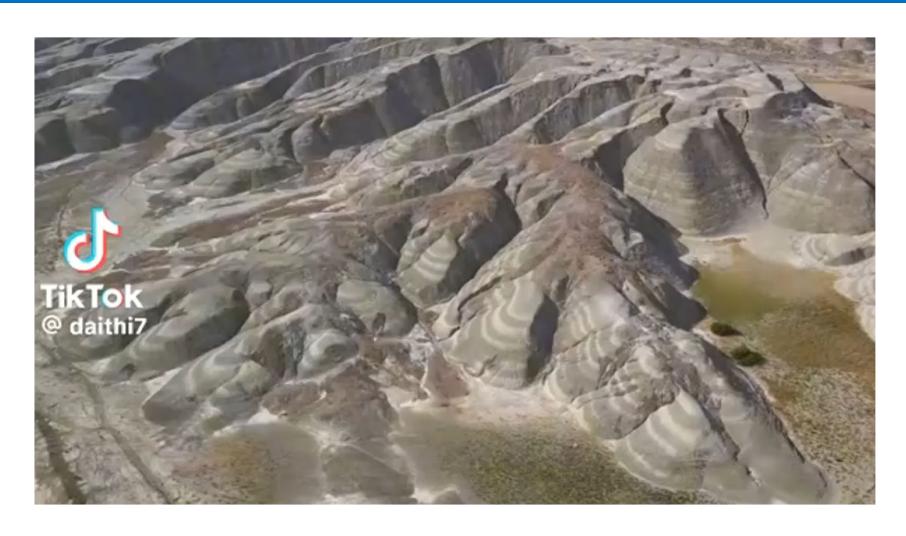
11 Strange Plants You Won't Believe ...

19 Plants that Look... 10 Flowers That Look Like Ani...

Pinterest
Monkey orchid ...

5 Plants that Look like A...

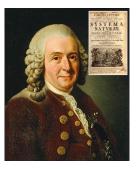
The Enormity of a Billion Years



Darwin's Evolutionary Theory: 150 Years Later



610-546 B.C.: Anaximander (Greek) suggests that all life-forms evolved from fish in the seas and went through a process of modification once they were established on land.



1735: Carl Linnaeus' book Systema Naturae, the foundations for taxonomy. Later he suggested that plants descend from a common ancestor.



1830: Charles Lyell's Principles of Geology. Darwin's thinking about the gradualism of natural processes can be witnessed in the Grand Canyon.



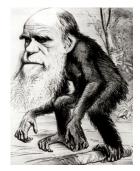
1831: Darwin leaves on a five-year around-the-world journey on the HMS Beagle.



1838: Charles Darwin's theory of natural selection printed in 1858.



1865: Czech monk Gregor Mendel publishes his research on inheritance, but the importance of his work is not recognized for 35 more years.



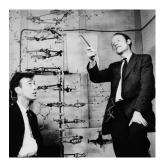
1871: In The Descent of Man, Darwin ties the human lineage to primate ancestors, provoking outrage in some quarters and the caricaturing of his image.



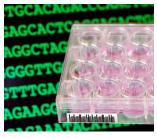
1925: The Scopes Monkey trial in Tennessee tries to make it illegal to teach any theory that denies divine creation.



1936-1947: The modern synthesis combines Darwin's (right) evolutionary theory with Mendelian genetics.



1953: Watson and Crick discover the structure of DNA, opening the door for the molecular biology of evolution.



Mid-2000s: Relatively recent human evolution - dating back several thousand years.



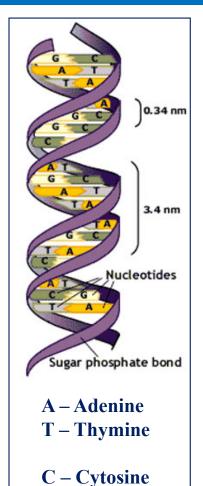
2009: Darwin Day marks the naturalist's birthday on February 12.

https://www.scientificamerican.com/slideshow/darwins-living-legacy/#slide-3

What is DNA and Why Do We Need It?

DNA is like a large instruction book, approximately 800 Bibles long, written in the strange language "genish", which consists of only four letters (A, C, T, and G). This book of life contains everything needed to know about building and maintaining a living organism and it directs all the events performed by a cell.

In our cells the DNA is located in the nucleus and packed into 46 chromosomes, 23 from the mother and 23 from the father which combine to form a unique individual. This book of life, the DNA, inherited from one cell to its daughter cells and from one generation to another through replication.



G - Guanine

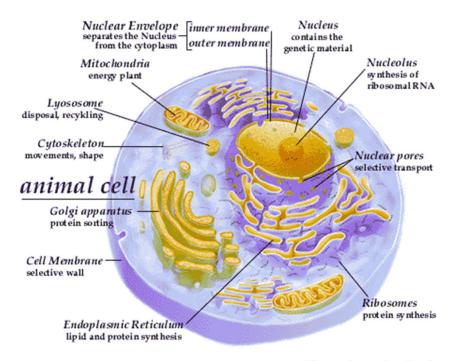


Illustration: Urban Frank

 $https://www.nobelprize.org/educational/medicine/dna/b/replication/dna_base.html\\$

The Human Genome Project

The Human Genome Project (HGP) was one of the great feats of exploration in history. Rather than an outward exploration of the planet or the cosmos, the HGP was an inward voyage of discovery led by an international team of researchers looking to sequence and map all of the genes -- together known as the genome -- of members of our species, Homo sapiens. Beginning on October 1, 1990 and completed in April 2003, the HGP gave us the ability, for the first time, to read nature's complete genetic blueprint for building a human being. https://www.genome.gov/human-genome-project





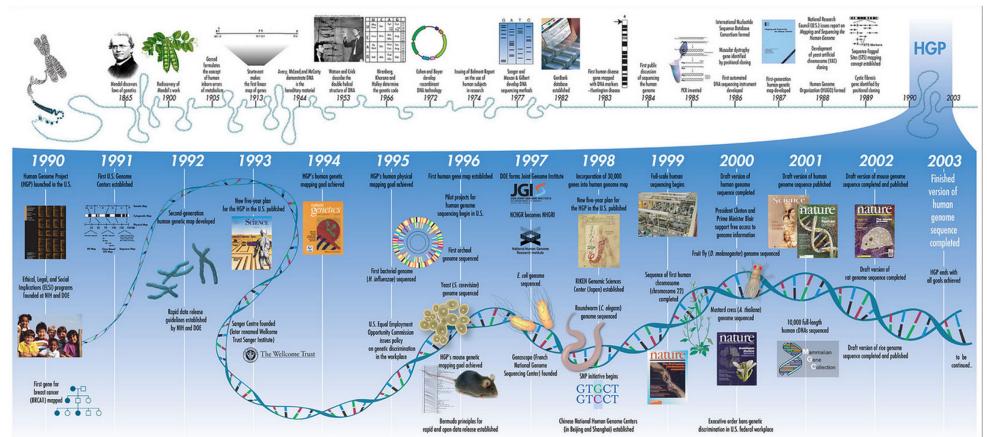






Human Genome Project 30th Anniversary Video Selfie Testimonials > Video testimonials from prominent members of the genomics community





From DNA to Precision Medicine					

Human Chromosomes

The human genome contains $3x10^9$ base pairs of DNA divided into 23 chromosomes which if linked together would form a thread of 1 meter with a diameter of 2 nm.

This DNA codes for about 105 different proteins. In fact only about 2-4% of the total coding capacity in the human DNA is used for coding of different genes, the rest of it probably has other more structural and organizational functions.

Base Pair	Purine	Pyrimidine	
	T	A	
	C ———	G	



http://academy.d20.co.edu/ kadets/lundberg/ethics/1.html

5'-GGAGCATTGACTACCAGGCTCGCCAATGATGCTGCTCAAGTTA-3'
3'-CCTCGTAACTGATGGTCCGAGCGGTTACTACGACGAGTTCAAT-5'

Base Pair: Two nitrogenous (purine or pyrimidine) bases (adenine and thymine or guanine and cytosine) held together by weak hydrogen bonds. Two strands of DNA are held together in the shape of a double helix by the bonds between base pairs. The number of base pairs is often used as a measure of length of a DNA segment, e.g., 500 bp.

Professor Tamara Minko (minko@cop.rutgers.edu)

Mutation

A mutation is a change in a DNA sequence.

Mutations can result from DNA copying mistakes made during cell division, exposure to ionizing radiation, exposure to chemicals called mutagens, or infection by viruses.

Germline mutations occur in the eggs and sperm and can be passed on to offspring, while somatic mutations occur in body cells and are not passed on. https://www.genome.gov/genetics-glossary/Mutation

Human genome contains $3x10^9$ base pairs.

Human chromosomes range in size from about 50,000,000 to 300,000,000 base pairs. Because the bases exist as pairs, and the identity of one of the bases in the pair determines the other member of the pair, scientists do not have to report both bases of the pair.

https://www.genome.gov/human-genome-project/Completion-FAQ

Phenotype: An organism with respect to a particular character or group of characters (physical, biochemical, and physiological), as a result of the interaction of its genotype and its environment. Often used to define the consequences of a particular mutation. Types of mutations include point mutations, deletions, insertions, and changes in number and structure of chromosomes.

Point Mutation:

Wild - AATGATGCT

Mutated - AATGGTGCT

Insertion:

Wild – AATG TGCT

Mutated – AATGATTTGCT

Deletion:

Wild - AATGATGCT

Mutated - AATG TGCT

The human germline mutation rate per basepair per generation ($\sim 1.2 \times 10^{-9}$) = 3 basepair/generation

Lindsay 2019, Similarities and differences in patterns of germline mutation between mice and humans

Polymorphism

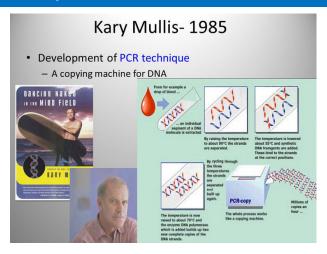
- Polymorphism: Difference in DNA sequence among individuals. Applied to many situations ranging from genetic traits or disorders in a population to the variation in the sequence of DNA or proteins. Genetic variations occurring in more than 1% of a population would be considered useful polymorphisms for genetic linkage analysis.
- A polymorphism has been defined as the least common allele occurring in 1% or greater of the population, whereas mutations are rare differences which occur in less than 1% of the population (usually much less than 1%).

Single Nucleotide Polymorphism (SNP)

- ❖ DNA in the human genome is made up of about three billion nucleotides, or chemical letters, which code for all the macromolecules needed to build and sustain a human being.
- ❖ About 99.9% of the letters are the same in all human beings, and that one in every thousand nucleotides differs from one person to another.
- ❖ Three million SNPs account for variations in height, eye color and other such visible characteristics. More importantly for medicine, they also account for variations in susceptibility to disease and in the way individuals respond to therapy.

Professor Tamara Minko (minko@cop.rutgers.edu)

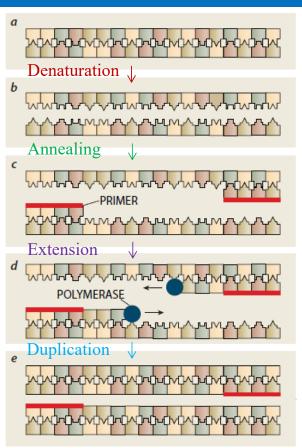
Polymerase Chain Reaction (PCR)



PCR is a biochemistry and molecular biology technique for isolating and exponentially amplifying a fragment of DNA, via enzymatic replication, without using a living organism (such as E. coli or yeast). As PCR is an in vitro technique, it can be performed without restrictions on the form of DNA, and it can be extensively modified to perform a wide array of genetic manipulations.

Invented in 1983 by Kary Mullis (while driving at night while his wife was sleeping), PCR is now a common technique used in medical and biological research labs for a variety of tasks, such as the sequencing of genes and the diagnosis of hereditary diseases, the identification of genetic fingerprints (used in forensics and paternity testing), the detection and diagnosis of infectious diseases, and the creation of transgenic organisms.

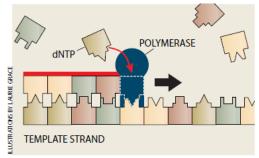
Mullis 1990, The unusual origin of the polymerase chain reaction http://slideplayer.com/slide/4737320/



This cyclic reaction takes only minutes or less and can be repeated indefinitely.

Dragon 1998, Polymerase chain reaction, Sci. Am. May 1998, p. 112.

- (a) DUPLICATING DNA begins with a double-stranded stretch of DNA to be amplified, or copied.
- (b) In a solution heated to 95 degrees Celsius (203 degrees Fahrenheit), hydrogen bonds between the strands break, leaving two single strands.
- (c) When the mixture is cooled to between 50 and 65 degrees C, specially manufactured DNA primers bind complementarily to each strand at points flanking the region to be copied.
- (d) At 72 degrees C, polymerase enzymes extend the bound primers in one direction, using the original DNA as a template.
- (e) The products are two new double strands of DNA, both identical to the original.



POLYMERASE ENZYME extends a bound primer. From the surrounding medium, it extracts a free-floating deoxynucleotide triphosphate (dNTP) that will complement the next unpaired position in the template strand of DNA. The enzyme then joins the dNTP to the end of the primer and moves on to the next position

Polymerase Chain Reaction (PCR)

The Unusual Origin of the Polymerase Chain Reaction

A surprisingly simple method for making unlimited copies of DNA fragments was conceived under unlikely circumstances—during a moonlit drive through the mountains of California

by Kary B. Mullis

One Friday evening late in the spring I was driving to Mendocino County with a chemist friend. She was asleep. U.S. 101 was undemanding. I liked night driving; every weekend I went north to my cabin and sat still for three hours in the car, my hands occupied, my mind free. On that particular night I was thinking about my proposed DNA-sequencing experiment. My plans were straightforward.

First I would separate a DNA target into single strands by heating it. Then I would hybridize an oligonucleotide to a complementary sequence on one of the strands. I would place portions of this DNA mixture into four different tubes. Each tube would contain all four types of dideoxynucleotide triphosphates (ddNTP's), but in each tube a different type of ddNTP would be radioactively labeled. Next I would add DNA polymerase, which would extend the hybridized oligonucleotides in each tube by a single ddNTP. By electrophoresis I could separate the extended oligonucleotides from the residual ddNTP's; by identifying which radioactively labeled ddNTP had been incorporated into the oligonucleotide, I could determine the corresponding complementary base in the target strand. Simple.

In the spring of 1984, while working on the patent, I presented a poster describing the PCR at the annual Cetus Scientific Meeting. These meetings were always fun, because Cetus had some first-rate scientific advisers, and I was looking forward to talking with them about my invention. Yet nobody seemed to be interested in my poster, and I felt increasingly anxious. People would glance at it and keep walking. Finally, I noticed Joshua Lederberg, president of the Rockefeller University, nearby, and I snared him into looking at my results. Josh looked the poster over carefully and then turned his enormous head, the Nobel-laureated head, the head that had deduced in 1946 that bacteria could have sexual intercourse. "Does it work?" He seemed amused.

Mullis 1990, The unusual origin of the polymerase chain reaction, Sci. Am. April 1990, p.56.

Pharmacogenetics & Pharmacogenomics

Pharmacogenetics

The study of variability in drug response (in particular drug metabolism) due to single genes.

Relationship between genetic variation and drug response (from the perspective of inherited and ethnic differences).

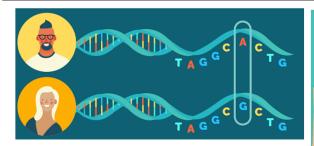
The variation in individual genotypes means that many drugs work for only 60% of that population at best.

Pharmacogenomics

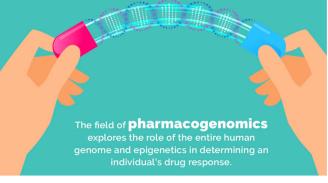
The controls of most drug responses are multifactorial, different groups of genes.

Relationship between genome (all genes) and drug response or disease (from the perspective of non-inherited genetic traits (e.g., single nucleotide polymorphisms).

The genetic factors determining the drug efficacy and toxicity.



If an SNP occurs in the coding region of the genome then there can be significant structural and functional alterations to the protein that is subsequently produced.



Challenges in pharmacogenomics • Quantifying the economic

- impact and cost-effectiveness of pharmacogenomic profiling
- Implementing next generation sequencing as a routine clinical measurement
- Distinguishing between functional driver mutations and non-functional mutations when selecting targeted therapies for pharmacological intervention



Pharmacogenomics is a part of precision medicine. Pharmacogenomics is the study of how genes affect a person's response to particular drugs. This relatively new field combines pharmacology (the science of drugs) and genomics (the study of genes and their functions) to develop effective, safe medications and doses that are tailored to variations in a person's genes.

Pirmohamed 2001, Pharmacogenetics and pharmacogenomics. Br. J. Clin. Pharmacol. 52: 345-347. Kalow 2006, Pharmacogenetics and pharmacogenomics. The Pharmacogenomics Journal 6,162–165.

Technology Networks 2020, Pharmacogenomics - Infographic https://medlineplus.gov/genetics/understanding/precisionmedicine/precisionvspersonalized/

Personalized Medicine / Precision Medicine

TRENDS in Pharmacological Sciences

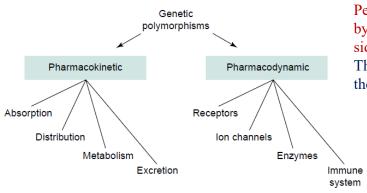


Fig. 1. Genetic variability leading to susceptibility to adverse drug reactions can affect both pharmacokinetic and pharmacodynamics pathways. (Pirmohamed 2001, Genetic susceptibility to adverse drug reactions. Trends in Pharmacological Sciences 22, 298-305).

Drug action studies focus on two major determinants. Scientists rely on pharmacokinetic and pharmacodynamic considerations when assessing genetic polymorphisms in drug action studies. Pharmacokinetics describes how much of a drug is needed to reach its target in the body, and encompasses four processes: absorption, distribution, metabolism, and excretion. Pharmacodynamics describes how well the target cells, such as heart tissue or neurons, respond to the drug. Target cells include receptors, ion channels, enzymes, and immune system components. (J. Adams, Pharmacogenomics and Personalized medicine, Nature Education 1(1):194, 2008).

Personalized medicine is based on using an individual's genetic profile to make the best therapeutic choice by facilitating predictions about whether that person will benefit from a particular medicine or suffer serious side effects. Drugs are generally tested on a large population of people and the average response is reported. This sort of evidence-based medicine (that is, medical decision making based on empirical data) relies on the law of averages; personalized medicine, on the other hand, recognizes that no two patients are alike.

Pharmacokinetics is the drug concentration as a function of time. Right after taking a drug, the drug concentration increases due to absorption, and the absorption is balanced by distribution throughout the body, metabolism into different chemical species, and excretion from the body. Pharmacodynamics is the study on the pharmacological effect.

If one takes aspirin for high temperature, we can measure the aspirin concentration over time. This is pharmacokinetics. But if we measure the temperature, instead of the aspirin concentration, it is pharmacodynamics.

Genetic polymorphisms and adverse drug reactions

A gene can be defined as exhibiting a genetic polymorphism if the variant allele exists in the normal population at a frequency of at least 1% (Meyer, U.A. (2000) Pharmacogenetics and adverse drug reactions. Lancet 356, 1667–1671). Genetic polymorphisms are a source of variation of drug response in the human body. In relation to adverse drug reactions (ADRs), most interest has centered on the involvement of pharmacokinetic factors and, in particular, drug metabolism. However, there is now increasing realization that genetic variation in drug targets (pharmacodynamic factors) might also predispose to ADRs, although research into this area is in its infancy (Fig. 1). It is important to note that although the focus of this review is genetic sources of variation, environmental factors such as disease, alcohol, smoking and diet might also be significant sources of variability and might predominate. Indeed, the environment might interact with the genetic factors and either increase or decrease the risk of an ADR.

Engineering Precision Medicine Technologies

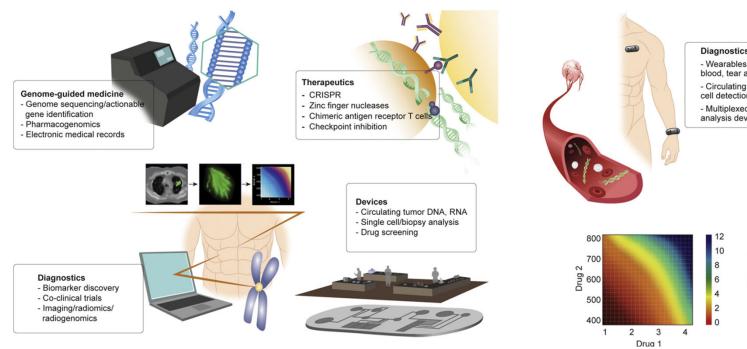


Figure 1. Engineering Precision Medicine Technology Platforms. From genome-guided medicine to clustered regularly interspaced short palindromic repeats (CRISPR), a broad spectrum of technology platforms that bridge engineering with precision medicine are poised to impact clinical outcomes.

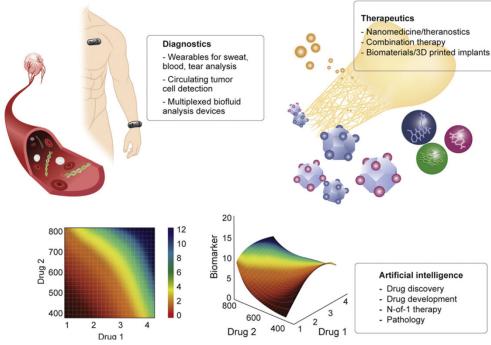


Figure 2. Engineering Personalized Medicine Technology Platforms. By bridging wearable technologies with artificial intelligence and other engineering platforms, marked enhancements in the development of individualized treatment and monitoring may be realized.

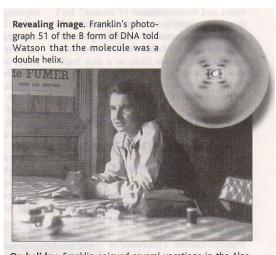
Ho 2019, Enabling technologies for personalized and precision medicine

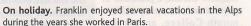
The Dawning of the Age of Genetic Engineering

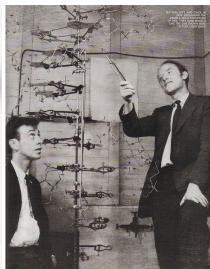
Discovery of the DNA Structure

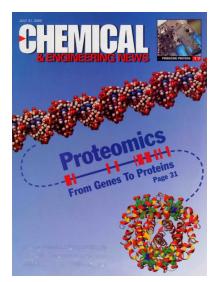
All living things — including the fruits, vegetables and meat that we eat — contain genes that provide the instructions that tell the cells how to function. That information and many important traits are passed from generation to generation through genes, which are made of a large molecule called DNA, shaped much like a spiral staircase or "double helix."

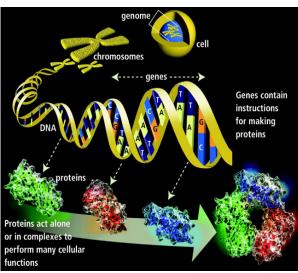
Rosalind Franklin worked with Maurice Wilkins. Her x-ray crystal diffraction micrographs provided positive proof of DNA' helical form. She was such perfectionist and published her findings only after completing her painstaking analysis. If she published earlier, she would have received the Nobel prize while she was alive (William Moran).











Biotechnology & Genetic Engineering

Discovery of the DNA Structure (1953) started the age of genetic engineering. Genetic engineering allows introduction of new traits to an organism to produce genetically modified organisms.

Scientists do genetic engineering by cutting and moving snippets of DNA from one plant, animal or microbe to another in a process called gene splicing. Genetic engineering can also include changing the expressing of a gene in a plant. Unlike traditional breeding techniques that simultaneously introduce many genes (including unwanted genes), genetic engineering is considered more precise since it introduces just the gene for a specific desirable trait.

Biotechnology

- 1. The use of biological processes or organisms for the production of materials and services of benefit to humankind. Biotechnology includes the use of techniques for the improvement of the characteristics of economically important plants and animals and for the development of micro-organisms to act on the environment.
- 2. The scientific manipulation of living organisms, especially at the molecular genetic level, to produce new products, such as hormones, vaccines or monoclonal antibodies.

Genetic engineering

Changes in the genetic constitution of cells (apart from selective breeding) resulting from the introduction or elimination of specific genes through modern molecular biology techniques. This technology is based on the use of a vector for transferring useful genetic information from a donor organism into a cell or organism that does not possess it.

A broader definition of genetic engineering also includes selective breeding and other means of artificial selection.

Zaid 1999, Glossary of biotechnology and genetic engineering.

http://repositorio.conicyt.cl/bitstream/handle/10533/171497/GLOSSARY OF BIOTECHNOLOGY AND GENETIC ENGINEERING.pdf.pdf?sequence=1

Scientists Who Revolutionized The World



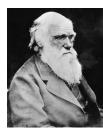








Isaac Newton



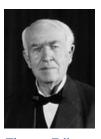
Charles Darwin



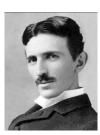
Marie Curie



Albert Einstein



Thomas Edison



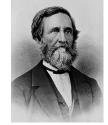
Nikola Tesla



Alexander Fleming



Louis Pasteur



Crawford Long



Wilhelm Röntgen



Felix Hoffmann



Frederick Banting



John Leal



James Watson & Francis Crick



Rosalind Franklin



Georges Köhler



César Milstein



Herbert Boyer



Stanley Cohen

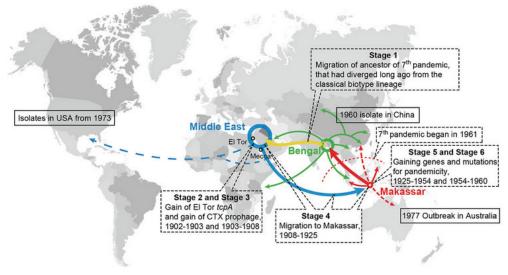


Emmanuelle Charpentier & Jennifer Doudna

Pioneers of Biotechnology

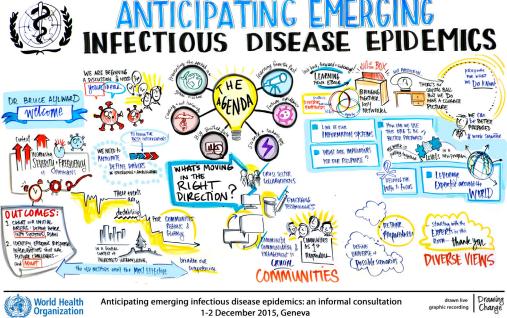
Infectious Disease Epidemics

Infectious diseases are one of the leading causes of death worldwide. It is important to be prepared for the unexpected epidemics. New emerging infectious disease is nobody's fault, as it is a part of the natural process. But failing to be prepared and blaming others is not an action of a leader. As the COVID-19 pandemic disrupts our daily life, we all have to be leaders. Going through a difficult times always makes us stronger. (Read 'Brookes 2017, Why scientists should have leadership skills.')



The researchers' six-stage story of how the seventh cholera pandemic evolved into its modern form around the Middle East and Asia. D. Hu et. al. PNAS 113, 46 (14 November 2016).

How today's cholera pandemic was born. By David Shultz. Nov. 18, 2016 https://www.sciencemag.org/news/2016/11/how-today-s-cholera-pandemic-was-born



https://www.who.int/csr/disease/anticipating_epidemics/ae-meeting-audiovisual/en/

A Boyer-Cohen Collaboration

Recombinant-DNA (rDNA) technology—the way in which genetic material from one organism is artificially introduced into the genome of another organism and then replicated and expressed by that other organism—was invented largely through the work of Herbert W. Boyer, Stanley N. Cohen, and Paul Berg, although many other scientists made important contributions to the new technology as well.

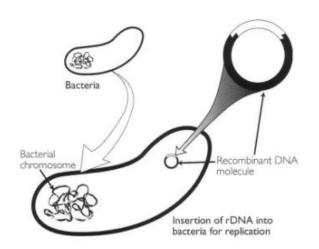




Boyer's Work with rDNA and Bacteria

Herbert Boyer Stanley Cohen

After Paul Berg's 1971 landmark gene-splicing experiment, the next landmark in the development of modern biotechnology was the insertion of rDNA into bacteria in such a way that the foreign DNA would replicate naturally (see Figure). This step was taken in 1972 by Boyer at the University of California, San Francisco (UCSF), in collaboration with Cohen of Stanford University.



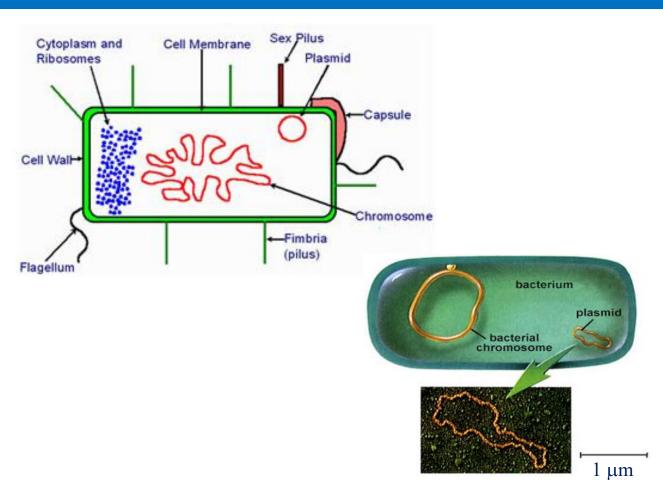
A Boyer-Cohen Collaboration

November 1972 found both Boyer and Cohen in Hawaii giving papers at a U.S.-Japan joint meeting on plasmids. A plasmid is DNA, found especially in bacteria, that is physically separate from and can replicate independently of the bacterium's chromosomal DNA. While Boyer was describing his data showing the nature of the DNA ends generated by EcoRI cleavage, Cohen was reporting on a procedure recently discovered in his laboratory that enabled bacteria to take up plasmid DNA and produce offspring that contained self-replicating plasmids identical to the original implant—clones. Over sandwiches late one night at the conference, the two men laid plans for a collaborative project to discover what genes are present on plasmids and how they are arranged.

Figure. The insertion of recombinant DNA so that the foreign DNA will replicate naturally, as pioneered by Herbert Boyer and Stanley Cohen.

https://www.chemheritage.org/historical-profile/herbert-w-boyer-and-stanley-n-cohen

Bacterial Chromosome & Plasmid





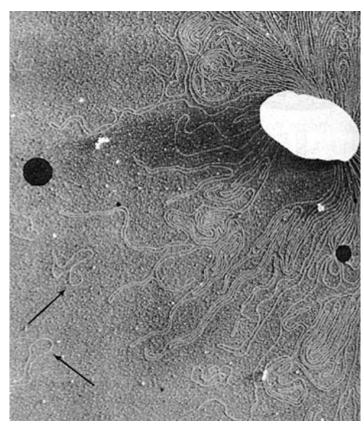
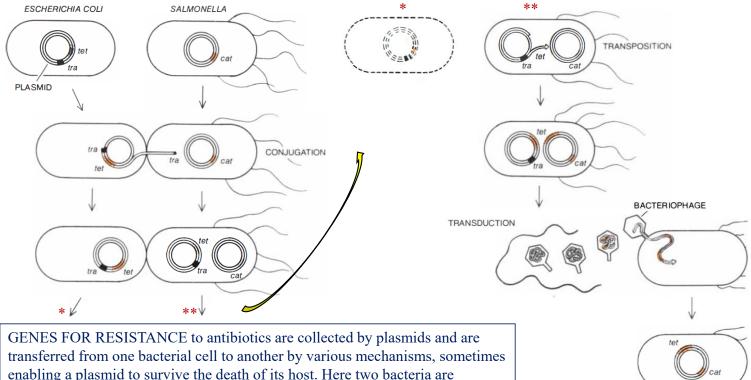


Figure 4. Release of chromosomal and plasmid (arrows) DNA from an unidentified bacterium. (Courtesy H. Potter and D. Dressler, from *Brock Biology of Microorganisms*, 9th edition, used by permission of M. T. Madigan)

Plasmid

These accessory genetic elements in bacteria, best known as carriers of resistance to antibiotics and as vehicles for genetic engineering, are actually subcellular organisms poised on the threshold of life.

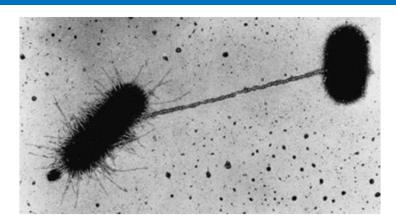


In an environment containing both antibiotics the E. coli die, but their plasmid survives in the successful host. The tet gene is on a transposon that subsequently moves from one plasmid to the other, which then carries genes for resistance to both antibiotics. Finally the double-resistance plasmid may be transferred again, by transduction. A bacterial virus infects the salmonella and proliferates, killing the cell; one phage particle incorporates the plasmid instead of viral DNA and transfers it to new cell.

GENES FOR RESISTANCE to antibiotics are collected by plasmids and are transferred from one bacterial cell to another by various mechanisms, sometimes enabling a plasmid to survive the death of its host. Here two bacteria are depicted (top): an Escherichia coli cell containing a plasmid with genes for transmission by conjugation (tra) and for tetracycline resistance (tet) and a Salmonella cell with a plasmid carrying a gene for resistance to chloramphenicol (cat). The two cells conjugate and the tet-carrying plasmid is transferred to the salmonella, rendering it resistant to tetracycline as well as to chloramphenicol.

Novick 1980, Plasmids

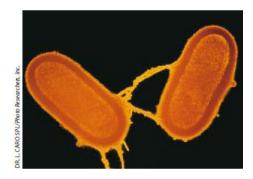
Horizontal Gene Transfer (HGT) in Biofilms: Reach Out and Touch Someone

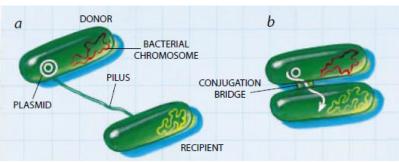


(Electron microscopic image by Charles C. Brinton, Jr., of a mating pair initially brought together by means of an F pilus)

The horizontal transfer of genes from individual to individual by conjugation, or via extracellular DNA by transformation, is a remarkable and prevalent phenomenon in bacterial communities, where the spatial arrangement of donor and recipient is obviously important.

http://www.birmingham.ac.uk/schools/biosciences/staff/profile.asp x?ReferenceId=6059&Name=dr-jan-ulrich-kreft





BACTERIA CAN TRANSFER PLASMIDS, circles of DNA, through conjugation. In gram-negative bacteria, a donor cell extends one or more projections—pili—that attach to a recipient cell and pull the two bacteria together (*micrograph* and *a*). Next a bridge (essentially a pore) forms between the cells. Then one

strand of plasmid DNA passes into the recipient bacterium (*b*), and each single strand becomes double-stranded again (*c*). With the transfer complete, the bacteria separate (*d*). Conjugation in gram-positive bacteria (*not shown*) is similar, but the cells are drawn together by chemical signaling instead of by a pilus.

BACTERIA CAN TRANSFER PLASMIDS, circles of DNA, through conjugation. In gram-negative bacteria, a donor cell extends one or more projections – pili - that attach to a recipient cell and pull the two bacteria together (micrograph and a). Next a bridge (essentially a pore) forms between the cells. Then one strand of plasmid DNA passes into the recipient bacterium (b), and each single strand becomes double-stranded again. With the transfer complete, the bacteria separate. Conjugation in grampositive bacteria (not shown) is similar, but the cells are drawn together by chemical signaling instead of by a pilus.

Bacterial Gene Swapping in Nature by Robert Miller. Sci. Am. January 1998. Watanabe 1967, Infectious drug resistance (Sci. Am. 217(6): 19, 1967, December).

Construction of Biologically Functional Bacterial Plasmids In Vitro

Proc. Nat. Acad. Sci. USA
Vol. 70, No. 11, pp. 3240-3244, November 1973

Construction of Biologically Functional Bacterial Plasmids In Vitro

(R factor/restriction enzyme/transformation/endonuclease/antibiotic resistance)

STANLEY N. COHEN*, ANNIE C. Y. CHANG*, HERBERT W. BOYER†, AND ROBERT B. HELLING†

* Department of Medicine, Stanford University School of Medicine, Stanford, California 94305; and † Department of Microbiology, University of California at San Francisco, San Francisco, Calif. 94122

ABSTRACT The construction of new plasmid DNA species by in vitro joining of restriction endonuclease-generated fragments of separate plasmids is described. Newly constructed plasmids that are inserted into Escherichia coli by transformation are shown to be biologically functional replicons that possess genetic properties and nucleotide base sequences from both of the parent DNA molecules. Functional plasmids can be obtained by reassociation of endonuclease-generated fragments of larger replicons, as well as by joining of plasmid DNA molecules of entirely different origins.



Stan, there's no way for it to work! Species barriers will prevent genetic exchange between unrelated bacteria.

Process for Producing Biologically Functional Molecular Chimeras

United States Patent 4,237,224. Dec. 2, 1980.

Inventors: Stanley N. Cohen, Herbert W. Boyer

Filed: Jan. 4, 1979.

[57] ABSTRACT

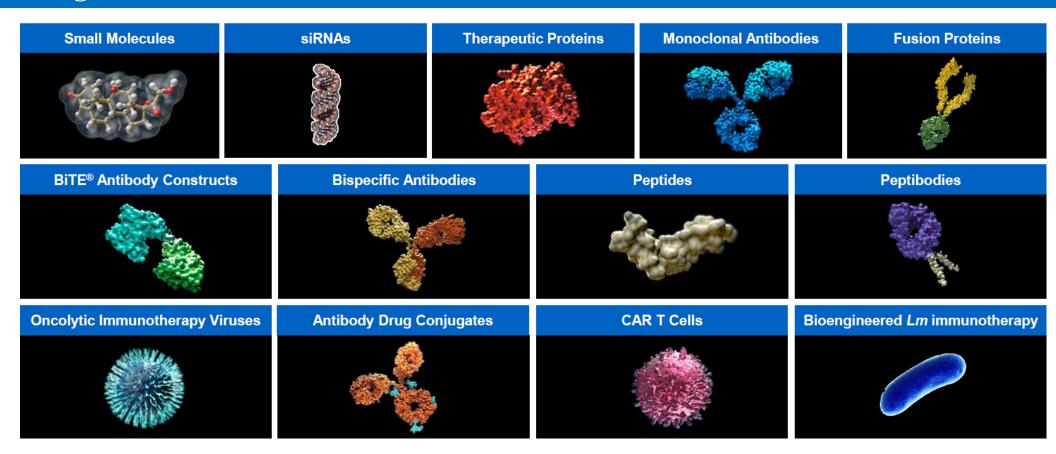
Method and compositions are provided for replication and expression of exogenous genes in microorganisms. Plasmids or virus DNA are cleaved to provide linear DNA having ligatable termini to which is inserted a gene having complementary termini, to provide a biologically functional replicon with a desired phenotypical property. The replicon is inserted into a microorganism cell by transformation. Isolation of the transformants provides cells for replication and expression of the DNA molecules present in the modified plasmid. The method provides a convenient and efficient way to introduce genetic capability into microorganisms for the production of nucleic acids and proteins, such as medically or commercially useful enzymes, which may have direct usefulness, or may find expression in the production of drugs, such as hormones, antibiotics, or the like, fixation of nitrogen, fermentation, utilization of specific feedstocks, or the like.

We claim:

- A method for replicating a biologically functional DNA, which comprises:
 - transforming under transforming conditions compatible unicellular organisms with biologically functional DNA to form transformants; said biologically functional DNA prepared in vitro by the method of:
 - (a) cleaving a viral or circular plasmid DNA compatible with said unicellular organism to provide a first linear segment having an intact replicon and termini of a predetermined character;
 - (b) combining said first linear segment with a second linear DNA segment, having at least one intact gene and foreign to said unicellular organism and having termini ligatable to said termini of said first linear segment, wherein at least one of said first and second linear DNA segments has a gene for a phenotypical trait, under joining conditions where the termini of said first and second segments join to provide a functional DNA capable of replication and transcription in said unicellular organism;
 - growing said unicellular organisms under appropriate nutrient conditions; and
 - isolating said transformants from parent unicellular organisms by means of said phenotypical trait imparted by said biologically functional DNA.

Biotechnology: Peptide & Protein Drugs

Drug Modalities



CAR = Chimeric Antigen Receptor Lm = Listeria Monocytogenes

Sai Prasanth Chamarthy, Ph.D. AMGEN® (Nov. 2, 2022 at Purdue University)

Biotechnology

Biotechnologically manufactured pharmaceuticals

- Conversion of the genetic information into protein drugs
- Appropriate selection, design, and cultivation of cells and microorganisms harboring the corresponding biosynthetic pathways and physiological properties. (Frank-Ranier Schmidt in Handbook of Pharmaceutical Biotechnology, Shayne C Gad, Ed.2007).

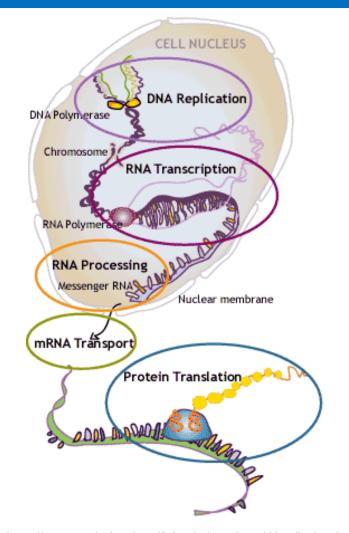


One of the great outcomes of biotechnology is to produce protein drugs (such as insulin, and many other important proteins) in large quantities using recombinant DNA technology.

Many protein drugs have very short half-lives in the blood, and sometimes they are chemically modified to introduce poly(ethylene glycol) (PEG) to increase their half-lives. This process is called PEGylation.



From DNA to Protein



http://www.nobel.se/medicine/educational/dna/index.html

Every cell must contain the genetic information and the DNA is therefore duplicated before a cell divides (replication).

When proteins are needed, the corresponding genes are transcribed into RNA (transcription).

The RNA is first processed so that non-coding parts are removed (processing) and is then transported out of the nucleus (transport).

Outside the nucleus, the proteins are built based upon the code in the RNA

(translation).





What is a biological product?

Biological products are regulated by the Food and Drug Administration (FDA) and are used to diagnose, prevent, treat, and cure diseases and medical conditions. Biological products are a diverse category of products and are generally large, complex molecules. These products may be produced through biotechnology in a living system, such as a microorganism, plant cell, or animal cell, and are often more difficult to characterize than small molecule drugs. There are many types of biological products approved for use in the United States, including **therapeutic proteins** (such as filgrastim), **monoclonal antibodies** (such as adalimumab), and **vaccines** (such as those for influenza and tetanus).

The nature of biological products, including the inherent variations that can result from the manufacturing process, can present challenges in characterizing and manufacturing these products that often do not exist in the development of small molecule drugs. Slight differences between manufactured lots of the same biological product (i.e., acceptable within-product variations) are normal and expected within the manufacturing process. As part of its review, FDA assesses the manufacturing process and the manufacturer's strategy to control within-product variations. These control strategies are put in place to help ensure that manufacturers produce biological products with consistent clinical performance.

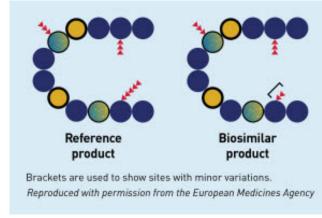
What is a biosimilar product?

A biosimilar is a biological product that is highly similar to and has no clinically meaningful differences from an existing FDA-approved reference product. These two standards are described further below.

What does it mean to be "highly similar"?

A manufacturer developing a proposed biosimilar demonstrates that its product is highly similar to the reference product by extensively analyzing (i.e., characterizing) the structure and function of both the reference product and the proposed biosimilar. State-of-the-art technology is used to compare characteristics of the products, such as purity, chemical identity, and bioactivity. The manufacturer uses results from these comparative tests, along with other information, to demonstrate that the biosimilar is highly similar to the reference product.

Minor differences between the reference product and the proposed biosimilar product in clinically inactive components are acceptable. For example, these could include minor differences in the stabilizer or buffer compared to what is used in the reference product. Any differences between the proposed biosimilar product and the reference product are carefully evaluated by FDA to ensure the biosimilar meets FDA's high approval standards.



Minor differences between the references product and the proposed biosimilar product in clinically inactive components are acceptable.

FDA-Approved Biosimilar Products: The number increases each year.

Biosimilar Name	Approval Date	Reference Product	Biosimilar Name	Approval Date	Reference Product
Avsola (infliximab-axxq)	December 2019	Remicade (infliximab)	Hyrimoz (adalimumab-adaz)	October 2018	Humira (adalimumab)
Abrilada (adalimumabafzb)	November 2019	Humira (adalimumab)	Nivestym (filgrastim-aafi)	July 2018	Neupogen (filgrastim)
Ziextenzo (pegfilgrastim-bmez)	November 2019	Neluasta (pegfilgrastim)	Fulphila (pegfilgrastim-jmdb)	June 2018	Neluasta (pegfilgrastim)
Hadlima (adalimumab-bwwd)	July 2019	Humira (adalimumab)	Retacrit (epoetin alfa-epbx)	May 2018	Epogen (epoetin-alfa)
Ruxience (rituximab-pvvr)	July 2019	Rituxan (rituximab)	Ixifi (infliximab-qbtx)	December 2017	Remicade (infliximab)
Zirabev (bevacizumab-bvzr)	June 2019	Avastin (bevacizumab)	Ogivri (trastuzumab-dkst)	December 2017	Herceptin (trastuzumab)
Kanjinti (trastuzumab-anns)	June 2019	Herceptin (trastuzumab)	Mvasi (Bevacizumab-awwb)	September 2017	Avastin (bevacizumab)
Eticovo (etanercept-ykro)	April 2019	Enbrel (etanercept)	Cyltezo (Adalimumab-adbm)	August 2017	Humira (adalimumab)
Trazimera (trastuzumab-qyyp)	March 2019	Herceptin (trastuzumab)	Renflexis (Infliximab-abda)	May 2017	Remicade (infliximab)
Ontruzant (trastuzumab-dttb)	January 2019	Herceptin (trastuzumab)	Amjevita (Adalimumab -atto)	September 2016	Humira (adalimumab)
Herzuma (trastuzumab-pkrb)	December 2018	Herceptin (trastuzumab)	Erelzi (Etanercept-szzs)	August 2016	Enbrel (etanercept)
Truxima (rituximab-abbs)	November 2018	Rituxan (rituximab)	Inflectra (Infliximab-dyyb)	April 2016	Remicade (infliximab)
Udenyca (pegfilgrastim-cbqv)	November 2018	Neulasta (pegfilgrastim)	Zarxio (Filgrastim-sndz)	March 2015	Neupogen (filgrastim)

FDA-Approved Biosimilar Products in 2023

2023 Full Year FDA Approvals Summary.BLA and NDA Approvals. A Short Report PharmaCircle TM LLC. 2024-01 v1.0

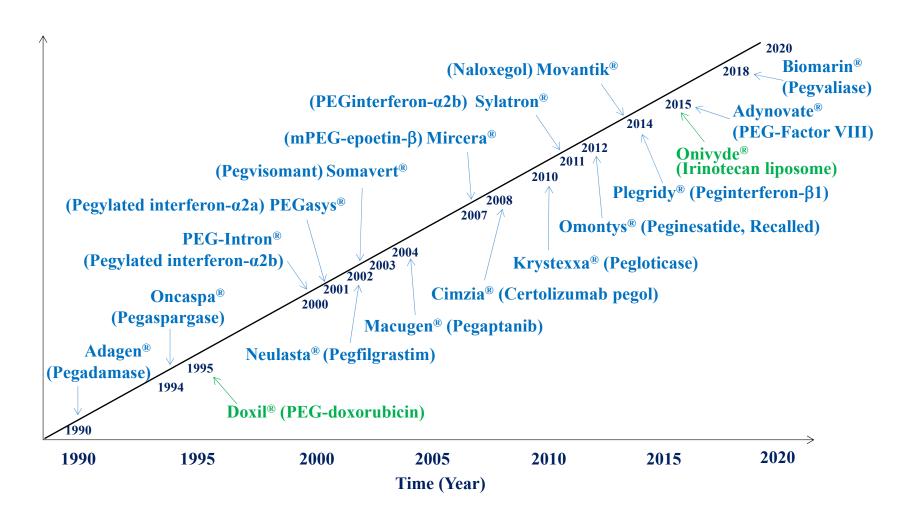
Application Number	Product Name	Molecule	Route	Dosage Form	Company Name	Approval Date	Indication
125771	Altuviiio	efanesoctocog alfa	Injection	Lyophilized Powder For Solution	Bioverativ Therapeutics	2023-02-22	Hemophilia
125738	Omisirge	omidubicel-only	Injection	Suspension	Gamida Cell	2023-04-17	Bone Marrow Transplantation
125757	Vowst	fecal microbiota spores,live-brpk	Oral	Capsule	Seres Therapeutics	2023-04-26	Infections, Clostridioides difficile
125775	Arexvy	Respiratory Syncytial Virus Vaccine,Adjuvanted	Injection	Lyophilized Powder For Solution	GlaxoSmith Kline	2023-05-03	Infections, RSV
125774	Vyjuvek	beremagenegeperp avec-svdt	Topical	Gel	Krystal Biotech	2023-05-19	Epidermolysis Bullosa
125769/8	Abrysvo	Respiratory Syncytial Virus Vaccine	Injection	Lyophilized Powder For Solution	Pfizer	2023-05-31	Infections, RSV
125781	Elevidys	delandistrogenemo xeparvovec-rokl	Injection	Suspension	Sarepta Therapeutics	2023-06-22	Duchenne Muscular Dystrophy
125734	Lantidra	donislecel-jujn	Injection	Suspension	CellTrans	2023-06-28	Diabetes, Type 1
125720	Roctavian	Valoctocogene roxaparvovec-rvox	Injection	Suspension	BioMarin	2023-06-29	Hemophilia A
125761	Cyfendus	Anthrax Vaccine Adsorbed, Adjuvanted	Injection	Suspension	EmergentBio Solutions	2023-07-20	Infections, Anthrax
125776	Balfaxar	prothrombin complex concentrate, human-lans	Injection	Suspension	Octapharma	2023-07-21	Coagulopathy
125770	Penbraya	Meningococcal Groups A, B, C, W, and Y Vaccine	Injection	Lyophilized Powder For Suspension	Pfizer	2023-10-20	Infections, Meningitis
125777	Ixchiq	Chikungunya Vaccine, Live	Injection	Lyophilized Powder For Solution	Valneva	2023-11-09	Infections, Chikungunya
125795	Adzynma	ADAMTS13, recombinant-krhn	Injection	Lyophilized Powder For Solution	Takeda	2023-11-09	Thrombotic Thrombocytopenic Purpura

ER BLA E	mergency Use	Authorization					
Application Number	Product Name	Molecule	Route	Dosage Form	Company Name	Approval Date	Indication
Emergency	Moderna COVID-19 Vaccine (2023-2024 Formula)	andusomeran	Injection	Suspension	Moderna	2023-09-11	Infections, COVID-19
Emergency	Pfizer-BioNTech COVID-19 Vaccine (2023-2024 Formula)	raxtozinameran	Injection	Suspension	BioNTech	2023-09-11	Infections, COVID-19
Emergency	Novavax COVID-19 Vaccine, Adjuvanted (2023-2024 Formula)	NVX-CeV2601	Injection	Suspension	Novavax	2023-10-03	Infections, COVID-19

CDER BLA 351(a), Type 1, NME

Application Number	Product Name	Molecule	Route	Dosage Form	Company Name	Approval Date	Indication
761269A	Leqembi	lecanemab-irmb	Injection	Solution	Eisai	2023-01-06	Alzheimer's
761278	Lamzede	velmanase alfa-tycv	Injection	Lyophilized Powder For Solution	Chiesi Farmaceutici	2023-02-16	Lysosomal Storag Disease
761334A	Zynyz	retifanlimab-dlwr	Injection	Solution	Incyte	2023-03-22	Cancer, Merkel Cell Carcinoma Metastatic
761161	Elfabrio	pegunigalsidase alfa-iwxj	Single-Use	Solution	Chiesi Farmaceutici	2023-05-09	Fabry Disease
761324A	Epkinly	epcoritamab- bysp	Subcutaneous	Solution	Genmab	2023-05-19	Cancer, B-Cell Lymphomas, DLBCL
761309A	Columvi	glofitamab-gxbm	Injection	Solution	Genentech	2023-06-15	Cancer, DLBCL
761286	Rystiggo	Rozanolixizumab-noli	Subcutaneous	Solution	Ucb	2023-06-26	Myasthenia Grav
761184	Ngenla	somatrogon-ghla	Injection	Solution	Pfizer	2023-06-27	GH Deficiency, Child
761328	Beyfortus	nirsevimab-alip	Injection	Solution	Astrazeneca	2023-07-17	Infections, RSV
761342A	Talvey	talquetamab-tgvs	Injection	Solution	Janssen Biotech	2023-08-09	Cancer, Multiple Myeloma
761345A	Elrexfio	elranatamab	Injection	Solution	Pfizer	2023-08-14	Cancer, Multiple Myeloma
761339	Veopoz	pozelimab-bbfg	Injectable	Solution	Regeneron	2023-08-18	Gastrointestinal Diseases

PEGylated Protein Drugs



Aducanumab (Adelum) Withdrawal from the Market

Aducanumab, sold under the brand name Aduhelm, is a medication designed to treat Alzheimer's disease (AD). It is a monoclonal antibody that targets aggregated forms (plaque) of amyloid beta ($A\beta$) found in the brains of people with Alzheimer's disease to reduce its buildup. It was developed by Biogen and Eisai. Aducanumab is given via intravenous infusion. (Elimination half-life of 24.8 days)

Aducanumab was approved for medical use in the United States by the Food and Drug Administration (FDA) in June 2021, in a controversial decision that led to the resignation of three advisers to the FDA in the absence of evidence that the medication is effective. The FDA stated that it represents a first-of-its-kind treatment approved for Alzheimer's disease and that it is the first new treatment approved for Alzheimer's since 2003. Aducanumab's approval is controversial for numerous reasons including ambiguous clinical trial results regarding efficacy, the high cost of the medication and the very high rate of serious adverse events. The FDA considers it to be a first-in-class medication. https://en.wikipedia.org/wiki/Aducanumab

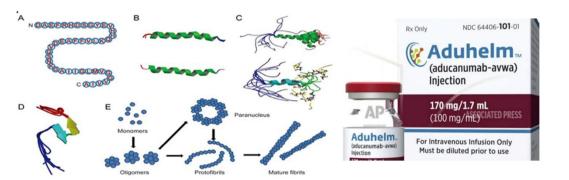


Figure 2. Structures of $A\beta$ monomer, fibril, and oligomers. (A) The primary amino acid sequence. (B) The structure of $A\beta$ peptide. (C) Solution structure of $A\beta$ peptide (D) The collapsed coil structure formed by $A\beta$ peptides. (E) Pathway of the conversion of $A\beta$ monomers to higher order oligomers, protofibrils and fibrils.

(Kuang 2022, The progress of Aduhelm in the treatment for Alzheimer's disease (AD))

Aduhelm \$56,000/year

Leqembi (Lecanemab) \$26,500/year

Biogen abandons Aduhelm efforts, focuses on Eisai-partnered Leqembi and pipeline drugs By Eric Sagonowsky (January 31, 2024)

Biogen is ending its troubled Aduhelm journey, paying a \$60 million one-time charge to end development and commercialization on the drug. More than two years after Aduhelm's controversial and ill-fated FDA accelerated approval, Biogen is discontinuing the Alzheimer's disease therapy. Wednesday, Biogen said it's pulling all efforts from the first-of-its-kind anti-amyloid beta therapy to focus on Leqembi, its Eisai-partnered newer medicine, and its pipeline candidates. The newer drug, Leqembi, won a full FDA approval early last year, making the partners' marketing efforts on the therapy much simpler than was the case with Aduhelm.

Biogen is taking a \$60 million charge and is discontinuing all development and sales of Aduhelm, the company said. It's terminating the ENVISION clinical study, which sought to confirm the benefit of the medicine as required under its 2021 accelerated approval. The decision follows Biogen's move to launch a strategic review in early 2023 under new CEO Chris Viehbacher, the former Sanofi chief who joined the Massachusetts drugmaker in November 2022. During that review, Biogen weighed the ENVISION study commitments and the "likely advancements in the field" by the time Aduhelm gained a potential full FDA nod. Despite searching, Biogen wasn't able to find any external partners nor financing for the medicine, the company revealed.

Going forward, Biogen will work with its partner on Leqembi and will "accelerate development of potential new treatment modalities," including pipeline meds BIB080 and BIB113, the company said in a release. A "large portion" of resources freed by the Aduhelm halt will go toward Biogen's remaining Alzheimer's franchise, the company said. "When searching for new medicines, one breakthrough can be the foundation that triggers future medicines to be developed," Viehbacher said in a statement. "Aduhelm was that groundbreaking discovery that paved the way for a new class of drugs and reinvigorated investments in the field."

While Biogen may tout Aduhelm as a groundbreaking drug, it wasn't received as such. The med's 2021 approval was shrouded in controversy, and the company had trouble convincing payers of its benefits. The Centers for Medicare & Medicaid Services, a key player in the launch, blocked straightforward access to the drug for patients on its healthcare plans.

In 2022, Aduhelm's sales weren't significant enough for Biogen to break out of its "other product revenue" category, which totaled \$13 million for the year. The company last year started a layoff round about 1,000-people strong.

https://www.fiercepharma.com/pharma/biogen-abandons-aduhelm-efforts-focuses-eisai-partnered-leqembi-and-pipeline-meds?utm_medium=email&utm_source=nl&utm_campaign=LS-NL-FiercePharma&oly_enc_id=6566C0039234G4K

GLP-1 Agonist: Diabetes Drugs and Weight Loss

Are there any type 2 diabetes drugs that can help people lose weight and lower their blood sugar? Are there side effects? (M. Regina Castro, M.D.) There's a class of type 2 diabetes drugs that not only improves blood sugar control but may also lead to weight loss. This class of drugs is commonly called glucagon-like peptide 1 (GLP-1) agonists. A second class of drugs that may lead to weight loss and improved blood sugar control is the sodium glucose cotransporter 2 (SGLT-2) inhibitors. These include canagliflozin (Invokana), ertugliflozin (Steglatro), dapagliflozin (Farxiga) and empagliflozin (Jardiance).

Weight loss can vary depending on which GLP-1 drug you use and your dose. Studies have found that all GLP-1 drugs can lead to weight loss of about 10.5 to 15.8 pounds (4.8 to 7.2 kilograms, or kg) when using liraglutide. Studies found people using semaglutide and making lifestyle changes lost about 33.7 pounds (15.3 kilograms) versus 5.7 pounds (2.6 kilograms) in those who didn't use the drug.

Diabetes drugs in the GLP-1 agonists class are generally taken by a shot (injection) given daily or weekly and include:

- Dulaglutide (Trulicity) (weekly)
- Exenatide extended release (Bydureon beise) (weekly)
- Exenatide (Byetta) (twice daily)
- Semaglutide (Ozempic for Type 2 diabetes) (Wegovy for weight loss) (weekly)
- Liraglutide (Victoza, Saxenda) (daily)
- Lixisenatide (Adlyxin) (daily)
- Semaglutide (Rybelsus) (taken by mouth once daily)

These drugs mimic the action of a hormone called GLP-1. When blood sugar levels start to rise after someone eats, these drugs stimulate the body to produce more insulin. The extra insulin helps lower blood sugar levels. Lower blood sugar levels are helpful for controlling type 2 diabetes. But it's not clear how the GLP-1 drugs lead to weight loss. Doctors do know that GLP-1s appear to help curb hunger. These drugs also slow the movement of food from the stomach into the small intestine. As a result, you may feel full faster and longer, so you eat less.



Zepbound

Tirzepatide: A dual GIP/GLP-1 receptor co-agonist.

FDA approved tirzepatide for weight loss (Eli Lilly). (GIP: insulinotropic polypeptide)

Along with helping to control blood sugar and boost weight loss, GLP-1s and SGLT-2 inhibitors seem to have other major benefits. Research has found that some drugs in these groups may lower the risk of heart disease, such as heart failure, stroke and kidney disease. People taking these drugs have seen their blood pressure and cholesterol levels improve. But it's not clear whether these benefits are from the drug or the weight loss.

The downside to GLP-1 drugs is that all but one has to be taken by a shot. And, like any drug, there is a risk of side effects, some serious. More common side effects often improve as you continue to take the drug for a while. Some of the more common side effects include: Nausea, vomiting, and diarrhea

Low blood sugar levels (hypoglycemia) are a more serious risk linked to the GLP-1 class of drugs. But the risk of low blood sugar levels often only goes up if you're also taking another drug known to lower blood sugar at the same time, such as sulfonylureas or insulin.

The GLP-1 class of drugs isn't recommended if you have a personal or family history of medullary thyroid cancer or multiple endocrine neoplasia. Lab studies have linked these drugs with thyroid tumors in rats. But until more long-term studies are done, the risk to humans isn't known. They're also not recommended if you've had pancreatitis. The drugs already discussed are indicated in people living with type 2 diabetes. There is also a drug that has a higher dose of liraglutide (Saxenda) that's approved for the treatment of obesity in people who don't have diabetes. If you have diabetes and wonder if one of these drugs may be helpful for you, talk to your diabetes doctor or health care provider.

 $https://www.mayoclinic.org/diseases-conditions/type-2-diabetes/expert-answers/byetta/faq-20057955\ Haelle 2023, New obesity drugs are coming$

What Happens When Newer Weight Loss Meds Are Stopped?

Jaime P. Almandoz, MD, MBA (March 27, 2023)

Social media outlets are full of stories about celebrities who have lost weight with the new generation of incretin medications like semaglutide (Ozempic and Wegovy) and tirzepatide (Mounjaro). Some of these medicines are approved for treating obesity (Wegovy), whereas others are approved for type 2 diabetes (Ozempic and Mounjaro). Tirzepatide (Mounjaro) has been fast-tracked for approval for weight loss by the US Food and Drug Administration this year, and in the first of the series of studies looking at its effect on obesity, the SURMOUNT-1 trial, tirzepatide demonstrated a mean weight loss of around 22% in people without diabetes, spurring significant off-label use. Our offices are full of patients who have taken these medications, with unprecedented improvements in their weight, cardiometabolic health, and quality of life. What happens when patients stop taking these medications? Or more importantly, why stop them?

Although these drugs are very effective for weight loss and treating diabetes, there can be adverse effects, primarily gastrointestinal, that limit treatment continuation. Nausea is the most common side effect and usually diminishes over time. Slow dose titration and dietary modification can minimize unwanted gastrointestinal side effects. Drug-induced acute pancreatitis, a rare adverse event requiring patients to stop therapy, was seen in approximately 0.2% of people in clinical trials.

Medications Effective but Cost Prohibitive?

Beyond adverse effects, patients may be forced to stop treatment because of medication cost, changes in insurance coverage, or issues with drug availability. Two incretin therapies currently approved for treating obesity — liraglutide (Saxenda) and semaglutide (Wegovy) — cost around \$1400 per month. Insurance coverage and manufacturer discounts can make treatment affordable, but anti-obesity medicines aren't covered by Medicare nor by many employer-sponsored commercial plans. Changes in employment or insurance coverage, or expiration of manufacturer copay cards, may require patients to stop or change therapies. The increased prescribing and overall expense of these drugs have prompted insurance plans and self-insured groups to consider whether providing coverage for these medications is sustainable.

Limited coverage has led to significant off-label prescribing of incretin therapies that aren't approved for treating obesity (e.g., Ozempic and Mounjaro) and compounding pharmacies selling peptides that allegedly contain the active pharmaceutical ingredients. High demand for these medications has created significant supply shortages over the past year, causing many people to be without treatment for significant periods of time, as reported in Medscape.

New Injectable Weight Loss Drugs Pose Ethical Issue

Arthur L. Caplan, PhD (The Division of Medical Ethics at New York University's Grossman School of Medicine in New York City. February 01, 2024)

There's never been anything like the revolution in the treatment of obesity that we are now living through. Historically, there's always been calorie counting and diets. Now, after a burst of interest in gastric bypass surgery, we have the amazing world of injectables. We all have heard about Ozempic, Mounjaro, and Wegovy. These are being used by millions of Americans at this point, some on prescription for conditions like diabetes and some to bring about weight loss in prediabetes, or in some instances — as is often seen on American television — weight control or weight loss by people who just want to look better. Celebrities getting behind these injectables has really powered an explosion of use.

There still are ethical issues out there for practitioners. For one thing, there are some forms of semaglutide, a key ingredient in some of these injectables, that are made by compounding pharmacies. They're not the name-brand prescription injectables made by large companies. They're brewed up, if you will, by a specialty pharmacy trying to mimic the ingredient. What we've seen in recent weeks is an explosion of overdoses. When a person uses one of these compounding pharmacies, usually in association with a spa or sometimes online sales of weight loss injectables, they're not always certain about how to dose themselves, how much to give, and what to take. They could misread the instructions. The more that it's up to them to determine the dose, the more there's risk for error. Reports show as much as 1500% increases in poisoning of people who took, instead of a 10th of a milliliter, 10 mL of these compounded versions of the injectable drugs.

Everybody needs to be alert, and not only for adverse events from the prescription injectables. It is important to track that, make sure that people aren't getting into trouble, and have contact with the FDA if you have a patient who reports some kind of adverse event they attribute to injectables. It's important to realize that there's this generic, cheaper path, but it's a more dangerous path. People need to know this if they're going to try that route. Doctors should be aware of it. People should be ready to call the poison control center number in their area to make sure that they know what to do if they overdose on this stuff. My own inclination is to try to discourage its use. I think it's still too dangerous to have people self-dosing with ingredients that really are not yet FDA approved in terms of knowing that they've been tested in clinical trials.

The other big issue, aside from this Wild West world outside of prescribed injectables, is what to say to people who are obese or trying to manage their weight. I think people need to know all their options. It's pretty easy to just say, "Let's put you on one of these injectables" and prescribe it. For one thing, they may not be able to get it; there's such huge demand that there are some shortages out there. People may be better off trying to manage weight with diet, calorie counting, or lifestyle changes. After all, you could stay on these drugs forever to maintain your weight, but it's not cheap. We don't really know the long-term consequences of decades-long use of these drugs.

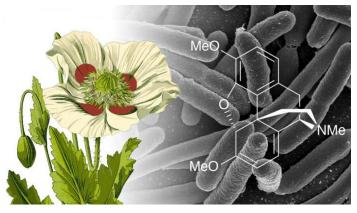
I think people should hear their options and maybe try something less invasive to begin with. If that doesn't work, then move on to the injectables. It isn't so clear to me — given the cost, some of the unknowns of long-term use, and some of the dangers of people sneaking around and trying to get things cheaper on the side — that going straight to injectables is our best answer. I do think doctors should talk about weight with their patients, carefully, with the patient's consent. Make sure there's no stigma. Make sure we're not doing anything to raise anxiety as we talk about this condition. After all, it is seen as a disease.

Then, maybe enter your way gradually into interventions, seeing if lifestyle change is possible. It's cheap and easier to implement: better diet, better exercise, or calorie counting. Some people succeed. When they don't, we should move on, but realize that we've got the equivalent of a black market. We need to encourage patients, if they use injectable weight loss drugs, to tell doctors so that they can be on alert about the dangers and risks of overdose.

Genetically Engineered E. Coli Cranks Out Opiate Precursor

Though opiate drug use has been much maligned over the past several years, the need for medically relevant painkillers has not waned. Scientists have been continually on the hunt for improved production methods of opiate compounds, as extraction from poppy sap is inefficient and time-consuming.

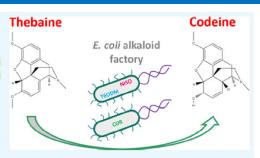
Now, a team of Japanese researchers from Ishikawa Prefectural University and Kyoto University has modified several genes from *Escherichia coli* to produce large quantities of the morphine precursor thebaine, which can be changed to make painkilling drug compounds. Moreover, the investigators found that their engineered *E. coli* produced 300 times more thebaine compared to a recently developed method involving yeast, in addition to having a much lower risk of unregulated production.



Japanese bioengineers have tweaked *Escherichia coli* genes so that they pump out thebaine, a morphine precursor that can be modified to make painkillers. The genetically modified *E. coli* produces 300 times more thebaine with minimal risk of unregulated use compared to a recently developed method involving yeast.

[Eiri Ono/Kyoto University] Genetic Engineering News, 2/26/16

ABSTRACT: An enzymatic biosynthesis approach is described for codeine, the most widely used medicinal opiate, providing a more environmentally sustainable alternative to current chemical conversion, with yields and productivity compatible with industrial production. Escherichia coli strains were engineered to express key enzymes from poppy, including the recently discovered neopinone isomerase, producing codeine from thebaine. We show that compartmentalization of these enzymes in different cells is an effective strategy that allows active spatial and temporal control of reactions, increasing yield and volumetric productivity and reducing byproduct generation. Codeine is produced at a yield of 64% and a volumetric productivity of 0.19 g/(L·h), providing the basis for an industrially applicable aqueous



whole-cell biotransformation process. This approach could be used to redirect thebaine-rich feedstocks arising from the U.S. reduction of opioid manufacturing quotas or applied to enable total biosynthesis and may have broader applicability to other medicinal plant compounds.

Li 2020, High-efficiency biocatalytic conversion of thebaine to codeine

Microorganisms can be metabolically engineered to produce specialized plant metabolites. However, these methods are limited by low productivity and intracellular accumulation of metabolites. We sought to use transport engineering for producing reticuline, an important intermediate in the alkaloid biosynthetic pathway. In this study, we established a reticuline-producing *Escherichia coli* strain into which the multidrug and toxic compound extrusion transporter *Arabidopsis* AtDTX1 was introduced. AtDTX1 was selected due to its suitable expression in *E. coli* and its reticuline-transport activity. Expression of AtDTX1 enhanced reticuline production by 11-fold, and the produced reticuline was secreted into the medium. AtDTX1 expression also conferred high plasmid stability and resulted in upregulation or downregulation of several genes associated with biological processes, including metabolic pathways for reticuline biosynthesis, leading to the production and secretion of high levels of reticuline. The successful employment of a transporter for alkaloid production suggests that the proposed transport engineering approach may improve the biosynthesis of specialized metabolites *via* metabolic engineering.

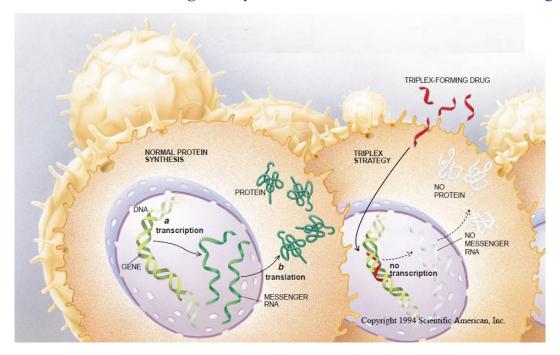
Yamada 2021, Transport engineering for improving the production and secretion of valuable alkaloids in Escherichia coli

http://www.genengnews.com/gen-news-highlights/genetically-engineered-i-e-coli-i-cranks-out-opiate-precursor/81252415/

Gene Therapy

Gene Therapy: Genetic Modification

Synthetic strands of DNA are being developed as drugs. Called antisense and triplex agents, they can potentially attack viruses and cancers without harming healthy tissue. Jack S. Cohen and Michael E. Hogan



TWO INNOVATIVE STRATEGIES have been tested for inhibiting the production of disease-related proteins. For any protein to be synthesized (left), the gene that specifies its composition must be transcribed from DNA (a) into molecules of messenger RNA. Then the RNA must be translated (b) into copies of the protein. The triplex strategy (center) aims to stall production of an unwanted protein by selectively inhibiting transcription of its gene. The antisense strategy (right) aims to selectively impede translation.

Sci. Amer. December 1994.

For the last 3 decades, research on finding better, more effective gene delivery systems has been intense. Yet, there are still no easy way of delivering DNAs to the target cells in the body. This illustrates how difficult it is to execute conceptually simple, highly promising gene therapy. It is important to understand the magnitude of difficulties, and it will provide better ways to tackle the problem and find answers. Do not underestimate the problem at hand, and never overestimate your own capability.

Gene Therapy

What is gene therapy?

Gene therapy is a type of treatment that uses genetic material with the goal of changing the course of a disease. It is a therapeutic approach that is being investigated for the treatment of multiple diseases. Though many gene therapies are currently in early research or clinical trials, 2 gene therapies have already been approved by the US Food and Drug Administration (FDA) as of June 2021. 2-4

What is the goal of gene therapy?

The goal of gene therapy is to treat diseases at the genetic level (the source). Gene therapy is a treatment method that is being studied for a number of diseases, including inherited diseases and cancers.¹

There are 2 major types of gene therapy:

GENE ADDITION

The addition of genetic materials into the cell to enable the body to produce a functional protein that it could not adequately make before. 6,7,8

GENE EDITING

The process of directly changing, or editing, a specific site in the genome. The techniques in this therapy include gene correction/insertion and gene inactivation/disruption.^{6,9}

What are the potential risks of gene therapy?

As with any treatment, there are risks associated with gene therapy. Risk depends on the type of gene therapy, type of vector (used to deliver the gene therapy), and the administration method. Some risks can be serious.¹¹ The safety of gene therapy will continue to be assessed over time.

https://www.thegenehome.com/what-is-gene-therapy?msclkid=a14e8e985fe817be1c84ef66a597122b&utm_source=bing&utm_medium=cpc&utm_campaign=HV%20-%20Standard&utm_term=how%20does%20gene%20therapy%20work&utm_content=General

Overview of gene addition and gene editing

	Gene addition	Gene editing				
Mechanism (how it works)	Inserts functional copies of a gene into target cells using a vector to overcome the cells' use of a faulty gene ^{6,7}	Gene inactivation or disruption Creates targeted breaks in DNA without instructions to repair those breaks, with the aim of disrupting or inactivating the function of a gene ¹⁰				
Key components	Viral vectors containing functional genetic material ^{6,7}	A targeted editing nuclease, with or DNA br				
Manufacturing	Therapeutic gene is engineered and packaged into vector for delivery to cells ^{6,7}	Nuclease and genetic material is engineered and delivered to cells ⁹				

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Gene Therapy

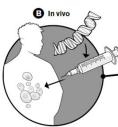
Editing the Book of Life

Since the concept of treating diseases by targeting their underlying genes arose half a century ago, gene therapy research has advanced dramatically. Recently the pace of progress has intensified. In the past five years the U.S. Food and Drug Administration has approved more than half a dozen gene therapy products aimed at several types of cancer and inherited conditions. These treatments work in various ways, such as delivering healthy genes to affected cells or reshaping the activity of existing genes. Some of the newest approaches, which have shown promise in earlystage clinical trials, aim to fix errors in the genome itself. And experts expect the pace of new product approvals will continue to pick up.

Location

Ex vivo gene therapy involves removing blood, bone marrow or other tissues from a patient, isolating the cells of interest and correcting them in the lab before reinfusing them back into the body (A). In vivo approaches send therapeutic genes, gene modulators or gene-editing tools directly to cells in affected tissues within the patient's body ①

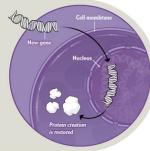




Gene therapies use various strategies to supply cells with healthy genes, influence gene activity or tweak the genome directly. Each of these methods has advantages and drawbacks, including treatment duration and potential side effects.

a New Gene

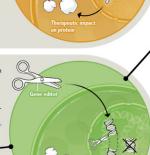
This approach, the first to be tested in humans, equips affected cells with a working copy of the gene that is missing or malfunctioning in the disease. Whereas this strategy can work for diseases traced to a single genetic glitch, many conditions involve multiple genetic and environmental factors.



Modulate an **Existing Gene's**

Activity
Other therapies send short sequences of nucleic acids, called oligonucleotides, into affected tissues where they can influence how cells build working proteins from underlying genetic code. Unlike gene replacement or correction, this approach is not permanent, and patients must receive regular infusions for continued benefits.



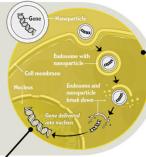


Cargo Delivery Method

Decades of research have honed several methods for carrying either genes, or tools to edit those genes, into target cells. Not only do they have to reach the cell, but they must also evade the immune responses that are often triggered when foreign substances enter the bloodstream.

Nanoparticles

These gene therapies use nanoparticles to carry genes or geneediting tools directly into cells of affected tissues. Nanoparticles can be chemically modified to avoid immune detection and to better target cells.

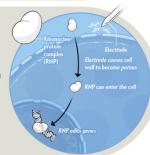


This approach delivers genes or gene-editing cargo researchers have engineered to minimize chances of harmful immune responses and unintended effects on healthy cells.



Other Clinical trials are

testing newer approaches that send gene-editing machinery into cells as complexes of molecules that work together to target and make precise cuts within specific DNA sequences to delete or fix genes.



Examples

In a small study, people with an inherited disease called transthyretin amyloidosis that causes misfolded proteins responded well to an experimental in vivo gene-editing treatment, NTLA-2001 (Intellia Therapeutics/Regeneron), that uses nanoparticles to carry CRISPR-Cas9 into liver cells to inactivate the gene culprit.







A protein called SMN is necessary for motor neuron function, and people with spinal muscular atrophy have a mutation that decreases its production. Spinraza (Ionis Pharmaceuticals/ Biogen)-an in vivo gene modulator-coaxes cells into making more SMN protein by boosting its production from a different, unmutated gene







Leber congenital amaurosis and retinitis pigmentosa are forms of severe vision loss caused by genetic mutations. In certain cases, vision can be restored with Luxturna (Spark Therapeutics), which uses a virus to deliver the healthy gene into retinal cells.







Kymriah (Novartis) is the first approved gene therapy to equip a patient's own immune cells to fight cancer. The approach, known as chimeric antigen receptor (CAR) T cell therapy, involves isolating a patient's T cells and using a virus to equip them with receptors that enable them to recognize and kill certain kinds of tumor cells.







An experimental, ex vivo gene-editing treatment, CTX001 (CRISPR Therapeutics/Vertex Pharmaceuticals), boosted hemoglobin production in blood stem cells of trial participants with sickle cell disease or transfusion-dependent hota thalassemia



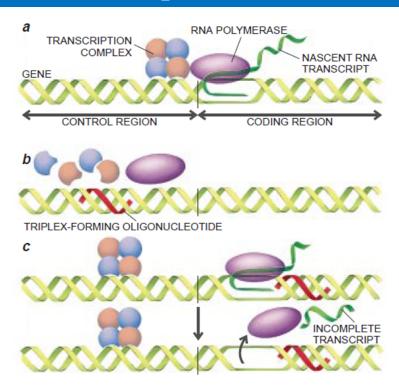




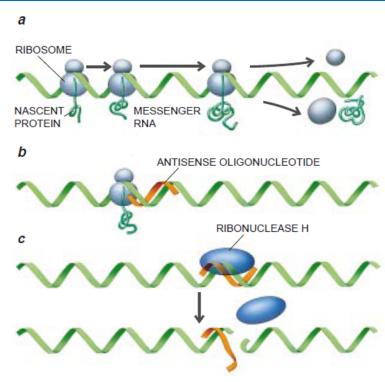
Scientific American November 2021

Graphic by Now Medical Studios

Gene Transcription and Translation



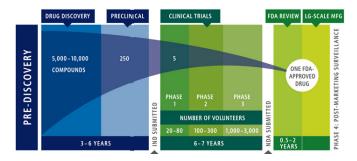
GENE TRANSCRIPTION OCCURS (a) after proteins attach to the control region of a gene, forming a transcription complex. This complex directs the enzyme RNA polymerase (purple) to copy the instructions in the coding region into messenger RNA (dark green). Most triplex-forming agents (red) are targeted to the control region, to prevent RNA polymerase from attaching to a gene (b). Drugs targeted to the coding region might also halt transcription midstream (c).



TRANSLATION IS ACCOMPLISHED (a) by structures called ribosomes, which travel along RNA transcripts, constructing proteins as they go. Binding of an antisense drug (orange) to messenger RNA can inhibit translation in at least two ways. It can prevent the ribosomes from beginning or completing their journey (b). It can also induce an enzyme, ribonuclease H, to cut the RNA at the site of drug binding (c). Cleaved RNA cannot be translated and is rapidly degraded in cells.

Gene Therapy Clinical Trials Worldwide

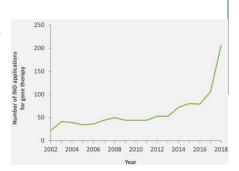
Because of enormous potential of DNA delivery or gene therapy, More than 3,000 clinical trials have done as of September 2019. The success rate is only 0.2%, i.e., 5 out of 3001. This is far below the average success rate of small molecular weight drugs, which is about 20% from Phase 1 to the final FDA approval (See below). The miniscule success rate of gene therapy indicates the difficulty of gene therapy, i.e., the lack of suitable DNA/gene delivery systems.

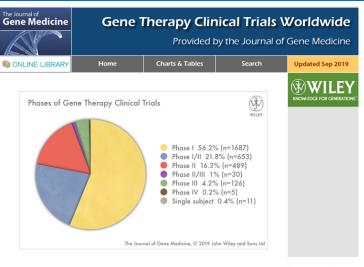


All New IND Applications for **Gene Therapy Products by Year** *Data adapted with permission from Lorrie McNeill, Director, FDA Office of Communications. Data in graph are from Marks 2018, except 2018 data from Eisenman 2019. FDA: U.S. Food and Drug

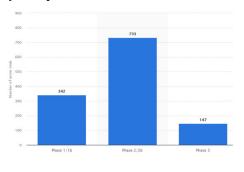
Administration;

IND: investigational new drug.





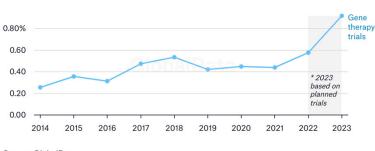
Number of active trials for cell and gene therapies in the global pipeline as of 2022, by trial phase



Phase	Gene Therapy Clinical Trials				
	Number	%			
Phase I	1687	56.2			
Phase I/II	653	21.8			
Phase II	489	16.3			
Phase II/III	30	1			
Phase III	126	4.2			
Phase IV	5	0.2			
Single subject	11	0.4			
Total	3001				

Gene therapy trial initiations are on the rise

Phase I-III gene therapy trials initiated as percentage of total drug trials initiated each year



Source: GlobalData

https://genetherapynetwork.com/current-therapeutics-research/gene-therapies-in-research-overview/

http://www.abedia.com/wiley/phases.php

http://www.wiley.com//legacy/wileychi/genmed/clinical/

https://www.statista.com/statistics/1249776/number-active-trials-cell-gene-therapies-by-trial-phase-worldwide/ https://www.clinicaltrialsarena.com/features/five-gene-therapy-trial-readouts-to-watch-in-the-first-half-of-2023/?cf-view



Genetically Modified People



Genetically modified people

Human beings' ancestors have routinely stolen genes from other species.

OPPONENTS of genetically modified crops often complain that moving genes between species is unnatural. Leaving aside the fact that the whole of agriculture is unnatural, this is still an odd worry. It has been known for a while that some genes move from one species to another given the chance, in a process called horizontal gene transfer. Genes for antibiotic resistance, for example, swap freely between species of bacteria. Only recently, though, has it become clear just how widespread such natural transgenics is. What was once regarded as a peculiarity of lesse gene is in a soyabean. organisms has now been found to be true in human beings, too.

Alastair Crisp and Chiara Boschetti of Cambridge University, and their colleagues,

have been investigating the matter. Their results, just published in Genome Biology, suggest human beings have at least 145 genes picked up from other species by their forebears. Admittedly, that is less than 1% of the 20,000 or so humans have in total. But it might surprise many people that they are even to a small degree part bacterium, part fungus and part alga.

Nevertheless there was once a moment for all of them when they were just as alien as a bacterial insecticide is in a maize plant or a herbicide-resistance

The End of Sex and the Future of Human Reproduction

Within twenty, maybe forty, years most people in developed countries will stop having sex for the purpose of reproduction. Instead, prospective parents will be told as much as they wish to know about the genetic makeup of dozens of embryos, and they will pick one or two for implantation, gestation, and birth. And it will be safe, lawful, and free. In this work of prophetic scholarship, Henry T. Greely explains the revolutionary biological technologies that make this future a seeming inevitability and sets out the deep ethical and legal challenges humanity faces as a result.

"Readers looking for a more in-depth analysis of human genome modifications and reproductive technologies and their legal and ethical implications should strongly consider picking up Greely's The End of Sex and the Future of Human Reproduction... [It has] the potential to empower readers to make informed decisions about the implementation of advancements in genetics technologies."

-Dov Greenbaum, Science

"[Greely] provides an extraordinarily sophisticated analysis of the practical, political, legal, and ethical implications of the new world of human reproduction. His book is a model of highly informed, rigorous, thought-provoking speculation about an immensely important topic."

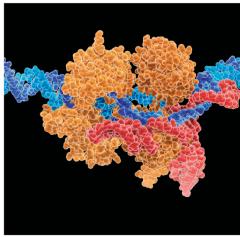
-Glenn C. Altschuler, Psychology Today

You've probably read about concerns over "designer babies," whose DNA is shaped by gene editing. Greely is focused on a different technology that has gotten much less attention: In a startling bit of biological alchemy, scientists have shown that in mice, they can turn ordinary cells into sperm and eggs. It's too soon to know if it could be done in people. But if it can, it could become a powerful infertility treatment, permitting genetic parenthood for people who can't make their own sperm or eggs. —Washington Post

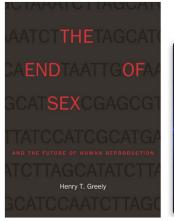
Greely 2018, The end of sex and the future of human reproduction



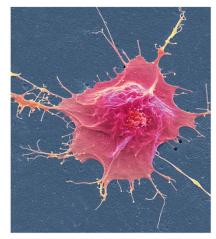
Artificial wombs could enable us to produce babies while eliminating the dangers associated with sex, pregnancy and childbirth



CRISPR technology can be used to edit genetic material, although if it's part of an embryo, those changes will be passed on to any offspring that embryo may go on to produce







Human induced pluripotent cells like this one, created from a skin cell, can be turned into eggs and sperm

The Ultimate Baby Bottle

Are artificial wombs in our future? Was Aldous Huxley right?

NOBUYA UNNO brings up the nightmarish novel *Brave New World* himself, marveling at Aldous Huxley's accurate prediction that the kids are likely to be anemic after they emerge from their artificial wombs. Actually, Unno's little ones are not quite kids yet. They're fetuses. Goat fetuses.

Raising the ticklish subject of Huxley's 67-year-old novel is pretty cheeky for a scientist who has devoted a decade to developing an artificial womb. But Unno, an obstetrician-gynecologist and researcher at the University of Tokyo, might simply be acknowledging the inevitable. The novel's clever and even now slightly shocking vision of human kids fostered in jars always lurks beneath any talk of artificial wombs.

It's hard to dismiss Huxley, even though the purposes of the artificial wombs being developed at several institutions around the world differ from those described in his book. They are not the government's way of breeding a citizenry specialized for particular chores, most of them menial. Quite the opposite. They are born of consumer demand for fertility treatments and better babies.

NOT YOUR AVERAGE SIBLING RIVALRY

Today's assisted-reproduction technologies, such as in vitro fertilization, have resulted in a boom of cases of a womb with a two—or a three or a four. Indeed, it is not so rare for five, six or even more fetuses to be jammed together in a berth that was really designed for just one. One consequence has been more babies born far too early. Their tiny lungs are not ready to breathe air, so we plunk them into incubators and hook them up to respirators. The result is what doctors delicately term iatrogenic injuries, meaning damage arising from medical intervention. To wit: brain damage, blindness, intestinal damage, delays in development, mental retardation and other lifelong handicaps. So the hunt is

on for safer ways to help fetuses through the transition to becoming air-breathing creatures.

Hence the artificial womb. Unno and his colleagues at the University of Tokyo call their version the Extrauterine Fetal Incubation system, or EUFI. Although incubation is its middle name, EUFI is quite different from a conventional incubator. It attempts to simulate the fetal universe.

EUFI is a double-walled, vertical acrylic box filled with artificial amniotic fluid warmed to just under 40 degrees Celsius (104 degrees Fahrenheit), the normal temperature of a nanny goat's own. The furry fetus floats in the fluid and need not breathe air. The truly critical component of the artificial womb, however, is not the container itself but its substitute for the placenta.

A biological placenta adds oxygen and removes carbon dioxide from the fetus's circulating blood, just as its lungs will do once they are fully developed. Artificial-womb scientists must mimic that ability, building a detour into the fetus's circulation so that blood passes from umbilical artery to umbilical vein, exchanging gases as it goes. The Japanese design passes the blood through a membrane oxygenator made of hollow silicone fibers; the unit looks like a thick, clear plastic tube full of straws.

Unno and his co-workers have maintained a fetal goat in EUFI for more than three weeks. (Because goat gestation is about half as long as a human pregnancy, three weeks for a goat fetus is roughly comparable to six weeks for a human one.) But none of the kids the scientists have kept in EUFI for long periods have survived

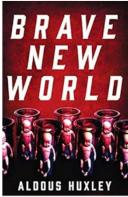
Goat-in-a-box? Using goat fetuses as guinea pigs, researchers at the University of Tokyo have developed the world's most advanced artificial uterus technology. They say their plastic box filled with synthetic amniotic fluid is almost ready to nurture a human fetus.

By Tabitha M. Powledge

Eventually a woman who wants a uterus could place her order, donate her cells and take delivery of her custom-made womb in just six weeks.

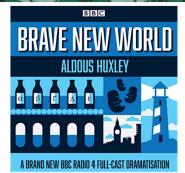
Your New Lifestyle. Scientific American. 1999, p. 96

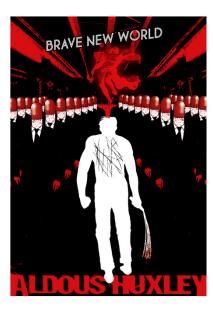
Brave New World (1932)











In The Year 2525







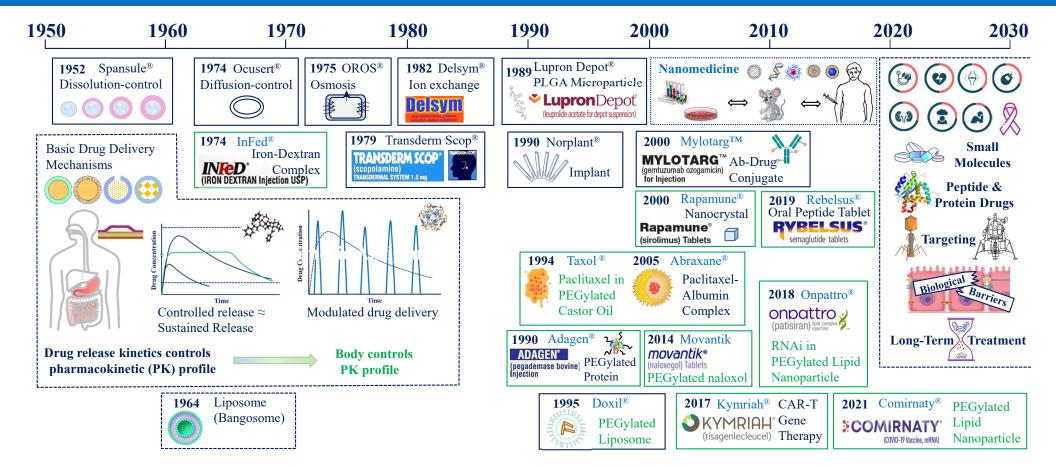
Zager & Evans in TIME Magazine in 1969.

https://www.forbes.com/sites/jimclash/2020/04/03/in-the-year-2525-if-man-is-still-alive/?sh=191cfebad9d2

CAR (Chimeric Antigen Receptor) T-Cell Therapy

Back to the Present!

Evolution of Controlled Drug Delivery Systems



How CAR T-cell therapy works

Immune receptors and foreign antigens

The immune system recognizes foreign substances in the body by finding proteins called antigens on the surface of those cells. Immune cells called T cells have their own proteins called receptors that attach to foreign antigens and help trigger other parts of the immune system to destroy the foreign substance. The relationship between antigens and immune receptors is like a lock and key. Just as a lock can only be opened with the right key, each foreign antigen has a unique immune receptor that is able to bind to it. Cancer cells also have antigens, but if your immune cells don't have the right receptors, they can't attach to the antigens and help destroy the cancer cells.

Chimeric antigen receptors (CARs)

In CAR T-cell therapies, T cells are taken from the patient's blood and are changed in the lab by adding a gene for a receptor (called a chimeric antigen receptor or CAR), which helps the T cells attach to a specific cancer cell antigen. The CAR T cells are then given back to the patient. Since different cancers have different antigens, each CAR is made for a specific cancer's antigen. For example, in certain kinds of leukemia or lymphoma, the cancer cells have an antigen called CD19. The CAR T-cell therapies to treat these cancers are made to attach to the CD19 antigen and will not work for a cancer that does not have the CD19 antigen.

The immune system works by keeping track of all the substances normally found in your body. Any new substance the immune system doesn't recognize raises an alarm, causing the immune system to attack it.

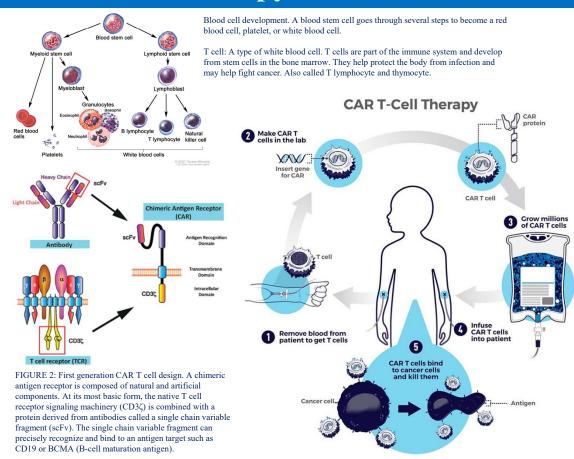
Chimeric antigen receptor (CAR) T-cell therapy is a way to get immune cells called T cells (a type of white blood cell) to fight cancer by changing them in the lab so they can find and destroy cancer cells. CAR T-cell therapy is also sometimes talked about as a type of cell-based gene therapy, because it involves altering the genes inside T cells to help them attack the cancer. This type of treatment can be very helpful in treating some types of cancer, even when other treatments are no longer working.

CAR T-cell therapy can take several weeks.

Approved CAR T-cell therapies

Tisagenlecleucel, also known as tisa-cel (Kymriah)
Axicabtagene ciloleucel, also known as axi-cel (Yescarta)
Brexucabtagene autoleucel, also known as brexu-cel (Tecartus)
Lisocabtagene maraleucel, also known as liso-cel (Breyanzi)
Idecabtagene vicleucel, also known as ide-cel (Abecma)
Ciltacabtegene autoleucel, also known as cilta-cel (Carvykti)

https://www.cancer.org/cancer/managing-cancer/treatment-types/immunotherapy/car-t-cell1.html



CAR T-cell therapy is a type of treatment in which a patient's T cells are genetically engineered in the laboratory so they will bind to specific proteins (antigens) on cancer cells and kill them. (1) A patient's T cells are removed from their blood. Then, (2) the gene for a special receptor called a chimeric antigen receptor (CAR) is inserted into the T cells in the laboratory. The gene encodes the engineered CAR protein that is expressed on the surface of the patient's T cells, creating a CAR T cell. (3) Millions of CAR T cells are grown in the laboratory. (4) They are then given to the patient by intravenous infusion. (5) The CAR T cells bind to antigens on the cancer cells and kill them.

FDA-Approved CAR T-Cell Therapies

Generic Name	Brand Name	Target Antigen	Targeted Disease	Patient Population
Tisagenlecleucel	Kymriah	CD19	B-cell acute lymphoblastic leukemia (ALL)	Children and young adults with refractory or relapsed B-cell ALL
			B-cell non-Hodgkin lymphoma (NHL)	Adults with relapsed or refractory B-cell NHL
Axicabtagene ciloleucel	Yescarta	CD19	B-cell non-Hodgkin lymphoma (NHL)	Adults with relapsed or refractory B-cell NHL
			Follicular lymphoma	Adults with relapsed or refractory follicular lymphoma
Brexucabtagene autoleucel	Tecartus	CD19	Mantle cell lymphoma (MCL)	Adults with relapsed or refractory MCL
			B-cell acute lymphoblastic leukemia (ALL)	Adults with refractory or relapsed B-cell ALL
Lisocabtagene maraleucel	Breyanzi	CD19	B-cell non-Hodgkin lymphoma (NHL)	Adults with relapsed or refractory B-cell NHL
Idecabtagene vicleucel	Abecma	всма	Multiple myeloma	Adults with relapsed or refractory multiple myeloma
Ciltacabtagene autoleucel	Carvykti	ВСМА	Multiple myeloma	Adults with relapsed or refractory multiple myeloma

More than Just CAR T Cells: TILs and TCRs

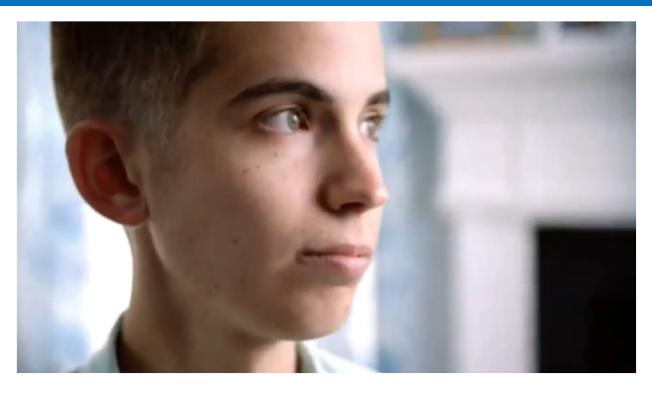
CAR T cells have garnered the lion's share of attention when it comes to cellular therapies. But other types of cellular therapies have also shown promise in small clinical trials, including in patients with solid tumors.

One type, known as **tumor-infiltrating lymphocytes (TILs)**, uses immune cells that have penetrated the environment in and around the tumor. Researchers at NCI were the first to use TILs to successfully treat patients with advanced cancer—initially in melanoma and later in several other cancers, including cervical cancer. More recently, NCI researchers have developed a technique for identifying TILs that recognize cancer cells with mutations specific to that cancer and identifying people whose cancers are more likely to respond to TIL therapy.

The other type of cellular therapy involves engineering patients' T cells to express a specific **T-cell receptor (TCR)**. Unlike CARs, which use portions of synthetic antibodies that can recognize specific antigens only on the surface of cells, TCRs use naturally occurring receptors that can also recognize antigens that are inside tumor cells.

To date, TCR T cells have been tested in patients with a variety of solid tumors, showing promise in melanoma and sarcoma.

https://www.cancer.gov/publications/dictionaries/cancer-terms/def/t-cell#:~:text=A%20type%20of%20white%20blood,Enlarge Haseltine 2023, How CAR T therapy reimagines cancer treatment and more https://www.cancer.gov/about-cancer/treatment/research/car-t-cells

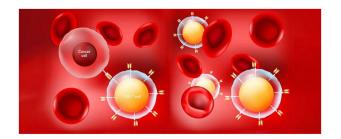


Researchers label early CAR-T therapy patient 'cured' after living a decade without cancer (By Angus Chen Feb. 2, 2022)

In 2010, Doug Olson became the second person in the world to receive CAR-T cell therapy, an experimental tactic to engineer his own immune cells to fight cancer. His doctors had tempered expectations for how well it would fight off Olson's chronic lymphocytic leukemia, an incurable blood cancer — it was a last stab in the dark, one with no guarantees. But as the researchers tracked Olson and another patient, what they saw was remarkable: Year after year, the CAR-T cells persisted, actively watching for cancer cells. Olson has now been cancer-free for a decade,

The therapy works by isolating immune cells known as T cells from the patient's body. Then, researchers use a virus to genetically engineer a synthetic receptor — known as a CAR, or chimeric antigen receptor — onto the T cell's surface. This CAR can bind to a specific target, in this case a protein found on immune B cells called CD19, and it can activate the T cell to kill any cell bearing this target. Because chronic lymphocytic leukemia, the cancer that Olson and Ludwig had, are malignancies of the B cell, the engineered cells could recognize cancerous B cells and destroy them.





"The potential impact of CAR-T is tremendous," National Cancer Institute pediatric hematologist Nirali Shah. This study "gives you a proof of concept about the safety of having long-term persistence and integration of the T cells into your body." Unfortunately, other patients who have received CAR T cell treatments have not been so lucky, especially those with solid tumors. But Joseph Melenhorst, an immunologist at the University of Pennsylvania and the lead author on the new study, tells STAT that the team's results could help scientists figure out why CAR T therapy works only for some and develop a next generation of treatments that can be more widely helpful.

https://www.the-scientist.com/news-opinion/ten-years-on-car-t-cell-recipient-is-still-cancer-free-69672?utm_campaign=TS_DAILY_NEWSLETTER_2022&utm_medium=email&_hsmi=202932173&_hsenc=p2ANqtz-_FLBusXKJ-aoVUftpDbZPdh3cwm5uEWjGGSdqs10oqb2PXzrdflybiLvXN0DRm_Z-CowPN1bUlbocQfhb1xW7TsUf1hQ&utm_content=202932173&utm_source=hs_email

Cancer center leaders lay bare CAR-T makers' struggles—and an unexpected laggard

This year, the FDA moved two CAR-T therapies into earlier large B-cell lymphoma (LBCL) and cleared a second cell therapy for multiple myeloma. But despite five years of collective experience making and selling engineered human cell products, the biopharma industry is still struggling to ensure smooth and timely access.

Cell therapy leaders at three top U.S. cancer hospitals—Memorial Sloan Kettering Cancer Center, Moffitt Cancer Center and City of Hope—are not satisfied with CAR-T availability and their manufacturers' operations. During separate interviews at the recent American Society of Hematology annual meeting, the experts said manufacturing constraints were their top sticking point, especially for the myeloma CAR-Ts from Bristol Myers Squibb and Johnson & Johnson. But the problems go beyond well-documented manufacturing bottlenecks. And, in the case of J&J and Legend Biotech's Carvykti, having witnessed other drugmakers' struggles didn't guarantee immediate success.

Thanks to limited manufacturing slots, doctors at Sloan Kettering can only treat about two to three myeloma patients with commercial CAR-Ts out of the 10 they would like to in a month, Jae Park, M.D., the center's acting chief of cellular therapy service, told Fierce Pharma.

"That's a very frustrating part for the patients and for clinicians, too," Park said. "That has to improve." To Sloan Kettering's Park, BMS and J&J/Legend are "equally suboptimal" on the operational side of CAR-T treatment. But City of Hope's Budde and Moffitt's Locke have a clearer preference. "The obvious winner is Abecma by far, and not because the efficacy is better. It's not. But because the company that's making it knows what they're doing," Locke said of BMS' track record in CAR-T. But BMS' early struggles with Abecma were well publicized. The company launched the therapy nationwide last year and immediately https://distriction.org/linearing-bottleneck—both because of a shortage of viral vectors that are used to deliver the cell therapy and because of limited production slots.

Liu 2022, Cancer center leaders lay bare CAR-T makers' struggles—and an unexpected laggard https://www.fiercepharma.com/pharma/johnson-johnson-bristol-myers-kite-pharma-car-t-cell-therapy-struggle-sloan-kettering

CAR-T hype faces infrastructure reality check

By Angus Liu. Jan 15, 2024

Since the FDA approved the first CAR-T therapy back in August 2017, high prices, small patients pools and limited manufacturing capacity have at times hindered these cell-based treatments. As biopharma companies clear those hurdles, a larger, more systemic problem now threatens the drug class.

Six CAR-T therapies targeting either CD19 or BCMA have reached the U.S. market to treat various blood cancers. Impressive efficacy data, wide reimbursement acceptance, earlier-line approvals and steady production expansions have fueled blockbuster revenue predictions. But drug developers and Wall Street may have underestimated the bottlenecks from the healthcare infrastructure needed to deliver a cell therapy, Leerink Partners analyst Daina Graybosch, Ph.D., warns.



In recent interviews, experts said manufacturing constraints were their top sticking point as the cell therapy field continues to evolve. (Gerard Julien/AFP/Getty Images)



A "revolutionary paradigm shift" in cell therapy delivery and patient care is necessary to remove the limitations ahead for CAR-T therapies. Hospitals, manufacturers and others are working to resolve bottlenecks, but it will take time. (z wei/iStock/Getty Images Plus)

FDA Investigating Serious Risk of T-cell Malignancy

FDA Investigating Serious Risk of T-cell Malignancy Following BCMA-Directed or CD19-Directed Autologous Chimeric Antigen Receptor (CAR) T cell Immunotherapies (November 28, 2023)

The Food and Drug Administration (FDA) has received reports of T-cell malignancies, including chimeric antigen receptor CAR-positive lymphoma, in patients who received treatment with BCMA- or CD19-directed autologous CAR T cell immunotherapies. Reports were received from clinical trials and/or postmarketing adverse event (AE) data sources. FDA has determined that the risk of T-cell malignancies is applicable to all currently approved BCMA-directed and CD19-directed genetically modified autologous CAR T cell immunotherapies. T-cell malignancies have occurred in patients treated with several products in the class. Currently approved products in this class (listed alphabetically by trade name) include the following:

Abecma (idecabtagene vicleucel)

Breyanzi (lisocabtagene maraleucel)

Carvykti (ciltacabtagene autoleucel)

Kymriah (tisagenlecleucel)

Tecartus (brexucabtagene autoleucel)

Yescarta (axicabtagene ciloleucel)

Although the overall benefits of these products continue to outweigh their potential risks for their approved uses, FDA is investigating the identified risk of T cell malignancy with serious outcomes, including hospitalization and death, and is evaluating the need for regulatory action. As with all gene therapy products with integrating vectors (lentiviral or retroviral vectors), the potential risk of developing secondary malignancies is labeled as a class warning in the U.S. prescribing information (USPIs) for approved BCMA-directed and CD19-directed genetically modified autologous T cell immunotherapies. The initial approvals of these products included postmarketing requirements (PMRs) under Section 505(o) of the Federal Food, Drug, and Cosmetic Act (FDCA) to conduct 15-year long term follow-up observational safety studies to assess the long-term safety and the risk of secondary malignancies occurring after treatment.

Patients and clinical trial participants receiving treatment with these products should be monitored life-long for new malignancies. In the event that a new malignancy occurs following treatment with these products, contact the manufacturer to report the event and obtain instructions on collection of patient samples for testing for the presence of the Chimeric Antigen Receptor (CAR) transgene.

To report suspected adverse events including T cell malignancies, contact the FDA at 1-800-FDA-1088 or www.fda.gov/medwatch.

Healthcare providers, clinical investigators, patients, and caregivers who have questions may contact FDA's Center for Biologics Evaluation and Research (CBER) at ocod@fda.hhs.gov.

https://www.fda.gov/vaccines-blood-biologics/safety-availability-biologics/fda-investigating-serious-risk-t-cell-malignancy-following-bcma-directed-or-cd19-directed-autologous

Issues with CAR T-Cell Immunotherapies

T-cell Malignancy From CAR-T Cell Immunotherapies Gets FDA Investigation (December 1, 2023)

After receiving reports of T-cell malignancies in patients who received treatment with BCMA- or CD19-directed autologous CAR-T cell immunotherapies, the agency has announced an investigation into the issue and is evaluating the need for regulatory action.

According to the agency, reports from clinical trials and postmarketing adverse events, the risk — which includes chimeric antigen receptor CAR-positive lymphoma — is applicable to all currently approved B-cell maturation antigen (BCMA) directed and CD19-directed genetically modified autologous CAR-T cell immunotherapies.

Although the agency said the overall benefits of these products continue to outweigh their risks, they noted that all gene therapy products with integrating vectors (lentiviral or retroviral vectors) pose the potential risk of developing secondary malignancies.

https://www.fdanews.com/articles/212925-t-cell-malignancy-from-car-t-cell-immunotherapies-gets-fda-investigation?utm_source=DRW&utm_medium=email&mkt_tok=ODM4LUxVWi00MjcAAAGP3OaMxTKCMyIPK1GFtXmvhSfnTmdeWttna_cLQGn6oKnRX13forPlZB8GIo6RJqJ-ESlaBciGGwDHnE3xxRcUZiL4n0b6ff nJxS2SJYq2Wk

FDA puts up CAR-T roadblock, slapping holds on 3 CARsgen cell therapies after inspecting facility (By Nick Paul Taylor. Dec 13, 2023)

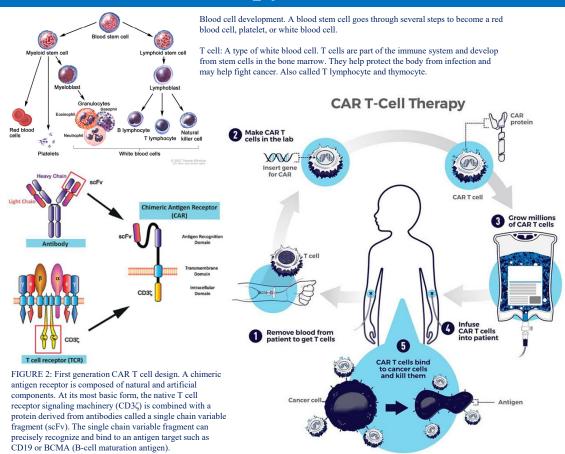
The FDA has put three CAR-T cell therapy candidates from CARsgen Therapeutics on clinical hold after paying a visit to its manufacturing facility, setting back the development of an asset that caught the eye of Moderna and a key enabler of the Chinese biotech's global expansion plan.

CARsgen <u>started</u> (PDF) clinical manufacturing at the North Carolina facility targeted by the FDA early last year and released its first batch 15 months ago. Things appeared to be progressing according to plan, with the biotech telling investors that the site was "under full operation" and "overall manufacturing operational efficiency improved" in a <u>corporate presentation</u> (PDF) released at the start of this month. But the FDA reset the narrative this week by putting three CAR-Ts on hold until the findings of its inspection of the facility are resolved. CARsgen said it will "conduct a comprehensive review and improvement on the current good manufacturing practice" but its <u>notice</u> (PDF) lacks details of what the inspectors found.

It is also unclear how long it will take the biotech to resolve the manufacturing findings and get the hold lifted. Investors see the hold as a significant setback and sent CARsgen's share price down 30% to 6.57 Hong Kong dollars after the news broke.

The reaction reflects the potential for the setback to harm CARsgen's chances of carving out a nook in the highly competitive spaces targeted by its CAR-Ts. The three cell therapies affected by the hold target BCMA, Claudin18.2 and GPRC5D, receptors that are priorities for a flock of leading drug developers. CARsgen moved its BCMA candidate into a phase 1b/2 multiple myeloma clinical trial at sites in the U.S. and Canada in 2019. ClinicalTrials.gov lists the primary completion date as the end of next year but that estimate was provided before the FDA hold. CARsgen has already given a head start to the approved BCMA CAR-Ts, Johnson & Johnson's Carvykti and Bristol Myers Squibb's Abecma.

The Claudin18.2 candidate, CT041, is also in phase 1b/2 and is the <u>subject</u> of a clinical collaboration with Moderna. CARsgen sees CT041 as a potential first-in-class CAR-T but, while it gained an early lead over other cell therapies, it is surrounded by companies that are applying different modalities to the target. The third CAR-T, CT071, targets GPRC5D, a receptor that AstraZeneca, BMS, J&J and Roche are pursuing. CARsgen opened the facility in North Carolina to go toe-to-toe with such companies outside its native China, identifying the site as a way to treat 700 patients a year and support clinical trials and early launch activities in North America and Europe.



CAR T-cell therapy is a type of treatment in which a patient's T cells are genetically engineered in the laboratory so they will bind to specific proteins (antigens) on cancer cells and kill them. (1) A patient's T cells are removed from their blood. Then, (2) the gene for a special receptor called a chimeric antigen receptor (CAR) is inserted into the T cells in the laboratory. The gene encodes the engineered CAR protein that is expressed on the surface of the patient's T cells, creating a CAR T cell. (3) Millions of CAR T cells are grown in the laboratory. (4) They are then given to the patient by intravenous infusion. (5) The CAR T cells bind to antigens on the cancer cells and kill them.

More than Just CAR T Cells: TILs and TCRs

CAR T cells have garnered the lion's share of attention when it comes to cellular therapies. But other types of cellular therapies have also shown promise in small clinical trials, including in patients with solid tumors.

One type, known as **tumor-infiltrating lymphocytes** (TILs), uses immune cells that have penetrated the environment in and around the tumor. Researchers at NCI were the first to use TILs to successfully treat patients with advanced cancer—initially in melanoma and later in several other cancers, including cervical cancer. More recently, NCI researchers have developed a technique for identifying TILs that recognize cancer cells with mutations specific to that cancer and identifying people whose cancers are more likely to respond to TIL therapy.

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To date, TCR T cells have been tested in patients with a variety of solid tumors, showing promise in melanoma and sarcoma.

https://www.cancer.gov/publications/dictionaries/cancer-terms/def/t-cell#:~:text=A%20type%20of%20white%20blood,Enlarge Haseltine 2023, How CAR T therapy reimagines cancer treatment and more https://www.cancer.gov/about-cancer/treatment/research/car-t-cells

Cell Therapy using Tumor-Infiltrating Lymphocytes (TILs)

FDA approves Iovance's cell therapy for melanoma, the first treatment based on tumor-infiltrating lymphocytes (Ryan Cross. February 16, 2024)

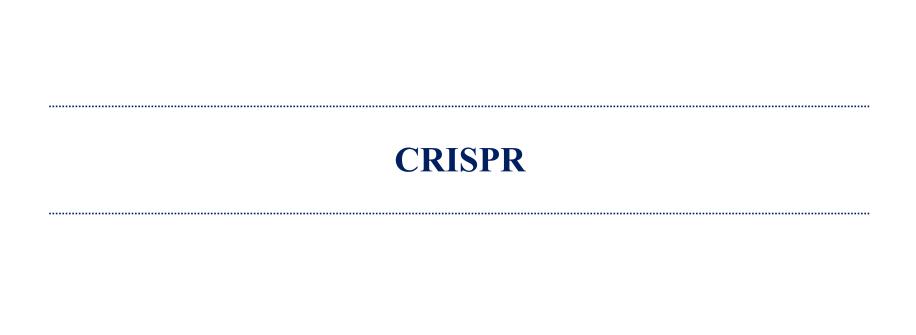
An experimental approach to treating cancer more than 40 years in the making finally has a long-sought and repeatedly delayed green light from the FDA. On Friday, Iovance Biotherapeutics won accelerated approval for Amtagvi, a cell therapy for patients with advanced melanoma. It's the first modern cell therapy for a solid tumor, rather than blood cancer, and the first approved treatment based on tumor-infiltrating lymphocytes (TILs). TIL therapies, pioneered by National Cancer Institute scientist Steve Rosenberg in the 1980s, are based on the observation that immune cells can penetrate and attack tumors, but often get stuck or lose steam before finishing the job due to cancer's relentless defenses. Iovance dissects those cells from a patient's tumor, nurtures them in its labs and reinfuses the rejuvenated cells into the patient where they hopefully target the tumor.

While the approach sounds simple, turning the idea into a bona fide medicine has been tricky. Unlike commercial CAR-T cell therapies for cancer, in which a patient's immune cells are genetically engineered to target a single protein on blood cells, TIL therapies target a different array of cancer antigens in each patient. Convincing the FDA that the bespoke product would be consistent across patients created an enormous headache for Iovance. After several years of back-and-forth with the agency on how best to assess the treatment's potency, Iovance hopes to leave those troubles behind and hit the ground running with the commercialization of the treatment. "Because of the delay, there is pent-up demand," interim CEO Frederick Vogt told Endpoints News in an interview. "We believe this will be the largest launch in cell therapy ever." Vogt said that Amtagvi will initially be available through 30 medical centers, with plans to expand to 50 by the end of May, and possibly more in the future.

Ahead of the approval, Vogt told Endpoints that the therapy's cost would be "in line with the CAR-T products," ranging from roughly \$450,000 to \$500,000. In a call with investors on Friday afternoon, he said Amtagvi would cost \$515,000. Amtagvi is approved as a second- or third-line treatment option for patients who still have melanoma despite treatment with the commonly used checkpoint inhibitor immunotherapies. Patients also have to get chemo before receiving Amtagvi in order to clear space for the incoming cells. According to Iovance, the roughly 6,300 second-line patients in the US who don't carry BRAF V600 mutations, which are found in about half of melanomas, will be eligible to get Amtagvi after a checkpoint therapy. About 4,800 third-line patients with the mutations have to get BRAF inhibitor drugs before they're eligible for the cell therapy.

The therapy comes with a black box warning about risks of low blood count, infection, heart disorder, lung or kidney dysfunction, or lethal complications. Side effects also include chills, fatigue, fever, swelling and abnormally fast heart rate. Amtagvi shrank tumors in about one-third of 150 patients, with an objective response rate of 31.4%, in a Phase II clinical study. Half of those responses lasted for at least a year, and the mediation duration of the response was not yet reached after 21.5 months.

As a prerequisite of its accelerated approval, Iovance is currently conducting a large Phase III study of 670 people with melanoma to confirm the treatment's benefit. That study, which will test Amtagvi alone or with Merck's checkpoint inhibitor Keytruda as a frontline therapy for melanoma, is expected to wrap up between 2028 and 2030. Iovance is also testing Amtagvi in cervical cancer and is testing a similar TIL therapy in head and neck cancer and lung cancer. The company also has earlier-stage programs to supercharge the TILs and hopefully boost response rates to the therapy with gene editing. "We're not going to clip the pipeline and just focus on commercial," Vogt said. "TILs are coming back. I think you will see a renaissance."



CRISPR

A Programmable Dual-RNA—Guided DNA Endonuclease in Adaptive Bacterial Immunity

Martin Jinek, $^{1,2}*$ Krzysztof Chylinski, $^{3,4}*$ Ines Fonfara, 4 Michael Hauer, 2† Jennifer A. Doudna, $^{1,2,5,6}\ddagger$ Emmanuelle Charpentier 4‡

Clustered regularly interspaced short palindromic repeats (CRISPR)/CRISPR-associated (Cas) systems provide bacteria and archaea with adaptive immunity against viruses and plasmids by using CRISPR RNAs (crRNAs) to guide the silencing of invading nucleic acids. We show here that in a subset of these systems, the mature crRNA that is base-paired to trans-activating crRNA (tracrRNA) forms a two-RNA structure that directs the CRISPR-associated protein Cas9 to introduce double-stranded (ds) breaks in target DNA. At sites complementary to the crRNA-guide sequence, the Cas9 HNH nuclease domain cleaves the complementary strand, whereas the Cas9 RuvC-like domain cleaves the noncomplementary strand. The dual-tracrRNA:crRNA, when engineered as a single RNA chimera, also directs sequence-specific Cas9 dsDNA cleavage. Our study reveals a family of endonucleases that use dual-RNAs for site-specific DNA cleavage and highlights the potential to exploit the system for RNA-programmable genome editing.

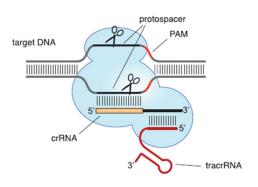




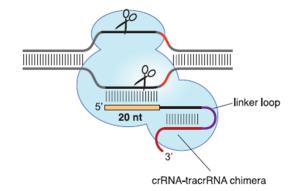
Emmanuelle Charpentier & Jennifer Doudna

Jinek 2012, A Programmable dual-RNA-guided DNA endonuclease in adaptive bacterial immunity. Science 337: 816-821, 2012

Cas9 programmed by crRNA:tracrRNA duplex



Cas9 programmed by single chimeric RNA

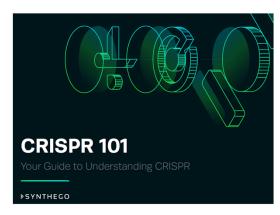


Conclusions. We identify a DNA interference mechanism involving a dual-RNA structure that directs a Cas9 endonuclease to introduce site-specific double-stranded breaks in target DNA. The tracrRNA:crRNA-guided Cas9 protein makes use of distinct endonuclease domains (HNH and RuyC-like domains) to cleave the two strands in the target DNA. Target recognition by Cas9 requires both a seed sequence in the crRNA and a GG dinucleotide-containing PAM sequence adjacent to the crRNA-binding region in the DNA target. We further show that the Cas9 endonuclease can be programmed with guide RNA engineered as a single transcript to target and cleave any dsDNA sequence of interest. The system is efficient, versatile, and programmable by changing the DNA target-binding sequence in the guide chimeric RNA. Zinc-finger nucleases and transcription-activator-like effector nucleases have attracted considerable interest as artificial enzymes engineered to manipulate genomes (35–38). We propose an alternative methodology based on RNA-programmed Cas9 that could offer considerable potential for gene-targeting and genome-editing applications.

How CRISPR Works

BASICS **How CRISPR Works** Bacteria use a weapon called CRISPR to julienne invading viruses. Scientists can hijack this process to chop up sequences of DNA they would like to modify instead. Unlike previous genome-editing methods, the CRISPR system uses a single, all-purpose enzyme, called Cas9, to do the slicing. All the researcher has to do is create an RNA "guide" to steer it there; RNA is vastly easier to synthesize than enzymes. 1 Construct an RNA guide that Target DNA includes a part 2 Attach the in cell matching the RNA guide to desired DNA an all-purpose sequence. Cas9 cutting protein, creating the CRISPR tool. Engineered CRISPR tool Cleavage site Corresponding guide sequence Custom 4 The Cas9 protein sequence cuts both strands of (red) 3 Introduce the the DNA in a gene CRISPR tool into the so that the gene cell of interest. The will be disabled or, guide RNA finds with the insertion its DNA match in of a segment of the genome. engineered DNA, (DNA-cutting modified. protein)



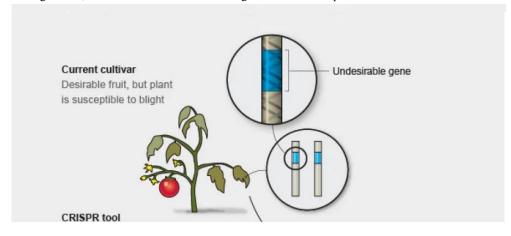


Synthego 2021, CRISPR 101

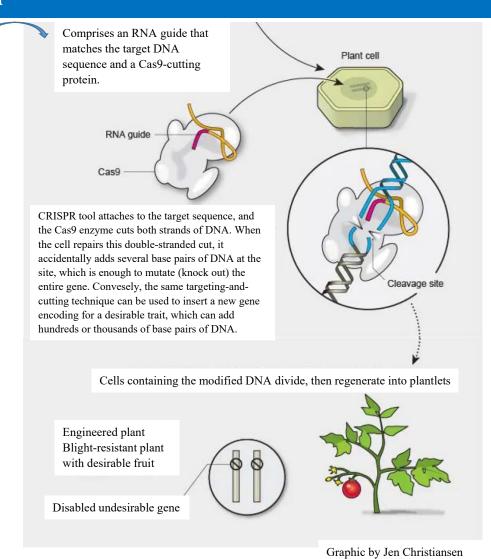
A Visual Guide to Genetic Modification

Second-Generation Gene Editing

With precision gene-editing technologies (zinc fingers, TALENs and CRISPR), biologists can target a specific gene and either deactivate it (depicted below) or replace it. A replacement gene can come from an unrelated species (transgenic) or from a related variety (cisgenic). Although CRISPR can be targeted to a specific location, its accompanying Cas9 enzyme occasionally makes unprogrammed, "off-target" cuts; limited data indicate that off-target cuts are rare in plants.



Montanez 2016, A visual guide to genetic modification



What is CRISPR? (Human Nature. Netflix)



1993: Francisco Mojica discovered Clustered Regularly Interspaced Short Palindromic Repeats (CRISPR)

2007: CRISPR's function is related to prokaryotic immunity

2012: The CRISPR-Cas9 bacterial immune system could be repurposed as a gene editing tool

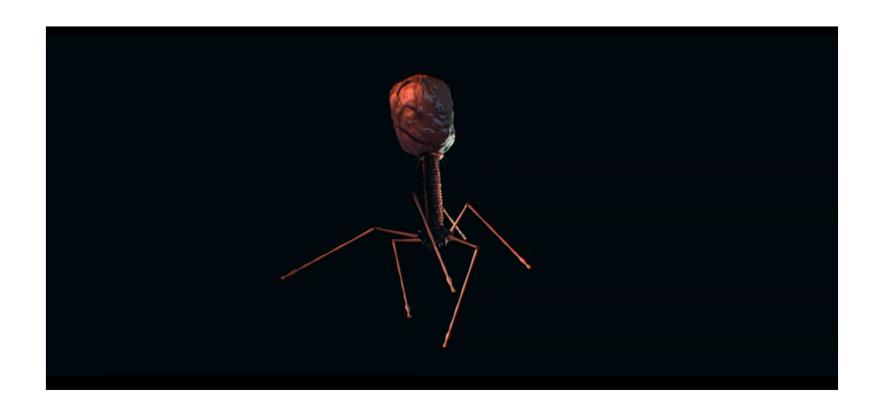
2020: Nobel Prize in Chemistry to Dr. Jennifer Doudna and Dr. Emmanuel Charpentier

CRISPR: Gene Editing



CRISPR: Gene editing and beyond https://www.youtube.com/watch?v=4YKFw2KZA5o

How CRISPR was found?



Human Nature by Netflix

CRISPR's Potential



Human Nature by Netflix

Programmable CRISPR-Responsive Smart Materials

Stimuli-responsive materials activated by biological signals play an increasingly important role in biotechnology applications. We exploit the programmability of CRISPR-associated nucleases to actuate hydrogels containing DNA as a structural element or as an anchor for pendant groups. After activation by guide RNA-defined inputs, Cas12a cleaves DNA in the gels, thereby converting biological information into changes in material properties.

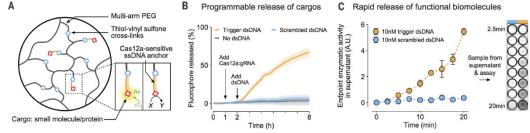
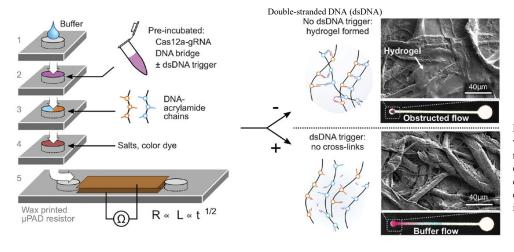


Fig. 1. Cas12a-mediated release of small molecules and enzymes from PEG hydrogels. (A) ssDNA acts as a cleavable linker for attaching payloads to an inert PEG matrix. $h\nu$, light energy. (B) Release of a tethered fluorophore by Cas12a is initiated only upon introduction of a specific dsDNA trigger and not a scrambled dsDNA control sequence. (C) Functional enzymes can be anchored into the hydrogel and released by Cas12a in sufficient quantities for visual detection in an HRP activity assay within minutes. A.U., arbitrary units.



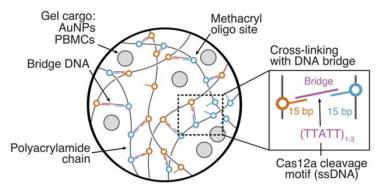
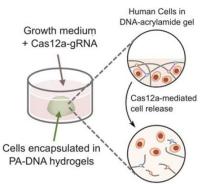


Fig. 2. Programmable release of NPs and live cells from PA-DNA hydrogels. (A) ssDNA bridges lock DNA-functionalized PA chains into a 3D network.



Sequence-specific degradation of PA-DNA gels leads to the release of encapsulated nonadherent PBMCs.

Fig. 4. Cas12a digestion of hydrogel precursors modulates permeability of a paper-based microfluidic device (mPAD) with dual visual and electronic readouts for diagnostic applications. (A) Schematic of the stackable mPAD design modified for operation with CRISPR gels and electrical readout. Layers 1 to 4 contain hydrophilic regions that form a continuous channel on folding and feed into a lateral flow channel in layer 5. The channel in layer 5 was covered with conductive tape to measure conductivity as a function of buffer wicking. In the presence of target trigger, Cas12a cleavages the DNA linker, preventing hydrogel cross-linking in the channel and enabling flow. The inset shows SEM images of channels with (top) and without (bottom) cross-linked hydrogel.

English 2019, Programmable CRISPR-responsive smart materials

CRISPR for Plant Protection

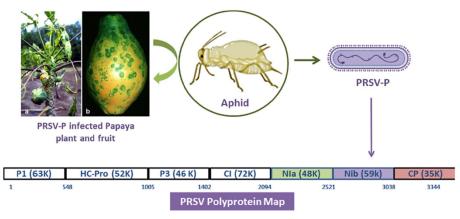


Figure 3. Schematic representation of CRISPR-Cas9 systemmediated immunization to PRSV NIa/Nib gene silencing in papaya.

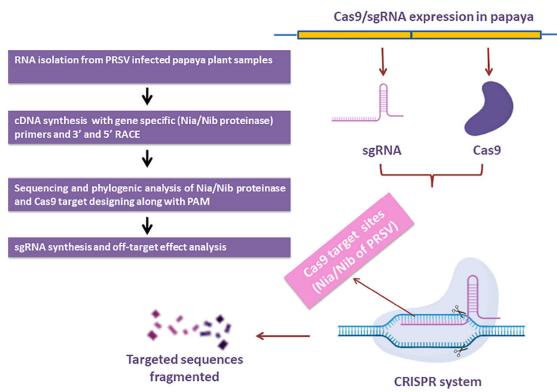
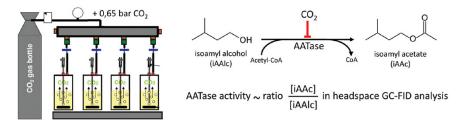


Figure 4. Papaya ringspot virus infection symptoms and transformation and the PRSV polyprotein gene map.

Mujtaba 2021, Nanocarrier-mediated delivery of miRNA, RNAi, and CRISPR-Cas for plant protection

CRISPR/Cas9 and Beer

ABSTRACT The introduction in modern breweries of tall cylindroconical fermentors, replacing the traditional open fermentation vats, unexpectedly revealed strong inhibition of flavor production by the high CO₂ pressure in the fermentors. We have screened our collection of Saccharomyces cerevisiae strains for strains displaying elevated tolerance to inhibition of flavor production by +0.65 bar CO₂, using a laboratory scale CO₂ pressurized fermentation system. We focused on the production of isoamyl acetate, a highly desirable flavor compound conferring fruity banana flavor in beer and other alcoholic beverages, from its precursor isoamyl alcohol (IAAc/Alc ratio). We selected the most tolerant Saccharomyces cerevisiae strain, saké yeast Kyokai no. 1, isolated a stable haploid segregant seg63 with the same high IAAc/Alc ratio under CO₂ pressure, crossed seg63 with the unrelated inferior strain ER7A and phenotyped 185 haploid segregants, of which 28 displaying a high IAAc/Alc ratio were pooled. Mapping of Quantitative Trait Loci (QTLs) by whole-genome sequence analysis based on SNP variant frequency revealed two QTLs. In the major QTL, reciprocal hemizygosity analysis identified MDS3 as the causative mutant gene, a putative member of the TOR signaling pathway. The MDS3^{Seg,63} allele was dominant and contained a single causative point mutation, T2171C, resulting in the F274S substitution. Introduction of MDS3^{seg,63} in an industrial tetraploid lager yeast with CRISPR/Cas9 enhanced isoamyl acetate production by 145% under CO₂ pressure. This work shows the strong potential of polygenic analysis and targeted genetic modification for creation of cisgenic industrial brewer's yeast strains with specifically improved traits.



Souffriau 2022, Polygenic analysis of tolerance to carbon dioxide inhibition of isoamyl acetate "banana" flavor production in yeast reveals MDS3 as major causative gene

Scientists Just Figured Out a Way to Make Beer Taste Even Better (08 October 2022. By David Nield)

Today's tall cylindrical fermentation tanks that have replaced the shorter vats of breweries in the past have tended to negatively impact the taste of the resulting beer – but now scientists have stepped in to improve the taste of our booze. These tall tanks can produce more beer for less money – they're easier to fill, empty and clean – but their widespread adoption also means excess pressure from the carbon dioxide produced during fermentation, and that affects flavor. The researchers began by identifying strains of the Saccharomyces cerevisiae yeast that were particularly CO₂-resistant, focusing on the production of isoamyl acetate that gives beer its fruity, banana-like flavor. After finding a particularly robust strain, the team then used a whole-genome sequence analysis to figure out what made it so adept at being able to keep its fruity flavor even under the pressure of modern fermentation tanks. "To our surprise, we identified a single mutation in the MDS3 gene, which codes for a regulator apparently involved in production of isoamyl acetate, the source of the banana-like flavor that was responsible for most of the pressure tolerance in this specific yeast strain," says molecular biologist Johan Thevelein, from Katholieke Universiteit Leuven in Belgium.

With this discovery, the researchers were then able to use the <u>CRISPR/Cas9</u> gene editing technique to engineer the same mutation in other yeast strains. After editing, these strains could better withstand CO₂ pressure and better retain their flavor. Further down the line, many yeast strains could be modified in the same way, leading to beers with a fuller flavor when they're poured. So far, it doesn't appear that other traits of the yeast strain are affected by the genetic edits. "The mutation is the first insight into understanding the mechanism by which high carbon dioxide pressure may compromise beer flavor production," <u>says</u> Thevelein.

Before now, it hasn't been clear exactly how high CO_2 pressure has been having an impact on beer flavor at the molecular level, even though the end results in terms of the drop in fruitiness have been easy to taste. In the future, the researchers want to run experiments with even higher CO_2 pressures to see if different genes are identified. A number of other genes showed promise in this study too, though MDS3 was the dominant one.

The same gene identification technology has also previously been used to highlight other important traits in yeast, including the production of glycerol (a sugary alcohol that adds to the taste), and tolerance towards increased temperatures. The authors are up front about the fact the work was supported by a brewing company, which hopes to make use of the technology in a patent. While other brands of brew might miss out on the technology, the study does demonstrate the potential benefits in applying CRISPR to tweaking yeast's talents for making an exceptional drop. "This work shows the strong potential of polygenic analysis and targeted genetic modification for creation of cisgenic industrial brewer's yeast strains with specifically improved traits," write the researchers in their published paper. The research has been published in Applied and Environmental Microbiology.

https://www.sciencealert.com/scientists-just-figured-out-a-way-to-make-beer-taste-even-better

7 Medical Breakthroughs That Gave Us Hope In 2023

7 medical breakthroughs that gave us hope in 2023 (By Saniay Mishra, December 6, 2023)

COVID-19 has continued to claim lives in 2023, killing more than 50 thousand patients in the United States alone and bringing the global death toll to almost seven million people. The pandemic has also created an epidemic of survivors who continue to suffer from long COVID. But it wasn't all bad news in 2023. With more people becoming immune against the virus, the World Health Organization decided, on May 5, that COVID-19 no longer constitutes a public health emergency of international concern. Updated boosters of existing vaccines helped reduce the number of cases, hospitalizations, and deaths, and a new COVID vaccine from Novavax was approved this year.

Aside from COVID-19 vaccines, there were many other interesting and groundbreaking discoveries made this year, some of which are especially notable for their potential impact on health and medicine.

1. The world's first CRISPR-based gene therapy becomes available

The world's first <u>CRISPR-based gene therapy</u> was approved by the drug regulators in the United Kingdom. It treats sickle cell disease and beta thalassemia, genetic disorders that affect the red blood cells. Hemoglobin, found in red blood cells, carries oxygen around the body. The errors in hemoglobin genes create fragile red blood cells that cause a shortage of oxygen in the body, a condition known as anemia. Patients with sickle cell disease also suffer from infections and severe pain when sickled cells form clots and impede blood flow, while patients with beta thalassemia must receive blood transfusion every three to four weeks. The newly approved gene therapy, named <u>CASGEVY</u>, corrects faulty hemoglobin genes in a patient's bone marrow stem cells so the patient. A single treatment can potentially cure some patients for life. Two inventors who fine-tuned CRISPR (short for "clustered regularly interspaced short palindromic repeats") to work as a precise gene-editing tool, <u>Emmanuelle Charpentier and Jennifer Doudna</u>, were awarded the Nobel Prize in Chemistry just three years ago in 2020. This is just the <u>first of dozens of potential treatments</u> in development to treat other genetic diseases, <u>cancer</u>, or even <u>infertility</u>.

2. The first drug that slows down Alzheimer's disease gets approved

The <u>U.S. Food and Drug Administration</u> approved the first drug for Alzheimer's that targets <u>one underlying cause of the disease</u>. While the drug, Leqembi, isn't a cure or improve symptoms in late-stage disease, <u>after 18 months</u> of treatment it slows declines in memory and thinking by about 30 percent if the medicine is given in the early stage of disease. Leqembi is a monoclonal antibody that works by targeting <u>amyloid plaques</u> in the brain that are a defining feature of Alzheimer's disease. When abnormal levels of a naturally occurring protein, called beta amyloid, clump together to form sticky plaques in brain, they trigger inflammation and damage neuronal connections. Accumulation of amyloid plaques leads to loss of memory and thinking causing Alzheimer's disease. Clinical trials indicate that <u>Leqembi removes amyloid plaques</u> from the brain, which slows the progression of the disease.

3. Researchers produce healthy mice pups from two fathers; no female required

Yes, you read that right. Researchers from Japan presented evidence at a scientific conference that it is possible to produce healthy, fertile mice without an egg from a female mouse. First, eggs were made from the stem cells derived from the skin cells of a male mouse. These eggs were fertilized with sperm of another male and then the fertilized egg was transferred into a female mouse where it grew and matured. Although just seven out of more than 600 implanted embryos developed into baby mice, the pups grew normally and were fertile as adults. It is not yet known if the mouse pups will develop exactly like those born through conventional breeding. These findings have not yet been published in a peer reviewed journal and similar preliminary steps have so far failed in humans.

4. Scientists map all the connections in an insect brain

Scientists have produced the <u>first complete brain-wiring diagram of an insect brain</u>. This may not sound impressive but the brain, even that of a fruit fly, contains vast networks of interconnected neurons called the connectome. Until now, only the brains of a roundworm, a sea squirt, and a marine worm have been completely mapped; each of which contains just a couple of hundred connections. But a complete map of the connectome of a fruit fly larva reveals it contains more than 3,000 neurons and more than half a million connections between them. Developing this map took an international team of scientists more than five years. Although a fruit fly brain is much simpler than that of humans, the techniques developed will help map more complex brains in the future. The neural circuits In the fruit fly brain look similar to neural networks used in machine learning. Understanding the similarities and complexities of the fly brain connectome can help to decipher how the human brain works and how neurological diseases develop. It can also lead to the development of new machine learning methods and more efficient artificial intelligence systems.

5. Pigment-producing cells get "stuck" causing gray hairs

Scientists show that when pigment-producing cells, called melanocytes, get stuck in an immature state, they fail to develop their blonde, brown, red, or black, hair color. This arrested state leads to graying hairs. New hair grows from follicles, found in the skin, where melanocytes also reside. The scientists at New York University observed single melanocyte stem cells migrate up and down the individual hair folicle of mice over two years. To their surprise, they found that melanocyte stem cells can switch back and forth from gray immature stem cells to mature colored cells as they traverse up and down during the life cycle of the hair. But as hair ages, the melanocyte stem cells get sluggish after multiple cycles and become trapped near the base of the hair as immature melanocytes. With no pigment being produced, the hair turns gray.

6. Bacteria shown to help cancer cells spread more aggressively

Scientists have found that some bacteria that are frequently found in many gastrointestinal tract tumors directly help cancer cells evade the body's immune response. Not only do these bacteria cooperate with tumor cells to promote cancer progression, they also help them spread more rapidly by breaking down anticancer drugs and causing the treatment to fail. This research suggests that some anticancer drugs are effective because they also kill the tumor dwelling bacteria. Understanding how the tumor's microenvironment affects its survival and progression can open new doors of treating cancer.

7. AI identifies people at the highest risk of pancreatic cancer

A new artificial intelligence (AI) tool can predict pancreatic cancer up to three years before actual diagnosis, by identifying specific patterns of conditions that occurred in patients' health records. Pancreatic cancer is rare but it is the third largest cause of cancer-related deaths. It is so deadly because it is generally detected in the late stages when the disease has already spread to other areas of body. Symptoms of early stage pancreatic cancer are easily misdiagnosed, but many patients could live longer if the cancer was detected early. That led scientists to train an AI algorithm on the medical records of 6.2 million people from Denmark spanning 41 years to detect the patterns hidden in the records of 24,000 patients who later developed pancreatic cancer. In the medical records, each disease is recorded with a code. The AI model analyzed the combinations of these disease codes and the timing of their occurrence. By comparing specific sequences of conditions that preceded a diagnosis of pancreatic cancer, the AI model learned to identify those at greatest risk for the disease. The scientists then tested the AI tool by analyzing the records of nearly 3 million U.S. veterans spanning 21 years. The computer algorithm correctly identified almost 4,000 individuals, up to three years before they were actually diagnosed with pancreatic cancer. The study shows that AI models can be as accurate as genetic testing in predicting the risk of pancreatic cancer. Because pancreatic cancer is so rare, genetic screening is currently recommended only for high risk individuals, or with those with a family history of the disease.

FDA OKs First Two Gene-Editing Therapies for Sickle Cell Disease

On December 08, 2023, the US Food and Drug Administration (FDA) approved two gene-editing treatments for patients aged 12 years or older with severe sickle cell disease. These "milestone treatments" mark the first cell-based gene therapies for this debilitating and potentially life-threatening blood disorder that affects about 100,000 people in the US. One therapy - exagamglogene autotemcel or exa-cel (Casgevy) from Vertex Pharmaceuticals and Crispr Therapeutics — is the first to use the gene-editing tool CRISPR. The other - lovotibeglogene autotemcel or lovo-cel (Lyfgenia) from bluebird bio — uses a different gene-editing tool called a lentiviral vector. "The approval of the first gene therapies for [sickle cell disease] represents a tremendous step forward for the [sickle cell] community, which has been historically overlooked and underfunded," said Robert A. Brodsky, of Johns Hopkins University School of Medicine, in a statement from the American Society of Hematology, following the approval. "We are excited to advance the field, especially for individuals whose lives have been severely disrupted by the disease, by approving two cell-based gene therapies today," added Nicole Verdun, MD, of the FDA's Center for Biologics Evaluation and Research, in an agency press release. Sickle cell disease involves a mutation in hemoglobin, a protein in red blood cells that provides oxygen to tissues. The mutation leads red blood cells to develop a crescent or sickle shape, which can restrict blood flow and cause severe pain and organ damage, known as vaso-occlusive events or crises. Treatment options prior to these approvals primarily included red blood transfusions and hydroxyurea alongside pain management. The only potential curative option has been allogeneic hematopoietic stem cell transplantation, but that comes with significant risks and most patients don't have an appropriate donor.

Exa-cel

Exa-cel uses CRISPR gene-editing technology. Before the infusion, patients undergo myeloablative conditioning, which removes cells from the bone marrow. These cells are genetically modified to produce fetal hemoglobin. Patients then receive an infusion of the edited cells, which can help restore normal hemoglobin production. The FDA approval was based on data from the pivotal CLIMB SCD-121 trial. In an October advisory committee meeting, the FDA highlighted trial data demonstrating that 29 of 31 patients reached the trial's primary endpoint: freedom from severe vaso-occlusive crises over a 12-month period. In addition, 28 of these patients remained free of vaso-occlusive crises for almost 2 years. The committee noted that one of the 31 patients died about 9 months after receiving an exa-cel infusion. The cell-based gene therapy also increased both fetal and total hemoglobin, with total hemoglobin levels increasing to > 11 g/dL by month 3 and remaining at that level afterward. No patients experienced graft failure or rejection. The most common side effects included low platelets and white blood cell counts, mouth sores, nausea, musculoskeletal pain, vomiting, and febrile neutropenia. Exa-cel could "provide a one-time functional cure" for patients with severe sickle cell disease, according to Franco Locatelli, MD, of Sapienza University of Rome, who presented initial findings last year. While the current approval is for patients with infusion-dependent sickle cell disease, exa-cel is also being evaluated in patients with another blood disorder, beta-thalassemia.

Lovo-cel

Lovo-cel, a cell-based gene therapy, uses a different technology — a lentiviral vector, or gene delivery vehicle — that can also genetically modify a patient's blood stem cells. Like exa-cel, lovo-cel is a one-time, single-dose infusion that contains the patient's modified cells. Before the infusion, patients undergo myeloablative conditioning. The patient's stem cells are then genetically modified to allow them to produce the most common form of hemoglobin, HbA This approval was based on data from a single-arm, 24-month study in patients aged 12-50 years who had sickle cell disease and a history of vaso-occlusive events. Overall, 88% of patients (28 of 32) achieved complete resolution of vaso-occlusive events 6-18 months after the infusion. The most common side effects included stomatitis; febrile neutropenia; and low platelet, white blood cell, and red blood cell counts. The FDA noted that hematologic cancer has occurred in patients treated with lovo-cel, and the label includes a black-box warning about the risk. Brodsky noted, however, that "while these new gene therapies are potentially life-changing for individuals living with [sickle cell disease], they must be accessible to be effective." Access is a potential concern. Exa-cel and lovo-cel could cost about \$2 million.

Victoria Stern. https://www.medscape.com/viewarticle/fda-oks-first-two-gene-editing-therapies-sickle-cell-disease-2023a1000uqp?ecd=WNL_trdalrt_pos1_231208_etid6139049&uac=70212FJ&impID=6139049 See also, https://www.fda.gov/news-events/press-announcements/fda-approves-first-gene-therapies-treat-patients-sickle-cell-disease

CRISPR Gene Therapy

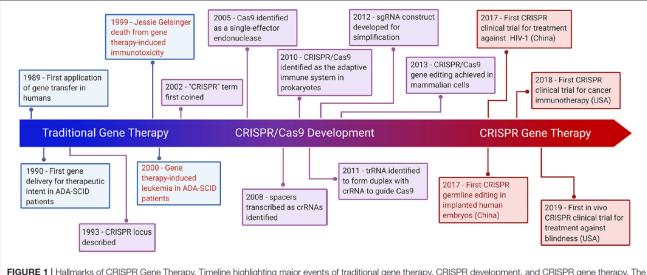


FIGURE 1 | Hallmarks of CRISPR Gene Therapy. Timeline highlighting major events of traditional gene therapy, CRISPR development, and CRISPR gene therapy. The text in red denotes gene therapy events which have raised significant ethical concerns.

Uddin 2020, CRISPR gene therapy- Applications, limitations, and implications for the future

LIMITATIONS AND ADVANCEMENTS OF CRISPR/Cas9

1. Off-Target Effects (OTEs)

A major concern for implementing CRISPR/Cas9 for gene therapy is the relatively high frequency of OTEs, which have been observed at a frequency of $\geq 50\%$.

2. Protospacer Adjacent Motif Requirement

Cas9 from the bacteria Streptococcus pyogenes (SpCas9) is one of the most extensively used Cas9s. However, SpCas9 is relatively large and difficult to package into AAV vectors, the most common delivery vehicle for gene therapy.

3. DNA-Damage Toxicity

CRISPR-induced DSBs often trigger apoptosis rather than the intended gene edit.

4. Immunotoxicity

In addition to technical limitations, CRISPR/Cas9, like traditional gene therapy, still raises concerns for immunogenic toxicity.

5. Precision Gene Editing With CRISPR

Precise-genome editing is essential for prospects of CRISPR gene therapy. Its low efficiency renders its utility for precise gene editing for clinical intervention highly limiting,

6. Delivery of CRISPR Gene Therapy

The delivery modality of CRISPR tools greatly influences its safety and therapeutic efficacy.

CRISPR Gene Therapy

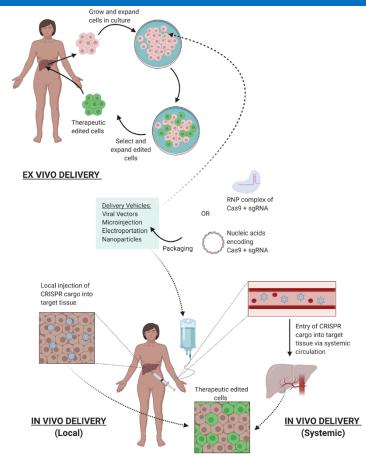


FIGURE 4 | Delivery of CRISPR Therapy. Nucleic acids encoding CRISPR/Cas9 or its RNP complex can be packaged into delivery vehicles. Once packaged, edits can be facilitated either ex vivo or in vivo. Ex vivo editing involves extraction of target cells from the patient, cell culture, and expansion in vitro, delivery of the CRISPR components to yield the desired edits, selection, and expansion of edited cells, and finally reintroduction of therapeutic edited cells into the patient. In vivo editing can be systemically delivered via intravenous infusions to the patient, where the CRISPR cargo travels through the bloodstream via arteries leading to the target tissue, or locally delivered with injections directly to target tissue. Once delivered, the edits are facilitated in vivo to provide therapeutic benefit.

Delivery of CRISPR Gene Therapy

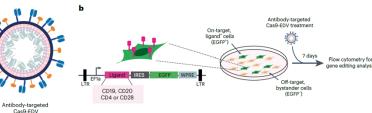
The delivery modality of CRISPR tools greatly influences its safety and therapeutic efficacy. While traditional gene therapy utilizing viruses have been scrutinized for the risk of immunotoxicity and insertional oncogenesis, AAV vectors remain a key delivery vehicle for CRISPR gene therapy and continues to be extensively used for its high efficiency of delivery. The CRISPR toolkit can be packaged as plasmid DNA encoding its components, including Cas9 and gRNA, or can be delivered as mRNA of Cas9 and gRNA. Nucleic acids of CRISPR can be packaged in AAV vectors for delivery or introduced to target cells via electroporation/nucleofection or microinjection, with the latter methods averting virus-associated risks. However, microinjection can be technically challenging and is only suited for ex vivo delivery. Electroporation is also largely used for ex vivo but can be used in vivo for certain target tissues. However, high-voltage shock needed to permeabilize cell membranes via electroporation can be toxic and can lead to permanent permeabilization of treated cells. In addition to viral toxicity, AAV delivery of CRISPR components yields longevity of expression, leading to greater incidence of OTEs. Alternatively, delivery of the Cas9 protein and gRNA as RNP complexes has reduced OTEs while maintained editing efficacy, owing to its transient expression and rapid clearance in the cell.

Once the delivery modality is selected, CRISPR/Cas9 edits can be facilitated either ex vivo where cells are genetically modified outside of the patient and reintroduced back, or in vivo with delivery of the CRISPR components directly into the patient where cells are edited (Figure 4). Both systems pose their own set of advantages and challenges. Advantages for ex vivo delivery include greater safety since patients are not exposed to the gene altering tool, technical feasibility, and tighter quality control of the edited cells. However, challenges to this method include survival and retention of in vivo function of cells outside the patient after genetic manipulation and extensive culture in vitro. Also, an adequate supply of cells is needed for efficient reengraftment. These conditions limit this method to certain cell types that can survive and be expanded in culture, such as hematopoietic stem and progenitor cells (HSPCs) and T cells.

While ex vivo gene therapy has provided therapeutic benefit for hematological disorders and cancer immunotherapy, many tissue types are not suited for this method, severely limiting its therapeutic utility for other genetic diseases. in vivo manipulation is thus needed to expand CRISPR's utility to treat a broader range of genetic diseases, such as Duchenne muscular dystrophy (DMD) and hereditary tyrosinemia. CRISPR components can be delivered in vivo systemically through intravenous injections or can be locally injected to specific tissues (Figure 4). With systemic delivery, the CRISPR components and its vehicle are introduced into the circulatory system where expression of the gene editing toolkit can be controlled to target specific organs via tissue-specific promoters. However, challenges of in vivo delivery include degradation by circulating proteases or nucleases, opsonization by opsonins, or clearance by the mononuclear phagocyte system (MPS). Furthermore, the cargo must reach the target tissue and bypass the vascular endothelium, which are often tightly connected by cell-cell junctions, preventing accessibility to larger delivery vehicles (>1 nm diameter). Additionally, once the cargo has reached the target cells, they must be internalized, which is generally facilitated through endocytosis where they can be transported and degraded by lysosomal enzymes. In addition, localization of the editing machinery near the point of injection can result in uneven distribution of the edited cell repertoire within the tissue, which may result in suboptimal therapeutic outcomes. While advancements are continuing to refine delivery techniques, the current systems have allowed CRISPR gene therapy to be used in the clinic.

Cell-Type Specific In Vivo Gene Editing

In vivo human T cell engineering with enveloped delivery vehicles



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Jennifer R. Hamilton 12.9, Evelyn Chen 12.9, Barbara S. Perez.2, Cindy R. Sandoval Espinoza 6 1,2, Min Hyung Kang 1,2, Marena Trinidad 1,2, Wayne Ngo^{3,4} & Jennifer A. Doudna © 1,2,3,4,5,6,7,8

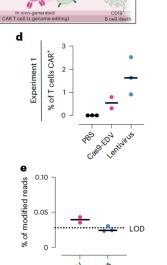
Viruses and virally derived particles have the intrinsic capacity to deliver molecules to cells, but the difficulty of readily altering cell-type selectivity has hindered their use for therapeutic delivery. Here, we show that cell surface marker recognition by antibody fragments displayed on membrane-derived particles encapsulating CRISPR-Cas9 protein and guide RNA can deliver genome editing tools to specific cells. Compared to conventional vectors like adeno-associated virus that rely on evolved capsid tropisms to deliver virally encoded cargo, these Cas9-packaging enveloped delivery vehicles (Cas9-EDVs) leverage predictable antibody-antigen interactions to transiently deliver genome editing machinery selectively to cells of interest. Antibody-targeted Cas9-EDVs preferentially confer genome editing in cognate target cells over bystander cells in mixed populations, both ex vivo and in vivo. By using multiplexed targeting molecules to direct delivery to human T cells, Cas9-EDVs enable the generation of genome-edited chimeric antigen receptor T cells in humanized mice. establishing a programmable delivery modality with the potential for widespread therapeutic utility.

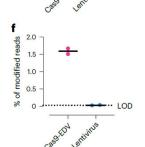
Therapeutic interventions involving genome editing require the safe and effective delivery of molecules into target cell nuclei1-3. Although such capability would transform both clinical and research applications, current non-viral delivery is limited to cells treated ex vivo⁴⁻⁶, tissues targeted by local administration^{7,8} or the liver because of its natural propensity for molecular uptake^{8,9}. Recent lipid nanoparticle formulations have been described with tropism for non-hepatic cells or organs^{10,11}, but expansion of in vivo genome editing applications will probably require multiple approaches for molecular delivery to specific cells or organs inside the body following systemic administration.

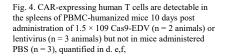
Retargeting the tropism of viruses or viral vectors is an estab-

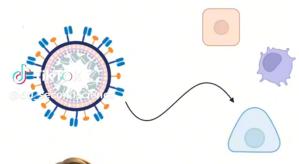
targeting molecule alongside a viral glycoprotein required for cell entry by fusion at the plasma membrane or in the low-pH environment of the endosome¹²⁻¹⁵. Recent progress leverages a mutant form of the vesicular stomatitis virus glycoprotein (VSVG), VSVGmut, that maintains endosomal fusion activity but lacks native low-density lipoprotein receptor binding affinity16-18. Pairing VSVGmut with cell-specific targeting molecules can redirect lentiviral transgene delivery and has enabled high-throughput screening of T cell and B cell receptor libraries to study receptor-antigen interactions 19,20

Particles cloaked in cellular membrane fragments-such as retrovirus-like particles (VLPs), extracellular vesicles and biomimetic lished delivery strategy involving the surface display of a cell-selective nanoparticles—are gaining in popularity for the delivery of molecular











Hamilton 2024, In vivo human T cell engineering with enveloped delivery vehicles

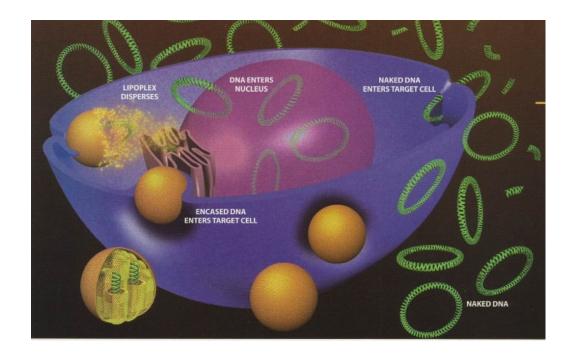
Delivery of DNA and RNA				

DNA Delivery

Instead of making bioactive proteins, DNA itself can be administered to have desired pharmacological effects. This is frequently called 'gene delivery' or 'gene therapy'. But delivery of naked DNAs is not easy, because of their large size and highly charged (and thus, highly hydrophilic) nature. The lack of proper delivery system is the major hurdle.

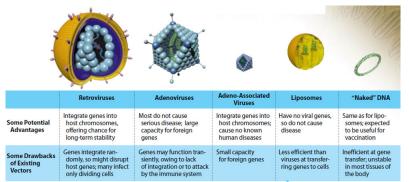
Usually, viral vectors are used for their effectiveness in gene delivery, but they are also dangerous with their own drawbacks. Thus, non-viral vectors, such as lipoplex and triplex, have been developed. They are safer, but the effectiveness is lower.





Gene Delivery Vectors

Using DNAs and genes as an active pharmaceutical ingredient (API) has a practical problem of delivering it to the target cells. DNAs and genes are very large molecules and are charged. This makes delivery through the cell membrane very difficult, as cell membranes are made of bilayers of lipid molecules. This is why various delivery systems (called vectors) are used to transport DNAs and genes through the cell membrane.



Friedmann 1997, Overcoming the obstacles. Sci. Am. June 1997, p. 96.

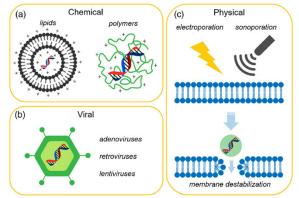


FIGURE 1. Summary of gene delivery approaches (viral, physical, and chemical): (a) chemical systems involve cationic lipids or polymers which complex negatively charged nucleic acids; (b) biological systems utilize deactivated viral vectors; and (c) physical methods, such as electroporation and sonoporation, create temporary pores in the cell membrane using electronic pulses or ultrasound.

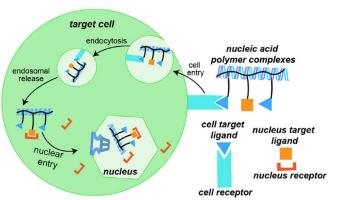


FIGURE 2. Schematic diagram of gene delivery using polyplexes, with steps including cell entry, lysosomal escape, and nuclear entry.

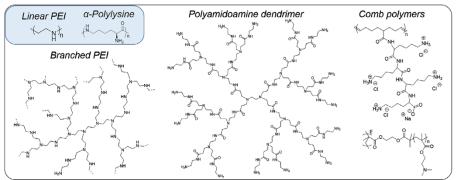


FIGURE 3. Branched PEI, poly(amidoamine) dendrimers, and comb polymers represent examples of polymer vectors with tunable nucleic acid binding and targeting capacity. Upper-left: chemical structures of linear polyethyleneimine (PEI) and poly-l lysine, two widely used polymers in gene delivery research.

Salameh 2019, Polymer-mediated gene therapy

Non-viral Vectors: Protection from Degradation

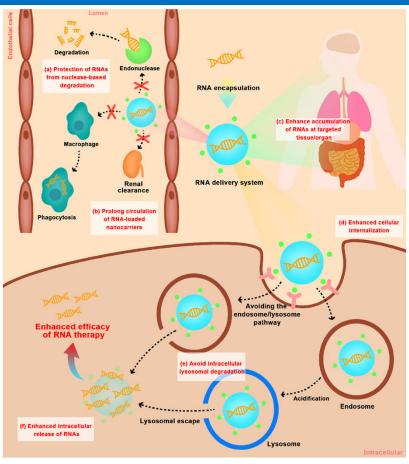


Fig. 2. Extracellular and intracellular barriers for in vivo delivery of RNAs using nonviral vectors. (a) protection of RNAs from nuclease-based degradation; (b) prolong circulation of RNA-loaded nanocarriers by avoiding phagocytosis by mononuclear phagocytic system and rapid kidney clearance; (c) enhance tissue/organ-selective accumulation of RNAs; (d) enhance cellular internalization; (e) avoid intracellular lysosomal degradation; (f) enhance intracellular release of RNAs.

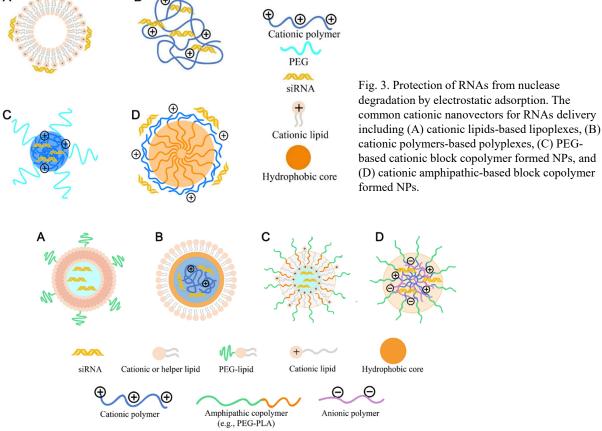
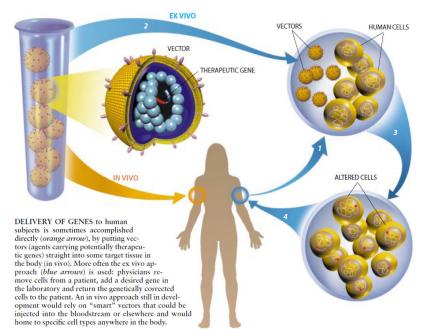


Fig. 5. Protection of RNAs from nuclease degradation by electrostatic interaction-based layer-by-layer encapsulation and core-shell encapsulation. Illustration of (A) Stable Nucleic-Acid Lipid Particle (SNALP) nanostructure; (B) lipid-polymer hybrid nanostructure (reverse micelle inner core); (C) polymer-lipid hybrid nanostructure (named as "CLAN"); and (D)PIC nanostructure.

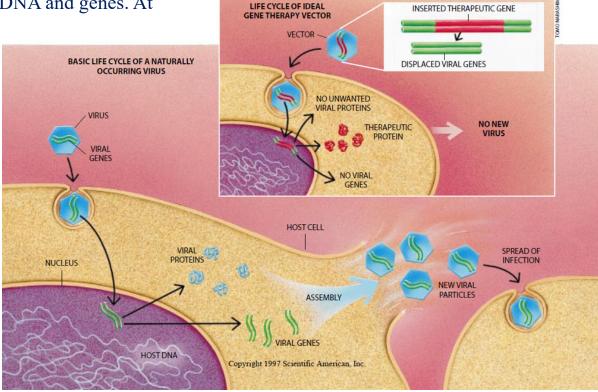
Yan 2022, Non-viral vectors for RNA delivery

Overcoming the Obstacles

Viruses are the most effective vesicles for delivery of DNA and genes. At the same time, they are very dangerous.



DELIVERY OF GENES to human subjects is sometimes accomplished directly (orange arrow), by putting vectors (agents carrying potentially therapeutic genes) straight into some target tissue in the body (in vivo). More often the ex vivo approach (blue arrows) is used: physicians remove cells from a patient, add a desired gene in the laboratory and return the genetically corrected cells to the patient. An in vivo approach still in development would rely on "smart" vectors that could be injected into the bloodstream or elsewhere and would home to specific cell types anywhere in the body.



NATURALLY OCCURRING virus (bottom panel) releases its genetic material into cells. Whether or not the genes become integrated into the DNA of the infected cell, they soon direct the synthesis of new viral particles that can injure the cell and infect others. To convert a wild-type virus into a safe gene therapy vector, scientists replace viral genes with ones specifying therapeutic proteins (top panel), while ideally leaving only the viral elements needed for gene expression. Such vectors should enter cells and give rise to helpful proteins but should not multiply.

Friedmann 1997, Overcoming the obstacles

Overcoming the Obstacles

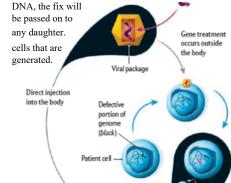
How to Fix a Defective Gene

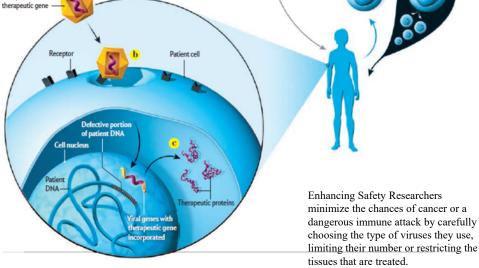
Viral package with

Gene therapy attempts to undo the damage caused by broken or defective genes. The most common approach (below) packages a copy of a working gene into a virus a that has been stripped of most of its original content. This hybrid virus with its therapeutic payload is then injected into the body, where it attaches to receptors b on targeted cells. Once inside a cell, the corrected copy of the gene instructs the cell to start manufacturing the protein c that it had previously been unable to produce. Unwanted side eff ects may occur if genes are accidentally inserted into the recipient's genome in a way that causes cancer or if the patient's own immune system tries too vigorously to defend the body against what it determines to be a foreign invasion (not shown).

Two Delivery Choices

In addition to injecting viruses into patients directly, investigators may remove cells from the body, insert the therapeutic-gene-bearing viruses into those cells (below right) and reinject the altered cells. Because the corrected genetic information is incorporated into the cells'





Lewiw 2014, Gene therapy's second act. (Sci. Am. March 2014, p. 52.)

Rethinking the Technology Given the propensity of adenoviruses to provoke lethal immune reactions and of retroviruses to trigger cancer, investigators began paying more attention to other viruses to see if they offered better results. They soon focused on two more widely suitable entrants. The first new delivery system, adeno-associated virus (AAV), does not make people sick (although most of us have been infected by it at one time or another). Because it is so common, it is unlikely to cause extreme immune reactions. This virus has another feature that should also help minimize side effects: it is available in several varieties, or serotypes, that favor specific types of cells or tissues. For example, AAV2 works well in the eye, whereas AAV8 prefers the liver, and AAV9 slips into heart and brain tissue. Researchers can choose the best AAV for a specific body part, decreasing the number of individual viruses that need to be injected and thus minimizing the chances of an overwhelming immune response or other unwanted reaction. Plus, AAV depos chunky genes," he says. "There's no toxicity and no adverse immune reaction." Stripped-down lentiviruses are now being used in a number of clinical trials, including treatments for adrenoleukodystrophy - the disease featured in the 1992 movie Lorenzo's Oil. To date, a few of the boys who have received this treatment have become healthy enough to return to school. Although clinical trials using AAV and HIV are on the rise, researchers have also redirected or modified the older viral delivery systems so that they can be used in limited circumstances. For example, non-HIV retroviruses are now genetically edited so that they inactivate themselves before they can trigger leukemia. Even adenovirus, which caused Gelsinger's death, is still in clinical trails as a gene therapy vector. Investigators restrict its use to parts of the body where it is unlikely to cause an immune response. One promising application is to treat "dry mouth" in patients undergoing radiation for head and neck cancer, which damages the salivary glands, located just under the surface of the inside of the cheek.

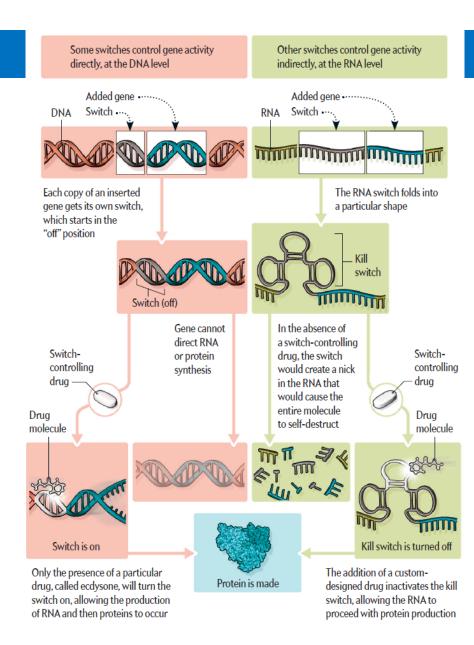
An On-Off Switch for Genes

In gene therapy, it is usually the case that delivered genes may not work long enough, requiring repeated treatment. At the same time, it is important to prepare for a possible scenario that the delivered genes are too active.

Two Strategies for Controlling Gene Activity with Pills

A major challenge to the development of successful gene therapies is making sure that the newly inserted genes are not too active - which can cause cancer, among other things. All genes, which are made up of DNA, instruct cells to make another molecule, called RNA, which in turn often directs the manufacture of proteins. Researchers are studying various approaches (two of which are pictured right) for creating biological switches that can shift a gene's operation (and thus the production of proteins) into gear—or shut it down altogether.

Kozubek 2016, An On-off switch for genes



DNA Drugs

DNA drugs are simply in concept, but very difficult in practice. One of the difficulties facing the applications of DNA drugs is that unexpected results are observed during clinical trials.



DNA Drugs Come of Age

After years of false starts, a new generation of vaccines and medicines for HIV, influenza and other stubborn illnesses is now in clinical trials BY MATTHEW P. MORROW AND DAVID B. WEINER

N A HEAD-TO-HEAD COMPETITION held 10 years ago, scientists at the National Institutes of Health tested two promising new types of vaccine to see which might offer the strongest protection against one of the deadliest viruses on earth, the human immunodeficiency virus (HIV) that causes AIDS. One vaccine consisted of DNA rings called plasmids, each carrying a gene for one of five HIV proteins. Its goal was to get the recipient's own cells to make the viral proteins in the hope they would provoke protective reactions by immune cells. Instead of plasmids, the second vaccine used another virus called an adenovirus as a carrier for a single HIV gene encoding a viral protein. The rationale for this combination was to employ a "safe" virus to catch the attention of immune cells while getting them to direct their responses against the HIV protein.

One of us (Weiner) had already been working on DNA vaccines for eight years and was hoping for a major demonstration of the plasmids' ability to induce immunity against a dreaded pathogen. Instead the test results dealt a major blow to believers in this first generation of DNA vaccines. The DNA recipients displayed only weak immune responses to the five HIV

proteins or no response at all, whereas recipients of the adenovirus-based vaccine had robust reactions. To academic and pharmaceutical company researchers, adenoviruses clearly looked like the stronger candidates to take forward in developing HIV vaccines.

To DNA vaccine investigators, the results were not entirely surprising, because poor responses had been seen in some previous trials. Still, the failures were disappointing because we KEY CONCEPTS had good reasons for expecting the plasmid vaccine to be both safe and powerful. Convinced that the original concept was still strong, scientists went back to the drawing board to find ways to boost the effectiveness of the technology. Now these efforts are beginning to pay off. A new generation of plasmid-based vaccines is proving in human and animal trials that it can produce the desired responses while retaining the safety and other benefits that make DNA so appealing. The same DNA-based technology is also now expanding to other forms of immune therapy and the direct delivery of medicines. In their mature form, such DNA-based vaccines and treatments are poised to become a success story by addressing several conditions that now lack effective treatments.

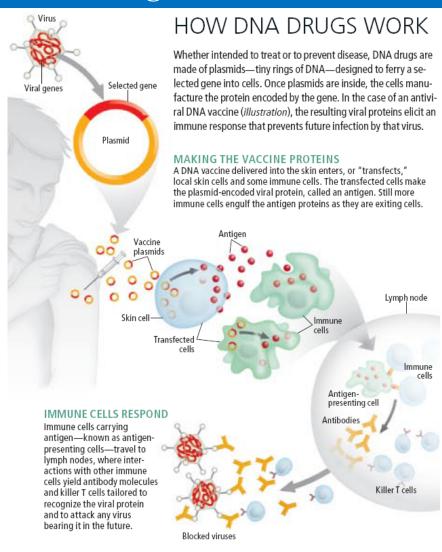
- Vaccines and therapies containing DNA rings called plasmids have long held promise for treating and preventing disease, but the plasmids made a weak showing in early tests.
- Improvements to the plasmids and new methods for delivering them have dramatically enhanced their potency.
- DNA vaccines and therapies now used in animals or in latestage human trials demonstrate that plasmids are reaching their potential.

-The Editors

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DNA Drugs



Unfortunately, in the early DNA vaccine tests the problem of weak immune responses was a significant pitfall. The main reasons for those failures seemed to be that vaccine plasmids were not getting into enough cells and, where they did penetrate, the cells were not producing enough of the encoded proteins. As a result, the immune system was not being sufficiently stimulated.

The rival technology would ultimately face a bigger problem, however. In 2007 pharmaceutical company Merck initiated a large trial of an HIV vaccine that used an adenovirus called AdHu5 to deliver HIV viral genes. In light of the potent immune responses seen in previous experiments with adenoviruses, great hope and excitement surrounded the beginning of this test, known as the STEP trial. In all, about 3,000 HIV-negative individuals received the vaccine or a placebo shot.

As the trial progressed, though, a disturbing difference between the two groups began to emerge: people who got the vaccine were no better protected than those who received the placebo, and eventually they appeared to be *more* vulnerable to being infected by HIV. An early

The result that volunteers who received vaccine plasmids are more prone to infection than the control group.

IAVI and Moderna launch trial of HIV vaccine antigens delivered through mRNA technology (January 27, 2022)

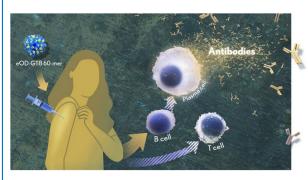
Phase 1 trial aims to build on response seen in proof-of-concept trial

https://investors.modernatx.com/news/news-details/2022/IAVI-and-Moderna-Launch-Trial-of-HIV-Vaccine-Antigens-Delivered-Through-mRNA-Technology/default.aspx

Encouraging first-in-human results for a promising HIV vaccine

Lawrence Tabak, DDS, PhD, Acting Director, National Institutes of Health. June 08, 2023

https://www.hiv.gov/blog/encouraging-first-in-human-results-for-a-promising-hiv-vaccine/



Researchers used a customized nanoparticle (top left) to learn more about guiding the immune system to mount a desired robust response, the type needed for an effective HIV vaccine. Credit: Donny Bliss, NIH

Moderna's mRNA Cancer Vaccine

A cancer vaccine based on the messenger RNA (mRNA) technology, provided alongside the checkpoint inhibitor pembrolizumab (Keytruda), has shown encouraging results in an open label phase 2b clinical trial. The trial found that the combination regimen reduced the risk of cancer recurrence or death among melanoma patients by 44% compared with pembrolizumab alone, according to the vaccine's manufacturer Moderna.

Here are four things to know about the mRNA-4157/V940 cancer vaccine and what the company has in store for upcoming clinical trials.

1. The mRNA vaccine is personalized

Moderna's mRNA vaccine is personalized for each patient. The vaccine is designed to prime the immune system in a way that allows a patient to generate a tailored antitumor response specific to their tumor mutations.

To identify a patient's specific mutations, researchers sequence DNA from the patient's normal tissue as well as DNA from the tumor. Results are compared to identify a set of mutations unique to the patient's cancer. Researchers then develop a single synthetic mRNA coding for up to 34 neoantigens, designed based on the tumor's specific mutational signature. The aim is for mRNA-4157/V940 to help the patient's immune system identify and attack the tumor cells only.

2. Development, distribution happens quickly

The process of personalizing the vaccine happens over several weeks, according to Moderna's Head of Development for Oncology Kyle Holen.

By itself, "the RNA sequencing takes only 2 hours to develop, which is just mind-boggling that it can happen so quickly," Holen said. "It's important to do this quickly because patients with cancer don't have much time to wait."

After acquiring samples from patients, sequencing, running the algorithm to identify specific mutations, manufacturing the RNA, and delivering the vaccine to patients take about 6 weeks in total.

3. Adverse events higher in the experimental arm

Serious treatment-related events occurred in 14.4% of patients who received the combination of mRNA-4157/V940 and pembrolizumab vs 10% receiving pembrolizumab monotherapy. The adverse events observed were consistent with those seen in phase 1 of the trial, and Merck/Moderna did not report any new categories of treatment-related adverse events in the phase 2b trial.

4. Moderna's plans to expand beyond melanoma

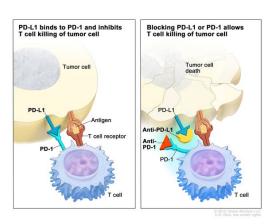
Moderna is still developing a phase 3 clinical trial for mRNA-4157/V940, which the company hopes to launch sometime in 2023, Holen said during a press conference. Moderna also plans to expand its personalized mRNA vaccine approach beyond melanoma to other tumor types but has not begun that expansion yet.

Patricia McKnight, December 16, 2022

https://www.medscape.com/viewarticle/985744?src=WNL_trdalrt_pos1_221223&uac=70212FJ&impID=5024329

Immune Checkpoint Inhibitor

A type of drug that blocks proteins called checkpoints that are made by some types of immune system cells, such as T cells, and some cancer cells. These checkpoints help keep immune responses from being too strong and sometimes can keep T cells from killing cancer cells. When these checkpoints are blocked, T cells can kill cancer cells better. Examples of checkpoint proteins found on T cells or cancer cells include PD-1/PD-L1 and CTLA-4/B7-1/B7-2. Some immune checkpoint inhibitors are used to treat cancer.



CTLA-4/B7 binding inhibits
T cell activation

Antigen-presenting
cell

B7-1/B7-2

MHC

Antigen

CTLA-4

Antigen

CTLA-4

Antigen

TCR

Anticotta-4

Antigen

CTLA-4

Antigen

TUmor cell

Tumor cell

Tumor cell

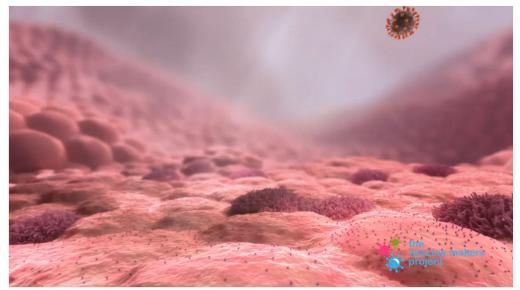
Immune checkpoint inhibitor. Checkpoint proteins, such as PD-L1 on tumor cells and PD-1 on T cells, help keep immune responses in check. The binding of PD-L1 to PD-1 keeps T cells from killing tumor cells in the body (left panel). Blocking the binding of PD-L1 to PD-1 with an immune checkpoint inhibitor (anti-PD-L1 or anti-PD-1) allows the T cells to kill tumor cells (right panel).

Immune checkpoint inhibitor. Checkpoint proteins, such as B7-1/B7-2 on antigen-presenting cells (APC) and CTLA-4 on T cells, help keep the body's immune responses in check. When the T-cell receptor (TCR) binds to antigen and major histocompatibility complex (MHC) proteins on the APC and CD28 binds to B7-1/B7-2 on the APC, the T cell can be activated. However, the binding of B7-1/B7-2 to CTLA-4 keeps the T cells in the inactive state so they are not able to kill tumor cells in the body (left panel). Blocking the binding of B7-1/B7-2 to CTLA-4 with an immune checkpoint inhibitor (anti-CTLA-4 antibody) allows the T cells to be active and to kill tumor cells (right panel).

https://www.cancer.gov/publications/dictionaries/cancer-terms/def/immune-checkpoint-inhibitor

DNA & RNA Drugs

COVID-19 Viral Vector Vaccine



COVID-19 mRNA Vaccine



https://vaccinemakers.org/resources/videos-animations

Delivery of mRNA

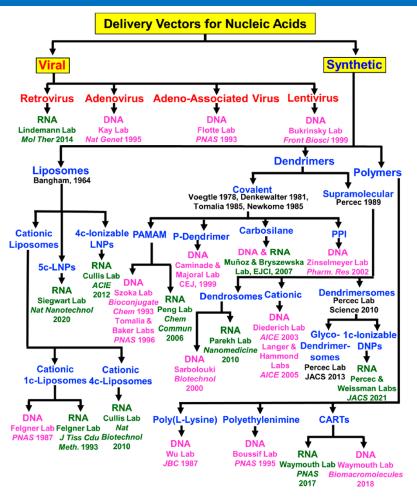


Figure 16. Summary of the viral and nonviral vectors for the delivery of nucleic acids and the evolution of methodology development.

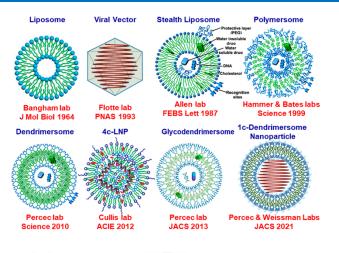


Figure 17. A brief summary of the evolution, development, and discovery of ionizable LNPs and DNPs.

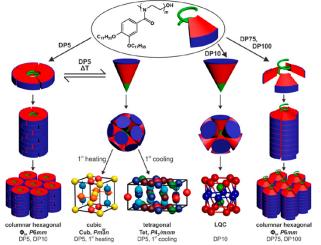


Figure 18. Summary of periodic and quasiperiodic arrays self-organized from assemblies of poly[(3,4)17G1-Oxz] at different degrees of polymerization (DP) and temperature.

Lu 2023, Screening libraries to discover molecular design principles for the targeted delivery of mRNA

Self-Amplifying mRNA Vaccine

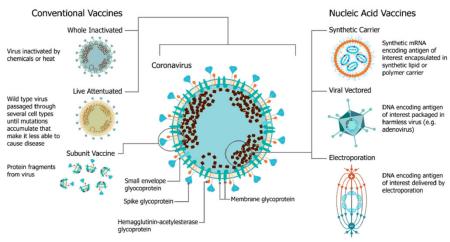


Figure 1. A comparison of vaccine platforms including vaccines derived from the virus itself and are formulated as a part or whole modified version of the virus (left) and nucleic acid vaccines, such as self-amplifying RNA vaccines (right). Nucleic acid vaccines are derived from knowledge of the viral genome, where glycoproteins are encoded into nucleic acids and delivered with either a synthetic carrier such as a lipid nanoparticle or an inert viral delivery system such as adenoviruses. The encoded antigen sequences are then expressed by the host cells.

4. Delivery Systems

The main challenge for saRNA vaccines is achieving sufficient delivery of saRNA to the target cells or tissue. saRNA constructs are relatively large (9000 to 15,000 nucleotide (nt)), anionic molecules, which precludes efficient cellular uptake of unformulated saRNA. Despite the use of "naked" saRNA in some studies, three predominant delivery platforms have emerged: Polymeric nanoparticles, lipid nanoparticles, and nanoemulsions. These delivery strategies share a central dogma wherein the anionic saRNA is condensed by a cationic (or ionizable cationic) carrier to a nanoparticle of ~100 nm in size, that protects the saRNA from degradation and encourages uptake into target cells (Figure 6).

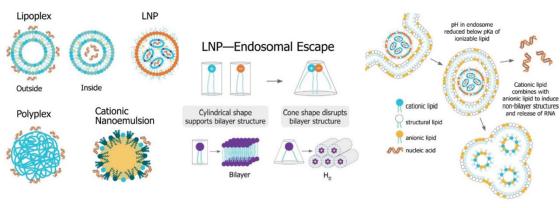


Figure 6. Non-viral saRNA delivery systems. Lipid-, polymer-, and emulsion-based delivery systems all use cationic groups to mediate condensation of the anionic RNA as well as delivery across the cell are taken up in cells through receptor-mediated endocytosis. In the then interacts electrostatically with anionic lipids in the endosomal membrane. These ion pairs cause a phase transition into a porous of the RNA into the cytoplasm.

A. Conventional non-amplifying mRNA



B. Self-amplifying mRNA (replicon)



Figure 4. A comparison of mRNA vectors. Both

conventional (A) and self-amplifying (B) mRNAs share

(saRNA) also encode four non-structural proteins (nsP1-

4) and a subgenomic promoter derived from the genome

of the alphavirus. nsP1-4 encode a replicase responsible

for amplification of the saRNA that enable lower doses

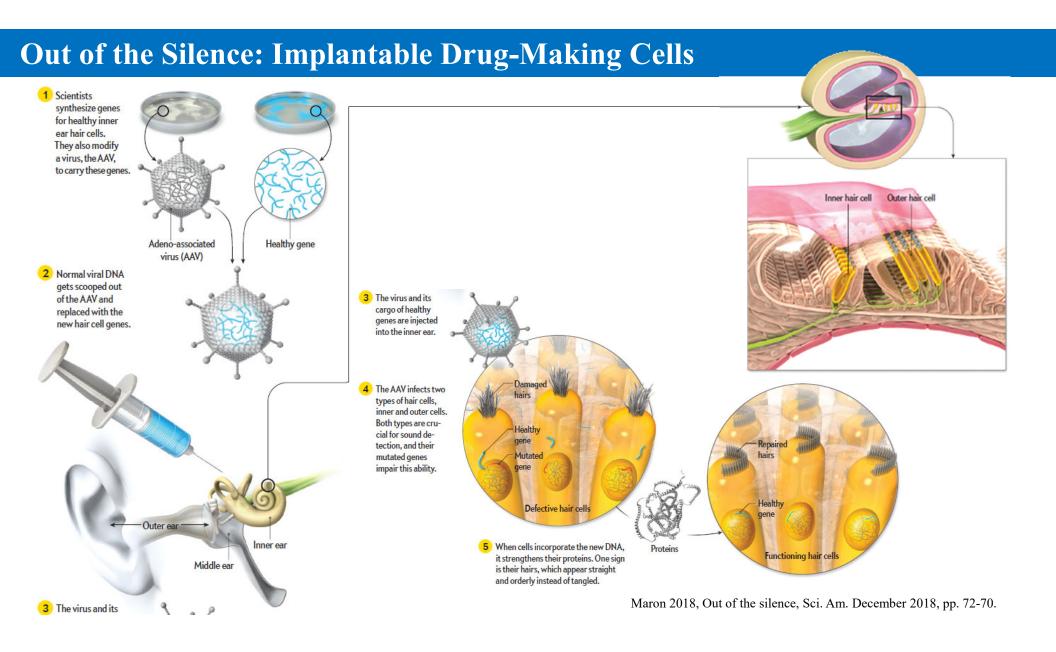
than non-replicating mRNA.

basic elements including a cap, 5' UTR, 3' UTR, and

poly(A) tail of variable length. Self-amplifying RNA

membrane. LNP systems, which have been found to be the most potent vaccine formulatinos, utilize a pH-sensitive ionizable cationic lipids and endosome, the lower pH environment ionizes the cationic lipids, which hexagonal phase (Hn) that disrupts the endosome and facilitates release

Blakney 2021, An update on self-amplifying mRNA vaccine development



Implantable Drug-Making Cells

Therapies can be released in the body as needed—without getting attacked by the immune system. By Sang Yup Lee

Many people with diabetes prick their fingers several times a day to measure blood sugar levels and decide on the insulin doses they need. Implants of pancreatic cells that normally make insulin in the body—so-called islet cells—can render this cumbersome process unnecessary. Likewise, cellular implants could transform treatment of other disorders, including cancer, heart failure, hemophilia, glaucoma and Parkinson's disease. But cellular implants have a major drawback: recipients must take immunosuppressants indefinitely to prevent rejection by the immune system. Such drugs can lead to serious side effects, including an increased risk of infection or malignancies.

Over several decades scientists have invented ways to enclose cells in semipermeable protective membranes that keep the immune system from attacking the implanted cells. These capsules still allow nutrients and other small molecules to flow in and needed hormones or other therapeutic proteins to flow out. Yet keeping the cells out of harm's way is not enough: if the immune system views the protective material itself as foreign, it will cause scar tissue to grow over the capsules. This "fibrosis" will prevent nutrients from reaching the cells, thereby killing them.

Now investigators are beginning to solve the fibrosis challenge. For instance, in 2016 a team at the Massachusetts Institute of Technology published a way to make implants invisible to the immune system. After producing and screening hundreds of materials, the researchers settled on a chemically altered version of a gel called alginate, which has a long history of safe use in the body. When they implanted islet cells encapsulated in this gel into diabetic mice, the cells immediately produced insulin in response to changing blood sugar levels—keeping them under control over the course of a six-month study. No fibrosis was observed. In separate work, the team later reported that blocking a particular molecule (the colony-stimulating factor 1 receptor) on macrophages, which are immune cells important in fibrosis, can inhibit scarring. Adding such a blocker should further enhance the survival of implants.

Several companies have formed to develop encapsulated-cell therapies. One of these, Sigilon Therapeutics, is advancing the technology developed at M.I.T. to design treatments for diabetes, hemophilia and a metabolic disorder called lysosomal storage disease. Pharmaceutical company Eli Lilly is partnering with Sigilon on the diabetes work. In other examples, Semma Therapeutics is also focusing on diabetes, using its own technology; Neurotech Pharmaceuticals has implants in clinical trials for glaucoma and various eye disorders marked by degeneration of the retina; Living Cell Technologies is running clinical trials of implants for Parkinson's and is developing therapies for other neurodegenerative conditions.

Today the cells being incorporated into capsules are drawn from animals or human cadavers or are derived from human stem cells. One day implantable cell therapies may include a broader array of cell types, including some engineered through synthetic biology—which reprograms a cell's genetics to make it perform novel functions, such as controlled, on-demand release of specified drug molecules into a tissue. These are still early days. Neither the safety nor the efficacy of encapsulated-cell therapy has been proved in large clinical trials, but the signs are encouraging.

Pancreatic Islet Cell Replacement Therapy

Vertex Pauses Islet Cell Study After Patient Deaths (Miriam E. Tucker, January 10, 2024)

Vertex Pharmaceuticals, Inc. has paused a study of its investigational allogeneic stem cell–derived, fully differentiated pancreatic islet cell replacement therapy (VX-880) following two patient deaths. Neither death is related to VX-880, the company said in a January 8, 2024, investor statement, noting that "Vertex has placed the study on a protocol-specified pause, pending review of the totality of the data by the independent data monitoring committee and global regulators." No further information about the deaths was provided. In response to an inquiry from Medscape Medical News, a Vertex spokesperson said, "We plan to share the full data set at an upcoming medical meeting." In the phase 1/2 study, 14 patients with type 1 diabetes and impaired hypoglycemia awareness or recurrent hypoglycemia received portal vein infusions of VX-880 along with standard immunosuppression. As of the last data cut, all 14 patients demonstrated islet cell engraftment and production of endogenous insulin. After more than 90 days of follow-up, 13 of the patients have achieved A1c levels < 7% without using exogenous insulin. The safety profile of VX-880 to date is consistent with immunosuppression, the perioperative period, and past medical history, Vertex says.

One of the two patients who died was 66-year-old Brian E. Shelton, the first person to receive VX-880 after living 40 years with type 1 diabetes. Vertex first reported his results in October 2021. At 90 days after a single half-dose of VX-880, his C-peptide level rose from undetectable to 280 pmol/L fasting, his A1c dropped from 8.6% to 7.2%, and his daily insulin requirements dropped from 34 to just 2.9 units per day. In contrast to the five severe hypoglycemic episodes Shelton had experienced in the year prior to the transplant, he had only some mild episodes soon after the procedure but none thereafter. In November 2021, Shelton's story appeared in The New York Times. Vertex provided subsequent study updates at the 2022 American Diabetes Association (ADA) annual Scientific Sessions, the 2023 ADA Scientific Sessions, and the 2023 European Association for the Study of Diabetes meeting. By fall 2023, three patients, including Shelton, had achieved insulin independence by day 180 post-transplant. According to Shelton's obituary, "Brian was the first human with Type I Diabetes to receive lab grown stem cells to replicate the natural action of insulin-producing cells, and to be independent of insulin injections until his death. The clinical trial was performed at Massachusetts General Hospital in Boston in July of 2021. He was extremely proud of this accomplishment, and what it means for the future of diabetes research and the health of diabetics worldwide." In a statement on Facebook, the type 1 diabetes advocacy group JDRF said it mourns the loss. "Brian was a type 1 diabetes trailblazer whose participation in this clinical trial showed that cures for type 1 diabetes are possible.... Our thoughts are with Brian's family and friends."

Vertex is continuing with a phase 1/2 clinical trial of a different product, VX-264, which encapsulates the same VX-880 cells in a device designed to eliminate the need for immunosuppression.

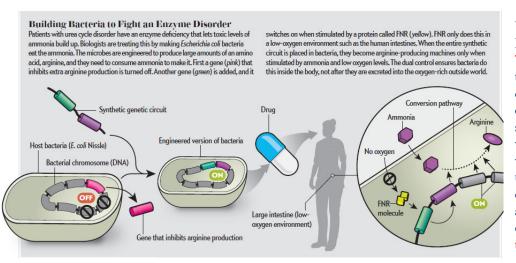
Miriam E. Tucker is a freelance journalist based in the Washington, DC, area. She is a regular contributor to Medscape, with other work appearing in the Washington Post, NPR's Shots blog, and Diabetes Forecast magazine. She is on X (formerly known as Twitter) @MiriamETucker.

https://www.medscape.com/viewarticle/vertex-pauses-islet-cell-study-after-patient-deaths-2024a10000oe?ecd=mkm ret 240128 mscpmrk endo top etid6267024&uac=70212FJ&impID=6267024

Transformers: Microbes for Patient-Saving Drugs

Billions of tiny, toxin-gobbling contraptions can be used to cure a crippling disease. The devices are not made from the usual machine parts of metal, wire or plastic. They are rebuilt organisms: bacteria, reconstructed from the inside out to perform an intricate feat of medical care. The circuit is designed to first fabricate a cancer drug inside the bacterium. It then directs the microbe to slip into the interior of a tumor, carried by the bloodstream, and self-destruct. When the microbe bursts apart, it releases its payload of drugs.





Unnatural Responsibilities Synthetic biology offers unusual rewards and risks. By Kevin M. Esvelt

To fight an evolving pathogen, use an evolving cure. There are problems, though, in bending nature to our own ends. Adopting an organism to work for us means it is using energy that could otherwise be spent replicating, so it will not reproduce as well as competitors. Evolution will constantly select for faster-reproducing mutants that no longer do what we want. Biology's greatest strength is its capacity to replicate and evolve, but that also presents the greatest challenge. One way around this is to incorporate limits on the ability to change, particularly for those few cases where our changes might be able to spread in the wild. For example, one approach is to employ unnatural amino acid tethers: they make essential proteins within cells wholly dependent on chemicals that do not exist in nature. If the amino acids are withheld, the proteins will not function, and the bacteria cannot grow out of control. We are also better at building within the scope of evolutionary limits: microbes are now programmed to release a burst of complex molecules and then die, mostly avoiding evolutionary selection against production.

Engineered viruses that target bacteria will kill invading pathogens, multiply until the invaders are gone and then stop, leaving the patient untouched. We must also be careful to make sure benefits always outweigh the risks of reworking organisms. Mistakes are inevitable. Thus, the projects have to be worth it, especially the earliest examples that must justify the technology to the world.

Building cells that can selectively destroy cancer or cure diabetes is something everyone can get behind. The greatest biological risk to civilization stems from pandemics of infectious disease. Until now, these were inevitable, but we might soon use biotechnology to stop them. Ordinarily, a person's body confronts an invading pandemic pathogen by evolving its own defenses, creating a whole series of antibodies in the hope that one will effectively neutralize the invader. It is a process of trial and error that takes time; this is why you are typically sick for three to four days before getting well. Sometimes that is just too long, and people die. A better strategy is to give the human body a head start: Take the genes for several known protective antibodies, put them into the harmless shell of a virus and inject that virus into people. The virus enters their cells, which then start to churn out already optimized protective antibodies against the invader, ending the threat. c

Waldholz 2017, Transformers. Sci. Am. April 2017, p. 46.

Virus and Antibodies				

Ebola Virus and Plantibody

Antibodies can be made by plants, and thus, antibodies can be produced by farming. This is called **Pharming**.

ADVANCES



KNOWTHE Plantibody:

(n.) A human antibody produced by plants.

This past summer doctors treated two Americans infected with Ebola virus with an experimental drug created by Mapp Biopharmaceutical. Both patients lived, although experts are not certain whether the drug contributed to their survival. Named ZMapp, it is a mixture of different antibodies that bind to the virus—and is made by tobacco plants.

Plants do not have antibodies of their own, but they nonetheless have the cellular machinery to make these infection-fighting proteins. Researchers first recognized such potential in 1989 and went on to hijack a tobacco plant's biology to synthesize human antibodies. Since then, several biotech companies have been developing plantibodies that could treat diseases, such as Ebola and rabies.

Plantibody production is straightfor-

ward: scientists insert the gene for an antibody into a disarmed virus, which is taken up by a plant's leaves. Using the new DNA, the plant builds the human proteins. Scientists extract them about a week later. The process takes a little over a month—a faster and cheaper means of manufacturing than using hamster ovary cells, which is the standard. Growing the plants is inexpensive, says Julian Ma, an immunologist at St. George's, University of London. "It's basically just soil and water you're paying for."

Despite its ease, plantibody production is not widespread. Most large pharmaceutical companies are reluctant to make the switch because they have invested so much money in ovary cells, Ma says. Until plantibody drugs go

through regulatory processes, smaller



biotech companies most likely will be the ones producing them.

Plantibodies in development include those designed to target HIV, herpes, cancer and rabies. ZMapp itself is nearly ready to enter clinical trials: a recent study of Ebola-infected monkeys demonstrated its effectiveness. Experts estimate that plantibodies will not go on the market for at least five years, but that projection may change. In September the U.S. Department of Health and Human Services announced that it would like to accelerate ZMapp tests in an 18-month push.

-Annie Sneed



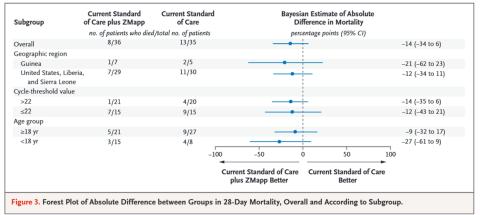
December 2014

ZMapp and Its Failure

Data from studies in nonhuman primates suggest that the triple monoclonal antibody cocktail ZMapp is a promising immune-based treatment for Ebola virus disease (EVD).

A total of 72 patients were enrolled at sites in Liberia, Sierra Leone, Guinea, and the United States. Of the 71 patients who could be evaluated, 21 died, representing an overall case fatality rate of 30%. Death occurred in 13 of 35 patients (37%) who received the current standard of care alone and in 8 of 36 patients (22%) who received the current standard of care plus ZMapp. The observed posterior probability that ZMapp plus the current standard of care was superior to the current standard of care alone was 91.2%, falling short of the prespecified threshold of 97.5%. Frequentist analyses yielded similar results (absolute difference in mortality with ZMapp, -15 percentage points; 95% confidence interval, -36 to 7). Baseline viral load was strongly predictive of both mortality and duration of hospitalization in all age groups.

In this randomized, controlled trial of a putative therapeutic agent for EVD, although the estimated effect of ZMapp appeared to be beneficial, the result did not meet the prespecified statistical threshold for efficacy. (Funded by the National Institute of Allergy and Infectious Diseases and others; PREVAIL II ClinicalTrials.gov number, NCT02363322.)



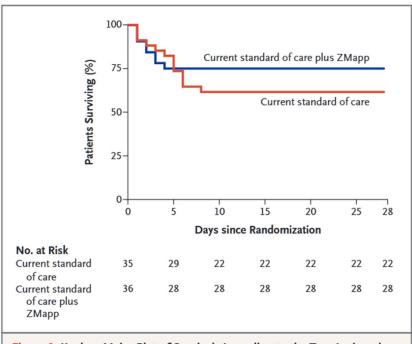


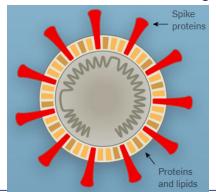
Figure 2. Kaplan-Meier Plot of Survival, According to the Two Assigned Treatment Groups.

There were no deaths in either group after day 8 of the trial.

Darvey 2016, A randomized, controlled trial of ZMapp for ebola virus infection

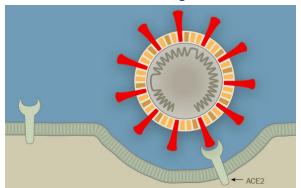
Coronavirus: How Coronavirus Hijacks Your Cells.

The SARS-CoV-2 Coronavirus: The virus that causes Covid-19 is currently spreading around the world. At least six other types of coronavirus are known to infect humans, with some causing the common cold and two causing outbreaks: SARS and MERS.



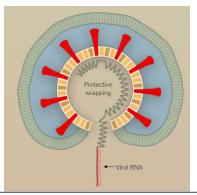
Covered With Spikes

The coronavirus is named after the crownlike spikes that protrude from its surface. The virus is enveloped in a bubble of oily lipid molecules, which falls apart on contact with soap.



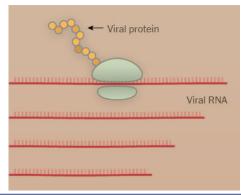
Entering a Vulnerable Cell

The virus enters the body through the nose, mouth or eyes, then attaches to cells in the airway that produce a protein called ACE2. The virus is believed to have originated in bats, where it may have attached to a similar protein.



Releasing Viral RNA

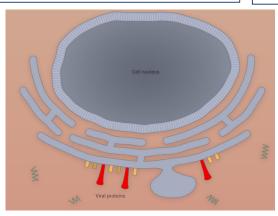
The virus infects the cell by fusing its oily membrane with the membrane of the cell. Once inside, the coronavirus releases a snippet of genetic material called RNA.



Hijacking the Cell

The virus's genome is less than 30,000 genetic "letters" long. (Ours is over 3 billion.) The infected cell reads the RNA and begins making proteins that will keep the immune system at bay and help assemble new copies of the virus.

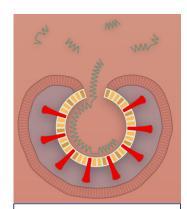
Antibiotics kill bacteria and do not work against viruses. But researchers are testing antiviral drugs that might disrupt viral proteins and stop the infection.



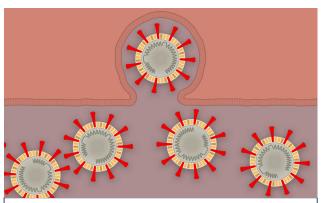
Making Viral Proteins

As the infection progresses, the machinery of the cell begins to churn out new spikes and other proteins that will form more copies of the coronavirus.

Coronavirus: How Coronavirus Hijacks Your Cells.

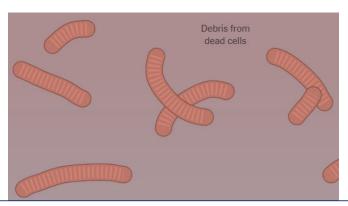


Assembling New Copies
New copies of the virus are
assembled and carried to the
outer edges of the cell.
Spreading the Infection



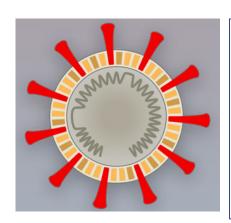
Spreading the Infection

Each infected cell can release millions of copies of the virus before the cell finally breaks down and dies. The viruses may infect nearby cells, or end up in droplets that escape the lungs.



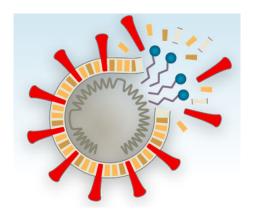
Immune Response

Most Covid-19 infections cause a fever as the immune system fights to clear the virus. In severe cases, the immune system can overreact and start attacking lung cells. The lungs become obstructed with fluid and dying cells, making it difficult to breathe. A small percentage of infections can lead to acute respiratory distress syndrome, and possibly death.



Leaving the Body

Coughing and sneezing can expel virus-laden droplets onto nearby people and surfaces, where the virus can remain infectious for several hours to several days. The C.D.C. recommends that people diagnosed with Covid-19 wear masks to reduce the release of viruses. Health care workers and others who care for infected people should wear masks, too

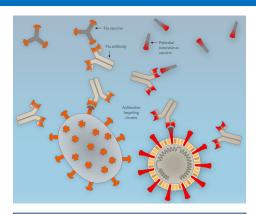


How Soap Works

Soap destroys the virus when the watershunning tails of the soap molecules wedge themselves into the lipid membrane and pry it apart.

The best way to avoid getting infected with the coronavirus is to wash your hands with soap, avoid touching your face, keep your distance from sick people and regularly clean frequently used surfaces.

Coronavirus: How Coronavirus Hijacks Your Cells.



A Possible Vaccine

A future vaccine could help the body produce antibodies that target the SARS-CoV-2 virus and prevent it from infecting human cells. The flu vaccine works in a similar way, but antibodies generated from a flu vaccine do not protect against coronavirus.

Sources: Dr. Matthew B. Frieman and Dr. Stuart Weston, Univ. of Maryland School of Medicine; Fields Virology; Fenner and White's Medical Virology; Nature; Science; The Lancet; New England Journal of Medicine; Centers for Disease Control and Prevention.

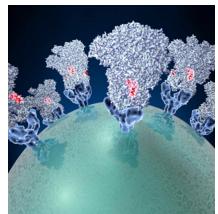
Electron microscopy details infection mechanisms of coronaviruses

High-resolution cryo-electron microscopy and supercomputing have now made it possible to analyse in detail the infection mechanisms of coronaviruses. A research team that included scientists from the University of Washington (UW), the Pasteur Institute and the University of Utrecht has obtained an atomic model of a coronavirus spike protein that promotes entry into cells. Analysis of the model is providing ideas for specific vaccine strategies.

These viruses, with their crowns of spikes, are responsible for almost a third of mild, cold-like symptoms and atypical pneumonia worldwide, David Veesler, UW assistant professor of biochemistry, explained. But deadly forms of coronaviruses emerged in the form of SARS-CoV (severe acute respiratory syndrome coronavirus) in 2002 and of MERS-CoV (Middle East respiratory syndrome coronavirus) in 2012 with fatality rates between 10% and 37%. These outbreaks of deadly pneumonia showed that coronaviruses can transmit from various animals to people. Currently, only six coronaviruses are known to infect people, but many coronaviruses naturally infect animals. The recent deadly outbreaks resulted from coronaviruses overcoming the species barrier. This suggests that other new, emerging coronavirus with pandemic potential are likely to emerge.

The ability of coronaviruses to attach to and enter specific cells is mediated by a transmembrane spike glycoprotein. It forms trimers decorating the virus surface. The structure the researchers studied is in charge of binding to and fusing with the membrane of a living cell. The spike determines what kinds of animals and what types of cells in their bodies each coronavirus can infect.

Using state of the art, single particle cryo-electron microscopy and supercomputing analysis, Veesler and his colleagues revealed the architecture of a mouse coronavirus spike glycoprotein trimer. They uncovered an unprecedented level of detail. The resolution is 4 angstroms, a unit of measurement that expresses the size of atoms and the distances between them and that is equivalent to one-tenth of a nanometre. "The structure is maintained in its pre-fusion state, and then undergoes major rearrangements to trigger fusion of the viral and host membranes and initiate infection," Veesler explained.



Knowing the Enemy, SARS-CoV-2

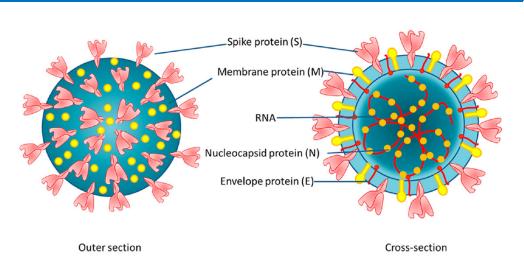


Figure 1. Schematic representing the structure and morphology of SARS-CoV-2.

Chauhan 2020, Comprehensive review on current interventions, diagnostics, and nanotechnology perspectives against SARS-CoV-2

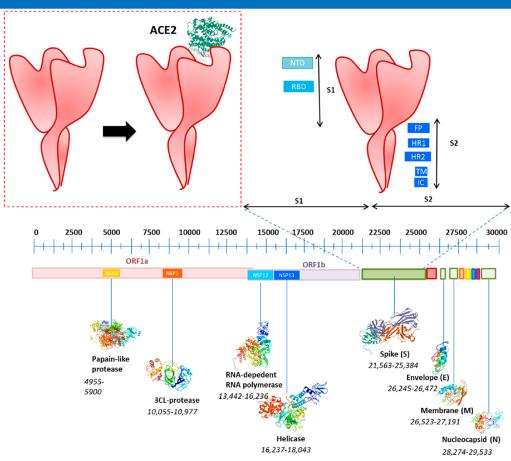


Figure 2. SARS-CoV-2 genome organization, codified proteins, and binding of spike protein to angiotensin-converting enzyme 2 (ACE2) receptor. Inset: illustration of ACE2 interaction with the receptor-binding domain (RBD) of SARS-CoV-2. Abbreviation: S1, receptor binding subunit, S2. membrane fusion subunit; NTD, N-terminal domain; RBD, receptor binding domain; FP, fusion peptide; HR1, heptad repeat 1; HR2, heptad repeat 2; S1, receptor binding subunit; S2, membrane fusion subunit; TM, transmembrane anchor; IC, intracellular tail; NSP, nonstructural protein.

Nanotechnology for COVID-19

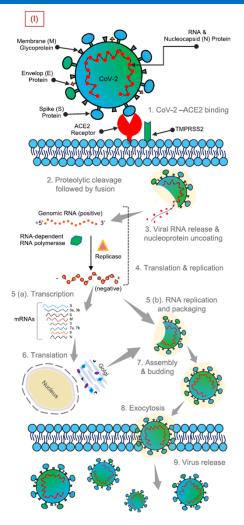
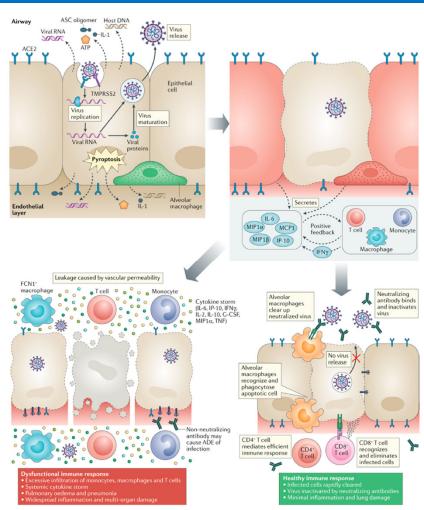


Figure 1. SARS-CoV-2 structure and pathophysiology. (I) SARSCoV-2 life cycle: The viral S protein binds to the ACE2 receptor of the host. Following the entry, there is the proteolytic cleavage of the virus envelope ensuing in the release of genomic RNA in the cytoplasm, and smaller RNAs ("subgenomic mRNAs") are made. These mRNAs are translated to several proteins (S, M, N, etc.) essential for the construction of viral assembly. S, E, and M proteins enter the endoplasmic reticulum (ER), and nucleoprotein complex formation occurs from the combination of nucleocapsid (N) protein and genomic RNA (positive strand). Formation of the complete virus particle (proteins and genome RNA assembly) occurs in ER-Golgi apparatus compartment. Virus particles are then transported and released via vesicles formation and exocytosis.

Figure 2. Healthy and dysfunctional immune response during SARS-CoV-2 infection. A virus-infected cell undergoes pyroptosis and generates molecules (including damage-associated molecular patterns, nucleic acids, ASC oligomers, and ATP) to trigger neighboring epithelial and endothelial cells and macrophages. Pro-inflammatory proteins (cytokines and chemokines) released there migrate the T cells, monocytes, and macrophages to the infection site. A loop of pro-inflammatory feedback is started by IFNy (released by T cells). The healthy immune response following this initial inflammation is comprised of T cell-mediated elimination of the infected cells, neutralizing antibody-mediated (produced by B cells) viral inactivation, macrophage-dependent recognition, and clearance of apoptotic cells by phagocytosis. However, excessive infiltration of immune cells and the resulting cytokine storm leads to a dysfunctional immune response (i.e., multiorgan damage). Antibodydependent enhancement (ADE) of the viral infection may occur as a result of non-neutralizing antibody production by B cells.



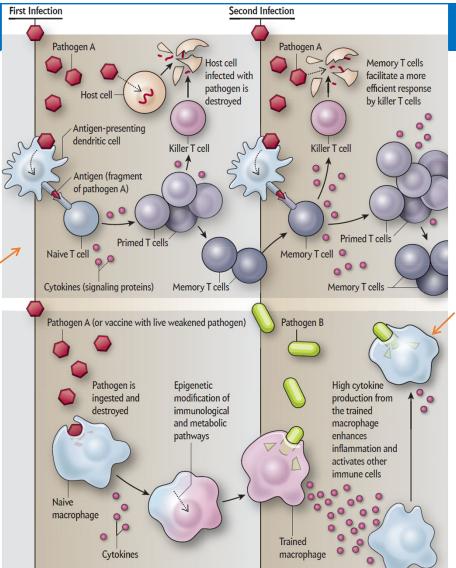
Chauhan 2020, Nanotechnology for COVID-19-Therapeutics and Vaccine Research

Immunization

Double Defenses. The body's immune system has two arms: adaptive and innate. The adaptive arm creates cells that respond only to specific bacteria or other threats. The innate arm has a faster response, but effectiveness against a particular germ is more limited. A new theory holds that this arm can be "trained" by vaccines with live but weakened pathogens to be more potent against a range of germs.

Adaptive Immunity

This part of the immune system begins by capturing pieces of an invading pathogen called antigens. Cells present the antigens-often proteins from bacteria or viruses- to T cells, transforming them from "naive" to "primed." The cells use the antigens to trigger an immune reaction specific to the invader. The response involves killer cells that go after the infected cells, chemical messengers called cytokines that activate other destructive responses and the creation of memory cells that stay in the body to recognize the pathogen, should it show up again. If reinfection happens, memory cells enable the immune system to single out the pathogen and attack it.



Innate Immunity

This arm uses general defense cells called macrophages. They engulf any pathogen and do not have specific targets. But recent research hints that innate components, like adaptive ones, can remember past pathogen encounters. Such encounters may come from a weakened pathogen in a live vaccine, and the meetings mark macrophages "epigenetically": the configuration of their DNA is changed and passed to daughter cells. These changes enhance immunological responses to several pathogens, not just one, and alter macrophages' metabolism to make them more active defenders. Should a different pathogen attack, the cells produce extra cytokines that trigger inflammation and other bodily processes that harm invaders.

COVID-19 Antibody Cocktails



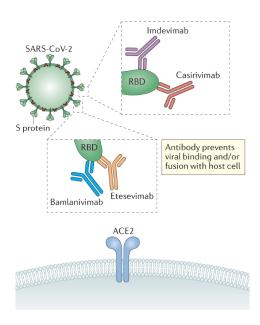
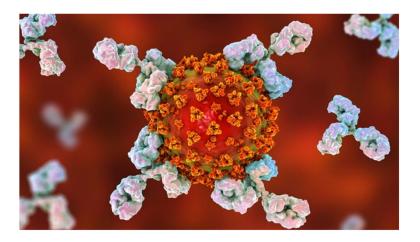


Fig. 3 | Inhibition of SARS-CoV-2 target cell engagement by neutralizing monoclonal antibodies. Neutralizing monoclonal antibodies (mAbs) being developed to combat COVID-19 are generated against the receptor- binding domain (RBD) of the spike (S) protein of severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2). The anti- RBD mAbs prevent binding of the S protein to its cognate receptor, angiotensin-converting enzyme 2 (ACE2), on target host cells.

Taylor 2021, Neutralizing monoclonal antibodies for treatment of COVID-19



AstraZeneca submitted data to the U.S. Food and Drug Administration (FDA) for an Emergency Use Authorization (EUA) for AZD7442 for prevention of symptomatic COVID-19. AZD7442 is a long-acting antibody (LAAB) combination, a cocktail of tixagevimab and cilgavimab, both originating from B-cells donated by patients who recovered from COVID-19. If authorized, it will be the first long-acting antibody cocktail against COVID-19.

FDA authorizes new long-acting monoclonal antibodies for pre-exposure prevention of COVID-19 in certain individuals (December 08, 2021).

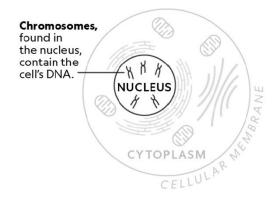
Monoclonal antibodies are laboratory-made proteins that mimic the immune system's ability to fight off harmful pathogens such as viruses. Tixagevimab and cilgavimab are long-acting monoclonal antibodies that are specifically directed against the spike protein of SARS-CoV-2, designed to block the virus' attachment and entry into human cells. Tixagevimab and cilgavimab bind to different, non-overlapping sites on the spike protein of the virus.

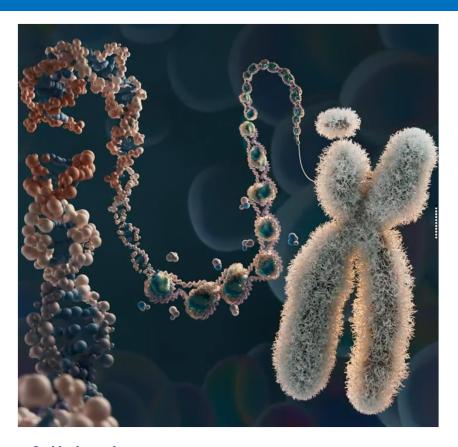
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Over the past three decades, biomedical researchers have identified a number of mechanisms, or "hallmarks," of aging to explain the cellular and molecular processes that damage our cells and cause our bodies to age. Grouped here into three categories, nine of these hallmarks are at the core of cutting-edge efforts to slow aging—the leading risk factor for many major diseases including cancer.

by Jason Treat, Eve Conant, and Kelsey Nowakowksi Illustrations and animation by Markos Kay Published December 28, 2022

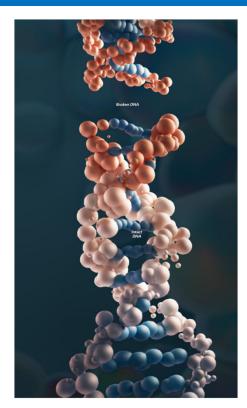




Inside the nucleus

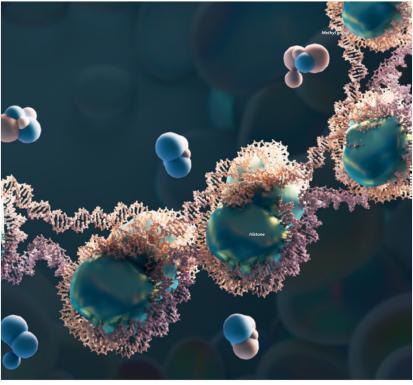
The nucleus is the heart of the cell. Because it contains DNA, the blueprint for all cellular activity, any damage inside the nucleus is serious and can be transmitted to the entire cell, causing a torrent of negative effects.

https://www.nationalgeographic.com/magazine/graphics/aging-hallmarks-damage-cells-disease-feature



Unrepaired DNA

Myriad hazards, such as pollution, are a constant threat to DNA. Our genomes encode processes that address assaults, but the repair isn't always successful and flaws can accumulate, leading to cancer and other diseases.



Defects in DNA regulation

DNA strands are wound around spools of proteins called histones. Genes are turned on and off depending on where methyl groups attach to DNA and histones. When those attachments malfunction, precise coordination of gene activity can be compromised.



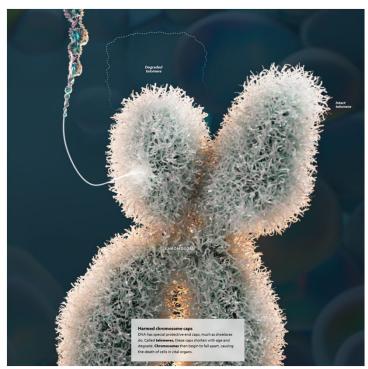
Methylation is a chemical modification of DNA and other molecules that may be retained as cells divide to make more cells. When found in DNA, methylation can alter gene expression. In this process, chemical tags called methyl groups attach to a particular location within DNA where they turn a gene on or off, thereby regulating the production of proteins that the gene encodes.

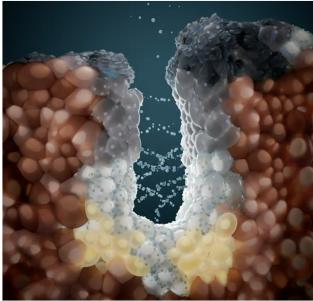
https://www.genome.gov/genetics-glossary/Methylation

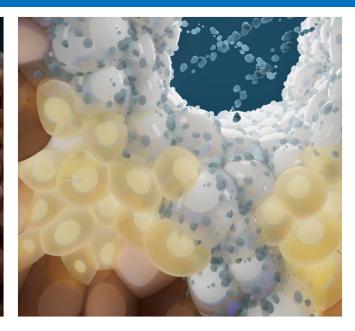


Aubrey 2024, You can order a test to find out your biological age

https://www.nationalgeographic.com/magazine/graphics/aging-hallmarks-damage-cells-disease-feature and the state of the s







Harmed chromosome caps

DNA has special protective end caps, much as shoelaces do. Called telomeres, these caps shorten with age and degrade. Chromosomes then begin to fall apart, causing the death of cells in vital organs.

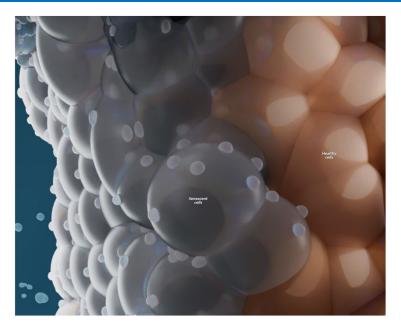
Cellular interactions

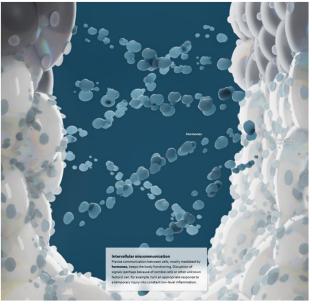
Cells need to be able to communicate with one another for our body's organs to function in an optimal way. When DNA or cells become damaged, as shown here in the intestinal wall, cells can't receive the proper signals.

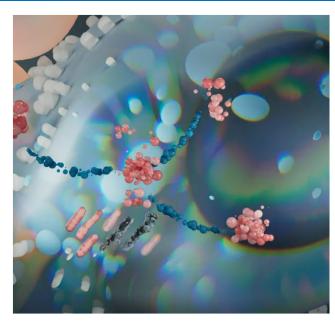
Loss of stem cell function

Our body's ability to repair tissues and organs depends on healthy stem cells—the main source of new cells. But stem cells replicate only on demand, an ability that declines with age.

https://www.nationalgeographic.com/magazine/graphics/aging-hallmarks-damage-cells-disease-feature







Formation of zombie cells

Defective cells can enter a permanent nondividing state called senescence. Sometimes called zombie cells, they can play important roles at times, such as in wound healing. But they accumulate with age and never die. These rogues also secrete molecules that harm neighboring cells.

Intercellular miscommunication

Precise communication between cells, mostly mediated by hormones, keeps the body functioning. Disruption of signals (perhaps because of zombie cells or other unknown factors) can, for example, turn an appropriate response to a temporary injury into constant low-level inflammation.

Inside the cell

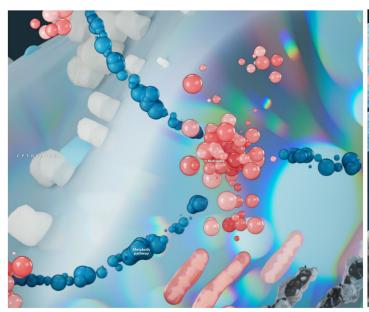
Cells are like factories with many critical, interacting parts. Damage to any of them, including the mitochondria

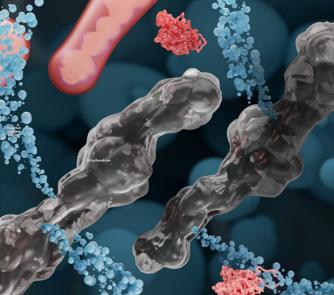
that turn food into energy, will compromise the cell's function. This degradation can eventually affect the cell's nucleus and lead to disease.

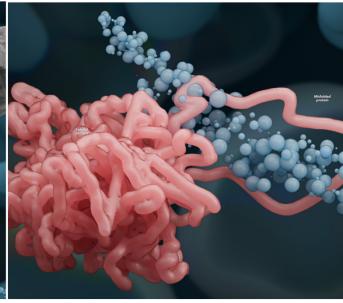
> Mitochondria in the cytoplasm convert nutrients into cellular energy



https://www.nationalgeographic.com/magazine/graphics/aging-hallmarks-damage-cells-disease-feature







Deregulated response to nutrients

When we eat, we supply our cells with nutrients that they need to keep us healthy. But excessive nutrients can exceed the capacity of cells to store and metabolize them, resulting in toxic reactions.

Mitochondrial dysfunction

Mitochondria produce more than 90 percent of a cell's energy and almost all of its free radicals, also called reactive oxygen species. In low amounts these unstable molecules can be useful for signaling stress and triggering maintenance and repair, but too many can be toxic.

Compromised proteins

To regulate chemical reactions and provide cell structure, proteins must fold in precise, origami-like shapes. When they're injured, they misfold and become sticky, clumping together and gumming up the cellular machinery in ways that can lead to diseases such as Alzheimer's and Parkinson's.

https://www.nationalgeographic.com/magazine/graphics/aging-hallmarks-damage-cells-disease-feature

Sources: Steven Austad, University of Alabama at Birmingham; Manuel Serrano, Institute for Research in Biomedicine, Barcelona

Drink the Water of Life using the Right Cup

