Pharmaceutical Polymers

Drug Delivery and Pharmaceutics

Drug Delivery Systems Terminology

Drug delivery systems

Conventional formulations, e.g., tablet, capsule, ointment, and solutions, that release most or all loaded drug(s) immediately without any control. Thus, conventional formulations are usually called "immediate release" or IR formulations.

Controlled release drug delivery systems

Newer formulations that have a built-in technology to control the drug release kinetics over time. The term "controlled" had an additional meaning of maintaining relatively constant drug concentration in the blood over time. However, maintaining a constant drug concentration is difficult, especially for oral controlled release formulations. The formulations are effective as long as the drug concentrations are maintained within the therapeutic index, i.e., above the minimum effective drug concentration and below the maximum safe concentration.

Controlled release drug delivery systems have also been called Sustained-release Systems Extended-release Systems Delayed-release Systems Therapeutic Systems

Drug Delivery Systems = Drug + Everything Else (Excipients)

Excipients should be "generally regarded as safe (GRAS)" materials

Handbook of Pharmaceutical Excipients

Rowe 2009, Handbook of Pharmaceutical Excipients



Sixth edition

Edited by Raymond C Rowe, Paul J Sheskey and Marian E Quinn



The book can be downloaded from the folder "7. Pharmaceutical Polymers"

Controlled Release Drug Delivery Systems

Controlled release, Sustained release, Extended release, Modified release, Programmed release

Long-Acting Systems: Less Frequent Administration -> Improved patients' compliance & convenience

Once-a-day Once-a-week



Disadvantages

Relatively high production cost Dose dumping Surgical operation Difficulty in stopping drug release Biocompatibility issue

Once-a-month Once-a-year





On-demand

People using patient-controlled analgesia, such as the pushbutton Panoject (above), tend to give themselves smaller doses than they would receive in the every-four-hour system.

Norplant: Made of Silicone rubber 36 mg levonogestrel. 85 µg/day (later 30 µg/day) up to 7 years.



Discover Omnipod DASH®

A tubeless, wireless insulin management system that lets you experience more freedom with fewer daily hassles. Wear the Pod for 3 days (up to 72 hours) of continuous insulin delivery, without multiple daily injections. And the convenience doesn't stop there. Get it all through the pharmacy, with no commitment. Even the Personal Diabetes Manager (PDM) comes at no cost with your first box of Pods⁺.

https://www.omnipod.com/

Rationale of Controlled Drug Delivery Systems



The rapeutic Index (TI) = C_{max}/C_{min}

TI values of selected drugs

Drug	TI
Theophylline	∞
Triphenylamine	19,000
Diphenhydramine	2,300
Chlorpheniramine	1,400
Penicillin	>100
Acetaminophen	20-40
Barbiturates	2-7
Quinidine	2-3
Digitoxin	1.5

Candidate drugs for sustained release?

Zero-order release system?

Time

Rationale of Controlled Drug Delivery Systems

Which of the following PK profiles is the best?



Theoretical answer vs. Practical answer

Consider how a new drug is tested and approved. Consider what does personalized medicine mean.

Human Pharmacokinetic Variations

Any small difference in drug release behavior due to formulation changes may be insignificant.

The inter-individual variations are so significant that any small formulation changes are likely to be buried in the inter-individual variations. Thus, the new formulation needs to be 10X better, not 100% (1X) better.



100000-1000 Concentration [ng/ml] 1000 000 100 10 20 12 14 18 22 0 2 8 10 16 24 26 Time [Hours]

Patients on enteric-coated mycophenolate sodium (EC-MPS) showed random PK profiles (Figure 2). For the convenience of the reader, we superimposed the actual PK profiles over the percentiles of the mycophenolate mofetil profiles.

Six individual pharmacokinetic PK profiles of 6 pediatric patients with autoimmune disease on EC-MPS, superimposed on figure 1.

https://ped-rheum.biomedcentral.com/articles/10.1186/1546-0096-8-1

RAL concentrations (circles) versus time standardized for a 400-mg BID dosing in HIV and HIV individuals, with population predictions (solid line) and the 95% prediction interval (dashed lines)

Population Pharmacokinetic Analysis and Pharmacogenetics of Raltegravir in HIV-Positive and Healthy Individuals Arab-Alameddine et al. Antimicrobial Agents and Chemotherapy 56(6): 2959–2966, 2012.

Evolution of Controlled Drug Delivery Systems



Pre-1950

The 1906 Pure Food and Drugs Act

The Pure Food and Drug Act (1906)



Signed by President Theodore Roosevelt in 1906.

It was commonly known as the Harvey Law. But it had many shortcomings and became mute in 1930.

Commemorative 50th Anniversary of Pure Food and Drug Laws stamp first issued by the U.S. Postal Service on June 27, 1956 The Federal Food, Drug, and Cosmetic Act (1938)



Signed by President Roosevelt in June 1938.

New drugs have to be tested for safety before marketing, and the result has to be submitted to FDA in a new drug application (NDA).

Point: Drink a milk from a grocery \rightarrow Safe

https://www.fda.gov/about-fda/fdas-evolving-regulatory-powers/part-iiidrugs-and-foods-under-1938-act-and-its-amendments The Kefauver-Harris Amendments (1962)



Drug manufacturers must prove that their products were both safe and effective for approval.

Safety and effectiveness should consist of "adequate and well-controlled" scientific experiments carried out by "experts qualified by scientific training."

Thalidomide devastation

http://www.fda.gov/ForConsumers/ConsumerUpdates/ucm322856.htm

The Food and Drug Administration (FDA)

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Medicine Shouldn't Be A Luxury

A patent medicine in 1800s.



TikTok @_chelittaditt





American Experience: The Poison Squad

'The Poison Squad' tells the story of government chemist Dr. Harvey Wiley who, determined to banish these dangerous substances from dinner tables, took on the powerful food manufacturers and their allies. (Season 32, Episode 2).



https://www.pbs.org/video/the-poison-squad-5sf93j/

Purdue**TODAY**

January 28, 2020

Current web edition

ADDITIONAL NEWS





Edible 'security tag' to

protect drugs from

PBS show to feature work of one of Purdue's first faculty members

"The Poison Squad," a PBS documentary airing at 9 tonight (Jan. 28), tells the story of government chemist Dr. Harvey Wiley, one of Purdue's first chemistry professors and Indiana's first state chemist. Wiley worked to regulate the safety of food and drugs and is known as the "Father of the Pure Food and Drugs Act." In 1901, Wiley set out to prove Americans were being harmed by chemicals in food and organized volunteers for human trials to test the effects of chemical food preservatives.

counterfeit Manufacturing prescription drugs with distinct markings, colors, shapes or packaging isn't enough to protect them from counterfeiting, U.S. Drug Enforcement Administration reports have shown. Purdue researchers are aiming to stump counterfeiters with an edible

counterfeiters with an edible "security tag" embedded into medicine. To imitate the drug, a counterfeiter would have to uncrack a complicated puzzle of patterns not fully visible to the naked eye.

The Food and Drug Administration (FDA)

Protecting America's Health: The FDA, Business, and One Hundred Years of Regulation





Dr. Harvey Washington Wiley: Creator of the FDA. Professor at Purdue University.



Wiley and some of the first federal scientists of the Bureau of Chemistry (1906).

The first significant clinical study on the effect of food preservatives (1902). (No control group!)

The Poison Squad: One Chemist's Single-Minded Crusade for Food Safety at the Turn of the Twentieth Century

> "By the end of nineteenth century, food was dangerous. Lethal, even. "Milk" might contain formaldehyde, most often used to embalm corpses. Decaying meat was preserved with both salicylic acid, a pharmaceutical chemical, and borax, a compound first identified as a cleaning product.



This was not by accident; food manufacturers had rushed to embrace the rise of industrial chemistry, and were knowingly selling harmful products. Unchecked by government regulation, basic safety, or even labelling requirements, they put profit before the health of their customers. By some estimates, in New York City alone, thousands of children were killed by "embalmed milk" every year. Citizens– activists, journalists, scientists, and women's groups–began agitating for change. But even as protective measures were enacted in Europe, American corporations blocked even modest regulations. Then, in 1883, Dr. Harvey Washington Wiley, a chemistry professor from Purdue University, was named chief chemist of the agriculture department, and the agency began methodically investigating food and drink fraud, even conducting shocking human tests on groups of young men who came to be known as, 'The Poison Squad.'"

https://www.penguinrandomhouse.com/books/312067/the-poison-squad-by-deborah-blum/9781594205149/

The Jungle (1906)

Sinclair. "I aimed at the public's heart (workers' right), and by accident I hit it in the stomach."

Upton Sinclair : The Jungle





A NAUSEATING JOB, BUT IT MUST BE DONE (President Roosevelt takes hold of the investigating muck-rake himself in the packing-house scandal.)

•The effects from the accusations against the meat packing industry in The Jungle led to investigations into the food and patent medicine industry in general.



Upton Sinclair's *The Jungle*

- Laws passed after Congress investigation:
- Meat Inspection Act
 - USDA (US Department of Agriculture)
- Pure Food and Drug Act FDA (Food and Drug
 - Administration)





The Jungle's fictitious characters tell of men falling into tanks in meatpacking plants and being ground up with animal parts, then made into "Durham's Pure Leaf Lard."

Historian Stewart H. Holbrook argues this was nonsense. Sinclair's *The Jungle* was far from

- "The grunts, the groans, the agonized squeals of animals being butchered, the rivers of blood, the steaming masses of intestines, the various stenches... were displayed along with the corruption of government inspectors and, of course, the callous greed of the ruthlose or orders."

ruthless packers.'

https://www.slideshare.net/iRawrPanda/upton-sinclair-and-critics-of-the-jungle

Criticism of Upton Sinclair's The Jungle

•When the sensational accusations of <u>The Jungle</u> became worldwide news, foreign purchases of American meat dropped by <u>HALF!</u> American meat packing companies were losing a huge market share.

•The meatpackers looked for new regulations to give their markets a calming sense of security so the public (and consumers across the world) would trust and buy their meat instead of fearing what was in it.

•Congressional hearings for what became the Meat Inspection Act of 1906 were held by Congressman James Wadsworth's Agriculture Committee:

•"Knowing that a new law would allay public fears fanned by The Jungle, bring smaller competitors under regulation, and put a newly-laundered government stamp of approval on their products, the major meat packers strongly endorsed the proposed act and only argued over who should pay for it."

The Thalidomide Incidence



Above: Kevadon, also known as thalidomide. It was sold chiefly outside the United States as a sedative despite a lack of testing to determine if it was safe. It caused birth defects when taken in the early months of pregnancy, and led to thousands of cases of premature death and, most famously, a fetal disability in which limbs were stunted. The FDA refused to approve it without better safety data.



Thalidomide's horrifying effects on newborns became known in 1962. Distribution of two million tablets by Merrell for investigational use.



Frances Kelsey: Medical officer at FDA Refusal to allow NDA of thalidomide based on insufficient safety data.

History Repeats Itself

Different subjects but the same cycle: Ignorance, Outrage, & New law protecting consumers

Industries for profit

Food industry

Livestock (water consumption and methane (CH₄) emission)

Fishery & Fishing industry

Tobacco industry

Opioid pain killers

Plastics industry

The Danger of Hypes: History rhymes

Importance of the Food & Drug Administration

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Safety and Efficacy of Drug Delivery Systems

TIMELINE FOR DRUG DEVELOPMENT typically spans many years, stretching from preliminary research in the laboratory through human trials, review by a regulatory agency (such as the U.S. Food

and Drug Administration) and, finally, monitoring of drugs on the market. Efforts by the FDA and clinical investigators have shortened the process somewhat, but a thorough trial takes time.



70 Scientific American April 2000



From drug discovery through FDA approval, developing a new medicine takes at least 10 years on average and costs an average of \$2.6 billion, including the cost of the many potential medicines that do not make it through to FDA approval. Less than 12% of the candidate medicines that make it into Phase 1 clinical trials will be approved by the FDA.

Drug Potency

IND: Investigational new drug application NDA: New drug application BLA: Biologics license application

Source: PhRMA adaption based on Tufts Center for Study of Drug Development (CSDD) Briefing: Cost of developing a new drug. Nov. 2014. Tufts CSDD & School of Medicine and US FDA Infographic. Drug Approval Process: http://www.fda.gov/downloads/Drugs/ResourcesForYou/consumers/UCM284393.pdf http://www.phrma.org/advocacy/research-development/clinical-trials https://publicpolicy.wharton.upenn.edu/live/news/1764-debate-over-the-priority-review-voucher/for-students/blog/news.php

FDA Drug Approval Process

What is a drug as defined by the FDA? A drug is any product that is intended for use in the diagnosis, cure mitigation, treatment, or prevention of disease; and that is intended to affect the structure or any function of the body.

PRE-CLINICAL: Drug Sponsor's Discovery and Screening Phase

Drug Developed

Drug sponsor develops a new drug compound and seeks to have it approved by FDA for sale in the United State.

Animals Tested

Sponsor must test new drug on animals for toxicity. Multiple species are used to gather basic information on the safety and efficacy of the compound being investigated/researched.



2 IND Application

The sponsor submits an Investigational New Drug (IND) application to FDA based on the results from initial testing that include the drug's composition and manufacturing, and develops a plan for testing the drug on humans.

http://www.fda.gov/Drugs/ResourcesForYou/Consumers/ucm295473.htm

CLINICAL: Drug Sponsor's Clinical Studies/Trials

3 <u>Phase 1:</u> 20-80

The typical number of healthy volunteers used in Phase 1; this phase emphasizes safety. The goal here in this phase is to determine what the drug's most frequent side effects are and often, how the drug is metabolized and excreted.

4 Phase 2: 100s

The typical number of patients used in Phase 2; this phase emphasizes effectiveness. The goal here is to obtain preliminary data on whether the drug works in people who have certain disease condition. Short-term side effects are studied.

At the end of Phase 2, FDA and sponsors discuss how large-scale studies in Phase 3 will be done.



5 <u>Phase 3:</u> 1000s

The typical number of healthy volunteers used in Phase 3. These studies gather more information about safety and effectiveness, study different populations and different dosages, and uses the drug in combination with other drugs.

FDA Drug Approval Process

Who reviews new drug submissions? A team of CDER physicians, statisticians, chemists, pharmacologists, and other scientists review the drug sponsor's data and proposed labeling of drugs.

NDA REVIEW: FDA's New Drug Application (NDA) Review

6 <u>Review Meeting</u>

FDA meets with a drug sponsor prior to submission of a New Drug Application.

7 NDA Application

The drug sponsor formally asks FDA to approve a drug for marketing in the U.S. by submitting an NDA. An NDA includes all animal and human data and analyses of the data, as well as information about how the drug behaves in the body and how it is manufactured.

Application Reviewed

After an NDA is received, FDA has 60 days to decide whether to file it so it can be reviewed. If FDA files the NDA, the FDA review team is assigned to evaluate the sponsor's research on the drug's safety and effectiveness.

Drug Labeling

8-9

10

FDA reviews the drug's professional labeling and assures appropriate information is communicated to health care professionals and consumers.



PDUFA

Prescription Drug User Fee Act Since the PDUFA was passed in 1992, more than 1,000 drugs and biologics have come to the market, including new medicines to treat cancer, AIDS, cardiovascular disease, and life-threatening infections.

-MEDWAT

PDUFA has enabled the Food and Drug Administration to bring access to new drugs as fast or faster than anywhere in the world, all while maintaining the same thorough review process. Under PDUFA, drug companies agree to pay fees that boost FDA resources, and FDA agrees to time frames for its review of new drug applications.

FASTER APPROVALS

The Accelerated Approval program. The Fast Track program.

Example

FDA Fast-Tracks Experimental Ebola Drug Zmapp (http://www.nbcnews.com/storyline/ebola-virus-outbreak/ebola-drug-zmapp-getsfda-fast-track-n429156) (https://www.statnews.com/2016/10/12/ebola-zmapp-trial-results/) Promising Ebola Drug ZMapp: The Real Lessons of an Inconclusive Study (http://www.livescience.com/56468-ebola-drug-zmapp-study-inconclusive.html)

COVID-19 Vaccine Deevelopment

POST-MARKETING: FDA's Post-Approval Risk Assessment Systems



Because it's not possible to predict all of a drug's effects during clinical trials, monitoring safety issues after drugs get on the market is critical. The role of FDA's post-marketing safety system is to detect serious unexpected adverse events and take definitive action when needed.

http://www.fda.gov/Drugs/ResourcesForYou/Consumers/ucm295473.htm

Clinical Studies: Efficacy Better Than Placebo

Most of the trials done so far on open-label placebos have been small, but the results are starting to add up. A systematic review published last year in Scientific Reports evaluated 13 studies with nearly 800 participants and concluded that open-label placebos exhibit significant positive effects. The reviewers cautioned, though, that in the early stages of research in any field, positive studies are more likely to be published than those not supporting the technique. Still, the unexpected effect has many medical experts intrigued.

The use of placebos in clinical trials really took off in the 1960s, after Congress passed an amendment that authorized the U.S. Food and Drug Administration to require pharmaceutical companies to prove that new drugs were not just safe but also effective. Clinical trials comparing a medicine to a harmless placebo became the accepted way to do that, scientists noted in the New England Journal of Medicine on the amendments' 50th anniversary.

In traditional clinical trials, participants are never informed whether they are receiving the drug or the placebo. Scientists evaluating the trial data are not told either, so the results are supposed to be more directly comparable and less likely to introduce bias.

The fact that it's prescribed by a physician is also key, experts say. "A placebo isn't about the pill. It's the ritual of the pill," Kaptchuk says.

"This is not about believing you're going to get better," Kaptchuk surmises. "In my opinion, this is about the body knowing something that's not conscious."

"The mind plays such an important role in patient recovery," Krystal says. Like all placebos, open-label ones take advantage of the bond between doctors and patients that is "one of the most special and unique connections among people in our society."



Landau 2022, Why a placebo can work-even when you know it's fake

https://www.nationalgeographic.com/magazine/article/why-a-placebo-can-workeven-when-you-know-its-fake?rid=FF526C1F1B0738788B420FE1D0034350&cmpid=org%3Dngp%3A%3Amc%3Dcrm-email%3A%3Asrc%3Dngp%3A%3Acmp%3Deditorial%3A%3Aadd%3DHealth 20220925&loggedin=true

Clinical Studies are Essential for Safety and Efficacy

COVID-19 Vaccine Development



FDA Approvals of Novel Drugs



FDA's Center for Drug Evaluation and Research (CDER) evaluates new drugs before they can be sold.

The center's evaluation not only prevents quackery, but also provides doctors and patients the information they need to use medicines wisely. CDER ensures that drugs, both brand-name and generic, are effective and their health benefits outweigh their known risks.

BLA: Biologics license application NME: New molecular entity

http://www.fda.gov/Drugs/DevelopmentApprovalProcess/DrugInnovation/ucm483775.ht Https://www.fda.gov/drugs/developmentapprovalprocess/druginnovation/ucm592464.htm

http://www.fda.gov/Drugs/ResourcesForYou/Consumers/ucm295473.htm https://www.fda.gov/drugs/new-drugs-fda-cders-new-molecular-entities-and-new-therapeutic-biological-products/novel-drug-approvals-2021

Why is it So Difficult to Develop a New Drug?

Drugs don't differentiate: Not enough sound therapeutic hypotheses!

No rationale in picking targets based on human biology

No human phenotype for drug efficacy testing

Incomplete understanding of biological function or molecular mechanism of disease-associated variants, genes & pathways

Conventional modalities (e.g., small molecules, monoclonal antibodies) modulate <20% of targets

New modalities are desperately needed, but today are limited by delivery and pharmacological properties

Trial and Error Approach



Precision medicine: patient subsets for whom therapeutic intervention works better

 $http://www.nationalacademies.org/hmd/ \sim /media/Files/Activity\%20 Files/Research/DrugForum/2017\%20 MAR\%208/Plenge\%20-\%20 Session\%20 IV.pdf$

Alzheimer's Disease

Science and technology

The Economist July 25th 2015

Dementia

Flattening the slope

A glimmer of hope in the fight against a dreadful illness

ALZHEIMER'S disease is incurable, and only barely treatable. Drugs such as Aricept bring temporary relief, but nothing halts its onward march. There was therefore a lot of excitement, among researchers and journalists alike, in the lead-up to a lecture given on July 22nd at the Alzheimer's Association International Conference, in Washington, DC. The talk was entitled "Delayed Start Studies in the Assessment of Potential Disease Modifying Effect". Translated into English, that meant the researchers presenting the paper, who work for Eli Lilly, a big pharmaceutical company, thought they had come up with something which slows down the illness's progression.

Their something is an antibody, called solanezumab by its inventors, that sticks to beta amyloid. This is one of the proteins which contribute to the plaques and tangles of matter in the brain that are characteristic of the disease. The researchers hoped, when they began the study, that solanezumab might slow down plaque formation and give a patient extra years of lucidity.

When Lilly tested the drug in 2012, they found little evidence of success—except in those with mild, early-onset Alzheimer's, for whom there were hints that the progression of the disease had been slowed. But by extracting this group from the rest, and concentrating on them, the firm's scientists have discovered something more hopeful. Their delayed-start trial worked like this. Three and a half years ago, the 1,300 qualifying patients were divided into two groups. One lot were put on solanezumab immediately. The others were given a placebo for the trial's first 18 months, and thereafter switched to the real thing, which they have now been taking for two years.

In cognitive tests that use a quantitative scale of dementia's effects, those in the delayed group fell behind the others in the months when they were on the placebo. Once they switched to the drug, their rate of decline slowed to match that of those who had been on treatment since the beginning. The antibody appeared, in other words, to be slowing the disease's progress. This is nowhere near a cure. It may, however, point the way to one. Perhaps a different antibody, or a combination, would have a greater effect.



https://www.nytimes.com/2016/11/23/healt h/eli-lillys-experimental-alzheimers-drugfailed-in-large-trial.html?_r=0

Lilly Announces Top-Line Results of Solanezumab Phase 3 Clinical Trial INDIANAPOLIS, Nov. 23, 2016 /CNW/ -- Eli Lilly and Company (NYSE: LLY) today announced that solanezumab did not meet the primary endpoint in the EXPEDITION3 clinical trial, a phase 3 study of solanezumab in people with mild dementia due to Alzheimer's disease (AD).

Patients treated with solanezumab did not experience a statistically significant slowing in cognitive decline compared to patients treated with placebo (p=.095), as measured by the ADAS-Cog₁₄ (Alzheimer's Disease Assessment Scale-Cognitive subscale). https://investor.lilly.com/releasedetail.cfm?ReleaseID=1000871

Solanezumab is a humanized monoclonal IgG1 antibody directed against the middomain of the A β peptide. It recognizes soluble monomeric, not fibrillar, A β . The therapeutic rationale is that it may exert benefit by sequestering A β , shifting equilibria between different species of A β , and removing small soluble species of A β that are directly toxic to synaptic function. In preclinical research, a single injection of m266, the mouse version of solanezumab, reversed memory deficits in APP-transgenic mouse models while leaving amyloid plaques in place, raising the prospect of targeting the soluble pool of A β http://www.alzforum.org/therapeutics/solanezumab

Failed Alzheimer's trial does not kill leading theory of disease

The drug, and others based on the 'amyloid hypothesis', are still being tested in other, different trials.

Alison Abbott & Elie Dolgin.

Nature 540: 15-16, 2016



Brain of healthy 70-year-old (left) compared with brain of 70-year-old with Alzheimer's (right).

http://www.nature.com/news/failed-alzheimer-s-trial-does-not-kill-leading-theory-of-disease-1.21045

Merck Scraps Disappointing Experimental Cholesterol Drug

Merck has decided to abandon efforts to market a closely watched experimental cholesterol medicine after mediocre test results. Merck's decision Wednesday to not seek regulatory approval after years of testing marks the fourth time this type of oncepromising drug has been scrapped. Merck had continued to study its drug, a so-called CETP inhibitor called anacetrapib, long after rivals had given up on similar drugs.

Merck raised hopes when it announced in June that anacetrapib not only lowered cholesterol, but also reduced heart attacks, deaths and other heart disease complications. But in August it disclosed the pill only cut those risks 9 percent. That would have limited sales of the drug, if it had won regulatory approval, in part because cheap, genetic statin drugs lower cholesterol well for most people.

Generic versions of brand-name statin cholesterol pills including Lipitor, Crestor and Merck's own Zocor now cost \$10 to \$20 a month. Repatha and Praluent, two new injected medicines in a different drug category that have been shown to dramatically reduce cholesterol, cost \$14,000 a year.

Georgetown University cardiologist Dr. Allen J. Taylor said he thinks the drug would be approved by the Food and Drug Administration despite its "relatively weak benefit."

"If you were discussing this with patients," Taylor said, "you would have to tell them that when you start this, you'll have to take it for four years to have a 1 percent chance of preventing an event," meaning a heart attack or a procedure such as bypass surgery or implanting a stent to keep an artery open.

Linda A. Johnson. 10/12/2017

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https://www.pharmpro.com/news/2017/10/merck-scraps-disappointing-experimental-cholesterol-
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drug?et_cid=6133840&et_rid=54728378&location=top&et_cid=6133840&et_rid=54728378&linkid=https%3a%2f%2fwww.pharmpro.com%2fnews%2f2017%2f10%2fmerck-scraps-disappointing-experimental-cholesterol-drug%3fet_cid%3d6133840%26et_rid%3d%subscriberid%%%26location%3dtop

https://www.pharmpro.com/news/2017/08/new-drug-reduces-heart-attacks-enough?cmpid=horizontalcontent

Animal Models for Cancer Studies



Commonly used animal models for cancer studies. (Dhumal et al., Preclinical animal models for cancer research and drug discovery, in Bose & Chaudhari, Eds., Unravelling Cancer Signaling Pathways. 2019.) https://www.eara.eu/why-are-animals-used-cancer-research

Das et al., Importance of animal models in the field of cancer research & Karakurt et al., Animal model of human cancer: malignant lymphoma/ colon cancer/lung cancer/liver cancer/brain tumors/skin cancer (in Pathak 2023, Handbook of Animal Models and its Uses in Cancer Research)

Animal Models



Improving the translatability of animal models

ACD Working Group on Enhancing Rigor, Transparency and Translatability in Animal Research Report, 2021

- Advised how NIH can help researchers improve rigor, transparency, and reproducibility of animal research
- Overarching goals
 - o Increase confidence in quality and applicability of research o Ensure animal subjects used with consideration of ethics and
 - harm-benefit analysis

NIH 2021, ACD working group on enhancing rigor, transparency, and translatability in animal research



Definition: An animal model is a non-human species used in biomedical research because it can mimic aspects of **a biological process or disease** found in humans. Animal models (e.g., mice, rats, zebrafish and others) are sufficiently like humans in their anatomy, physiology or response to a pathogen that researchers can extrapolate the results of animal model studies to better understand human physiology and disease. By using animal models, researchers can **perform experiments that would be impractical or ethically prohibited with humans**. --- Overall, animal models have proven valuable in studies of nearly every human condition.

(https://www.genome.gov/genetics-glossary/Animal-Model#)

How to Improve Animal Models for Better Treatment?

It's Not the Animal Model, Inadequate. It's the Human Use, Inadequate.

Much of the published animal data on nanomedicine is irrelevant to clinical translation.

- Our interpretation of the animal data is often too optimistic.
- Most animal data are presented in a highly positive way to increase their values.
- Only positive results of animal studies are published.
- One common manifestation of cancer nanomedicine is the use of saline solutions as a control.

Publishing negative results is very difficult, making animal models seemingly unsuitable for studying cancer nanomedicine.

5 -> How to End Selective Reporting in Animal Research

Gerben ter Riet and Lex M. Bouter

5.1

Introduction

Would scientific progress not be a lot swifter and cheaper if we published, in some convenient format, all results from our negative studies too? Although convincing evidence is not available, we think the answer would be affirmative. New empirical results appear daily, but it can sometimes take years for *knowledge* to emerge. Isolated studies may be important, but almost all deeper scientific insights evolve at the meta-level; that is, at the level of collections of similar studies around a particular scientific question. Since the 1980s, in clinical medicine and public health, systematic reviews (often including a meta-analysis) of the literature have been increasingly employed to produce ("meta-level") *knowledge* [1]. These systematic reviews ought to be updated when a new piece of evidence comes along. The crucial role of integration of new findings with existing ones is not always appreciated in animal experimental work, although its justification was eloquently expressed over a century ago:



How to End Selective Reporting in Animal Research Gerben ter Riet and LexM. Bouter (Martic-Kehl 2016, Animal Models for Human Cancer)

Clinical Study Results





Newsweek. November 21, 2014



Hidden Side Effects: Medical Studies Often Leave Out Adverse Outcomes. A new analysis estimates that for nearly half of clinical studies, data goes "missing" when published.

Starting this month, U.S. investigators conducting clinical trials will have to make all their findings publicly available—no matter what outcome a study has—thanks to a new rule from the U.S. Department of Health and Human Services and the U.S. National Institutes of Health. Meanwhile the Evidence-Based Medicine Data Lab at the University of Oxford released a new online tool called TrialsTracker that reveals exactly who is withholding data.

Ryan Mandelbaum. Scientific American. January 2017

Slower Progress in New Drug Development



1964



UNIVAC 1108 (1 MB memory)







Controlled Drug Delivery Mechanisms

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Evolution of Controlled Drug Delivery Systems



Diffusion





Diffusion

Movement of molecules from high concentration to low concentration in water (or in solvent). Both solute and solvent move.

Osmosis

Movement of solvent (water) across a semipermeable membrane from high to low solvent concentration. Only solvent move.

https://sciencenotes.org/osmosis-vs-diffusion-definition-and-examples/

Permeation



https://openoregon.pressbooks.pub/mhccbiology101/chapter/diffusion/

$$D = \frac{kT}{6\pi nr}$$

$$x = \sqrt{2Dt} \ cm^2/s$$

(One dimensional diffusion)
Controlled Release Dosage Forms: Major Components

Drug	+	Drug Delivery Module	+	Platform
		Reservoir		
		Delivery Portal (Exit)		
		Energy Source		
		Rate Controller		

Transdermal Patch

	Occlusive Backing	
	Drug Reservoir	
İ	Rate-controlling Membrane	
	Contact Adhesive	
	Protective Liner	

(not to scale)





Drug Release through a Polymer Membrane (Solution-Diffusion Membrane)

A fresh nonporous, homogeneous polymer membrane.

Concentration on the donor side C_d remains constant. The concentration on the receptor side C_r is zero at t = 0.



Lag time

Drug Release through a Polymer Membrane (Solution-Diffusion Membrane)

A fresh nonporous, homogeneous polymer membrane.

Concentration on the donor side C_d remains constant. The concentration on the receptor side C_r is zero at t = 0.



Drug Release through a Polymer Membrane (Solution-Diffusion Membrane)

A nonporous, homogeneous polymer membrane presaturated with a drug



Different Solubilities in Water and in Polymer



Figure 1. (a) Polymer network membrane (red) of thickness *d*, located at the center of a system of length *L* with penetrants (small blue and green spheres). (b–d) Various scenarios of membrane permeation in a continuum representation. (b) Fick's type of permeation: The penetrant flux *j* is generated by different bulk reservoir concentrations of penetrants c_{0L} (feed side) and c_{0R} (permeate side). (c) Solution–diffusion model with equilibrium penetrant concentrations c_0 in bulk and c_{in} inside the membrane and corresponding diffusion coefficients D_0 and D_{in} . (d) Smoluchowski-type permeation in nonequilibrium: The penetrant flux *j* is generated by a driving force *f* (any forces apart from the Fick type) acting on penetrants, which flows from the feed side to the permeate side. G(z) and D(z) are the position-dependent membrane potential and diffusivity, respectively (see eqs 15 and 16).

Kim 2022, Permeability of polymer membranes beyond linear response

Lag Time Release vs Burst Release



Mechanisms of Controlled Drug Release

Physical Mechanisms

1. Dissolution

Reservoir System Matrix System

2. Diffusion

Reservoir System

Monolithic System

Monolithic Solution System

Monolithic Dispersion System

- 3. Osmosis
- 4. Ion-Exchange

Chemical Mechanisms

- 5. Chemical Degradation
- 6. Enzymatic Degradation

(Reservoir = Encapsulated)

(Monolithic = Matrix)

Dissolution-Controlled System

Reservoir System (= Encapsulated Dissolution System)



Dissolution of the polymeric material (e.g., PEG) is the key to this mechanism. All of the polymers used must be water soluble or degradable.

Matrix Dissolution System

The drug is homogeneously distributed throughout the polymer matrix.

As the polymer matrix dissolves, drug molecules are released.







Fluid-Bed Wurster Coater

Diffusion-Controlled System

Reservoir System (= Encapsulated Diffusion System)



Dissolution of the polymeric material is the key to this mechanism. All of the polymers used must be water soluble or degradable.



polymer matrix









Diffusion-Controlled System

1-Dimension Reservoir Device (Slab)



$$\Delta C = C_s - C$$

Norplant[®] Subdermal Implant



Six matchstick-size silicon rubber rods inserted into the upper arm. Each rod contains 36 mg levonogestrel. The system releases 85 mg/d initially, which declines to 30 mg/d during its useful life (up to 7 years).



Drug release is zero order.

Microporous polypropylene film (Celgard[®]) in disposable butane lighters

Maintain constant flow and flame height, regardless of ambient pressure and fuel level.



Diffusion-Controlled Monolithic System



C_{max}: The maximum drug concentration









FIGURE 6. Cumulative release of bovints serum albumin vs. üms. The matrix was made of ethylfner-viry acetate copolymer and hovine serum albumin. Isandard error of the mean of the oumulative release at each dime point was within 128, Chrom Hitle, D. S. T. et al., J. Praero, Sci., 72, 17, 1989. With permitision.)



Japanese Beetle Lure & Trap

- Lures beetles with pheromones
- No sprays required
- Replace lures every 4-6 weeks

Attracts adult using an irresistible pheromone and floral lure. Set out in mid-June, 50 ft. upwind of vulnerable plants. Includes trap assembly, large-capacity bag and lures. Japanese Beetle Trap lures should be replaced every four to six weeks.

Japanese beetles are metallic green and copper-colored, and usually grow to about 1/2" long. They will eat almost any plant, but especially love beans and corn. This beetle's larvae are rarely noticed, but their diet of grass and vegetable roots can reduce crop yields and weaken lawns.

https://www.gurneys.com/product/japanese-beetle-trap

Osmosis-Controlled System





DUROS® implant technology DURECT



Mean plasma methylphenidate concentrations with Concerta and Immediate-release tablet.

Reverse Osmosis



Seawater undergoes reverse osmosis, in which high pressure forces the water through membranes that remove impurities.



Ion Exchange-controlled Drug Release





SO₃

Drug

Na



Dextromethorphan

Evolution of Drug Delivery Systems









Drug Delivery Routes



Localized Delivery: 1 month \sim 1 year

Implants (IM, SQ): 1 month \sim 1 year





Dissolution-Controlled System

Reservoir System (= Encapsulated Dissolution System)



Dissolution of the polymeric material (e.g., PEG) is the key to this mechanism. All of the polymers used must be water soluble or degradable.

Matrix Dissolution System

The drug is homogeneously distributed throughout the polymer matrix.

As the polymer matrix dissolves, drug molecules are released.







Fluid-Bed Wurster Coater

Columbo: Uneasy Lies the Crown (1990)







Mission: Impossible (1966)





Good morning, Mr. Phelps. ---. Your mission, Jim, should you choose to accept it, is to ---. As always, should you or any of member of your team be caught or killed, the Secretary will disavow any knowledge of your actions. This tape will self-destruct in five seconds. Good luck to you, Jim.



Oral Controlled Drug Delivery Systems

.....

.....

Highly Successful Oral Sustained Release Formulations

12-hour delivery, 24-hour delivery



Ahmed & Naini: Generic oral controlled release product development: Formulation and process considerations. Ch. 19.

Sklar SH. Extended-release drug patents: can they save big pharma's blockbuster medicines from the generic scrap heap?. *Pharm. Law Ind. Rep.* 2006;4(6):1–8.

TABLE 19.1Examples of Branded Extended ReleaseProducts with Associated Patent Claims

			Claim
Brand Product	Generic Name	Patent(s)	Types
Adderall XR®	Amphetamine salts	US 6,322,819	FPK
		US 6,605300	FPK
Biaxin [®] XL	Clarithromycin	US 6,010,718	FPK
		US 6,551,616	F
		US 6,872,407	PK
Concerta®	Methylphenidate	US 6,919,373	PK
		US 6,930,129	PK
Depakote [®] ER	Divalproex	US 6,419,953	F
-	-	US 6,511,678	FPK
		US 6,528,090	FPK
Ditropan [®] XL	Oxybutynin	US 6,124,355	PK
Effexor [®] XR	Venlafexine	US 6,274,171	F, FPK
		US 6,403,120	PK, FPK
		US 6,419,958	PK
Glucophage [®] XR	Metformin	US 6,475,521	F, FPK
Niaspan®	Niacin	US 6,406,715	PK
-		US 6,676,967	PK
Toprol [®] XL	Metoprolol	US 5,001,161	F
Wellbutrin [®] XL	Bupropion	US 6,096,341	FPK

Need for Formulations of Poorly-Soluble Drugs



Gastrointestinal transit



dosage form [⇔]disintegration [⇔]dissolution [⇔]absorption

О solid drug ≈ dissolved drug

Lobenberg 2000, Modern bioavailability, bioequivalence and biopharmaceutics classification system

Biopharmaceutics Classification System

Table 1

BCS classification of drugs and in vitro/in vivo correlation expectations for immediate release products based on the biopharmaceutics class^a

Class	Solubility	Permeability	IVIVC expectation			
	High	High	IVIVC if the dissolution rate is			
	(5~10%)	→35%	slower than the gastric emptying rate, otherwise			
			limited or no correlation			
"	Low	High	IVIVC expected if the in vitro			
	(60~70%)	→30%	dissolution rate is similar to th in vivo dissolution rate, unless			
			the dose is very high			
ш	High	Low	Absorption (permeability) is			
	(5~10%)	→25%	rate determining and limited or no IVIVC with dissolution rate			
IV	Low	Low	Limited or no IVIVC expected			
	(10~20%)	$\rightarrow 10\%$				

THE BIOPHARMACEUTICS CLASSIFICATION SYSTEM A. Solubility

The solubility class boundary is based on the highest strength of an IR product that is the subject of a biowaiver request. A drug substance is considered highly soluble when the highest strength is soluble in 250 mL or less of aqueous media within the pH range of 1 - 6.8 at 37 ± 1°C. The volume estimate of 250 mL is derived from typical BE study protocols that prescribe administration of a drug product to fasting human volunteers with an 8 fluid ounce glass of water. B. Permeability

The permeability class boundary is based indirectly on the extent of absorption (fraction of dose absorbed, not systemic BA) of a drug substance in humans, and directly on measurements of the rate of mass transfer across human intestinal membrane. Alternatively, other systems capable of predicting the extent of drug absorption in humans can be used (e.g., in situ animal, in vitro epithelial cell culture methods). A drug substance is considered to be highly permeable when the systemic BA or the extent of absorption in humans is determined to be 85 percent or more of an administered dose based on a mass balance determination (along with evidence showing stability of the drug in the GI tract) or in comparison to an intravenous reference dose. C. Dissolution

An IR drug product is considered rapidly dissolving when a mean of 85 percent or more of the labeled amount of the drug substance dissolves within 30 minutes, using United States Pharmacopeia (USP) Apparatus 1 at 100 rpm or Apparatus 2 at 50 rpm (or at 75 rpm when appropriately justified (see section III.C.) in a volume of 500 mL or less (or 900 mL when appropriately justified) in each of the following media: (1) 0.1 N HCl or Simulated Gastric Fluid USP without enzymes; (2) a pH 4.5 buffer; and (3) a pH 6.8 buffer or Simulated Intestinal Fluid USP without enzymes.

An IR product is considered very rapidly dissolving when a mean of 85 percent or more of the labeled amount of the drug substance dissolves within 15 minutes, using the above mentioned conditions.

The BCS is used to set drug product dissolution standards to reduce the in vivo bioequivalence (BE) requirements. (G.L. Amidon, H. Lennernas, V.P. Shah, J.R. Crison, A theoretical basis for a biopharmaceutic drug classification: the correlation of in vitro drug product dissolution and in vivo bioavailability, Pharm. Res. 12 (1995) 413-420).

Poorly Soluble Drugs: Amorphous Solid Dispersion





Figure 5. Manufacturing methods of solid dispersion.

Methods	Drugs		
Melting/fusion method	Sulfathiazole [39], clotrimazole [43], albendazole [54], tacrolimus [61], fenofibrate [75], furosemide [85], paclitaxel [86], manidipine [88], olanzapine [89], diacerein [90]		
Solvent evaporation method	Dutasteride [23], tadalafil [50], glimepiride [53], nimodipine [59], diclofenac [68], azithromycin [91], tectorigenin [92], flurbiprofen [93], cilostazol [94], ticagrelor [95], piroxicam [96], indomethacin [97], loratadine [98], abietic acid [99], efavirenz [100], repagnilide [101], prednisolone [102]		
Hot-melt extrusion method	Ritonavir [37], naproxen [46], oleanolic acid [103], efavirenz [104], tamoxifen [105], lafutidine [106], disulfiram [107], bicalutamide [108], itraconazole [109], miconazole [110], glyburide [111]		
Lyophilization/Freeze-drying	Nifedipine and sulfamethoxazole [112], celecoxib [113], meloxicam [114], docetaxel [115]		
Co-precipitation method	Silymarin [116], celecoxib [117], GDC-0810 [118]		
Supercritical fluid method	Ketoprofen [66], irbesartan [119], apigenin [120], carbamazepine [121], glibenclamide [122], carvedilol [123]		
Spray-drying method	Nilotinib [124], spironolactone [125], valsartan [126], rebamipide [127], artemether [128], naproxen [129]		
Kneading method	Cefixime [67], efavirenz [100], domperidone [130]		

PVP: polyvinylpyrrolidone; HPMC: hydroxypropylmethylcellulose; PEG: polyethylene glycol; HPC: hydroxypropylcellulose; HMPC AS: hydroxypropylmethylcellulose acetylsuccinate.

Products	Drugs	Polymers		Company
Afeditab®	Nifedipine	Poloxamer or PVP	Elan Corp, Ireland	
Cesamet®	Nabilone	PVP	Lilly, USA	
Cesamet®	Nabilone	PVP	Valeant F	harmaceuticals, Canada
Certican [®]	Everolimus	HPMC	Nov	artis, Switzweland
Gris-PEG [®]	Griseofulvin	PEG	Nov	vartis, Switzweland
Gris-PEG [®]	Griseofulvin	PVP	VIP	Pharma, Denmark
Fenoglide®	Fenofibrate	PEG	LifeCy	cle Pharma, Denmark
Nivadil®	Nivaldipine	HPC/HPMC	Fujisawa	Pharmaceuticals Co., Ltd
Nimotop®	Nimodipine	PEG		Bayer
Torcetrapib®	Torcetrapib	HPMC AS		Pfizer, USA
Ibuprofen [®]	Ibuprofen	Various	5	Soliqs, Germany
Incivek®	Telaprevir	HPMC AS		Vertex
Sporanox [®]	Itraconazole	HPMC	Janssen Pharmaceutica, Belgium	
Onmel®	Itraconazole	HPMC	Stiefel	
Prograf®	Tacrolimus	HPMC	Fujisawa	Pharmaceuticals Co., Ltd
Cymbalta®	Duloxetine	HPMC AS		Lilly, USA
Noxafil [®]	Posaconazole	HPMC AS	Merck	
LCP-Tacro®	Tacrolimus	HPMC	LifeCy	cle Pharma, Denmark
Intelence®	Etravirine	HPMC	Til	ootec, Yardley, PA
Incivo®	Etravirine	HPMC	Janssen I	Pharmaceutica, Belgium
Rezulin®	Troglitazone	PVP		Pfizer, USA
Isoptin SRE-240)® Verapamil	Various	5	Soliqs, Germany
Isoptin SR-E®) Verapamil	HPC/HPMC	Abbo	tt Laboratories, USA
Crestor®	Rosuvastatin	HPMC		AstraZeneca
Zelboraf®	Vemurafenib	HPMC	CAS	Roche
Zortress®	Everolimus	HPM	IC	Novartis, Switzweland
Kalydeco®	Ivacaflor	HPMC	CAS	Vertex
Kaletra [®]	Lopinavir and Ritona	vir PVP/polyvir	nyl acetate	Abbott Laboratories, USA

Table 2. List of commercial solid dispersions.

Tran 2019, Overview of the manufacturing methods of solid dispersion technology for improving the solubility of poorly water-soluble drugs

Poorly Soluble Drugs: Amorphous Solid Dispersion

table 5. Anticancer drugs investigated for solid dispersions.					
Anticancer Drugs	Carriers	Methods	Attributes of Modified Anticancer Drugs	Reference	Years
Bicalutamide	PVP K30	Solvent evaporation	Using PVP K30 as carrier, SD showed the highest cumulative released percentage (about 98% during the initial 10 min) and stability after 6 months	[134]	2006
Docetaxel	HPMC, PEG	Solvent evaporation	The solubility and dissolution of emulsified SD of docetaxel at 2 h were 34.2- and 12.7-fold higher, respectively, compared to the pure conventional drug	[76]	2011
Docetaxel Poloxamer F68/P85		Freeze-drying	A combination of poloxamer F68 and P85 in the preparation of docetaxel SD not only enhanced solubility, but also improved intestinal permeation	[135]	2016
Etoposide PEG F		Fusion method	The solubility and dissolution of etoposide in SD were higher in comparison with etoposide alone	[136]	1993
Everolimus	НРМС	Co-precipitation	At a ratio of drug to HPMC (1:15), drug release from SD was 75% after 30 min, thereby improving oral absorption of everolimus	[137]	2014
Exemestane	Lipoid® E805/sodium deoxycholate	Freeze-drying	The exemestane SD showed 4-6-fold increase in absorptive transport compared to the pure drug. In addition, AUC _{0.72h} of exemestane SD was 2.3-fold higher in comparison with that of drug alone	[138]	2017
Flutamide	PVP K30, PEG, Pluronic F127	Lyophilization	The dissolution of flutamide was higher (81.64%) than the drug alone (13.45%) using poloxamer 407 as a carrier	[77]	2010
Lapatinib Soluplus, poloxamer 188		Solvent evaporation, hot-melt extrusion	Solubility and dissolution of lapatinib SD were enhanced compared to the drug alone. After 15 min, the drug in SD was released at 92%compared to the drug alone (48%)	[78]	2018
Letrozole CO ₂ -menthol		Supercritical fluid	Solubility of letrozole SD using supercritical fluid is 7.1 times higher compared to that of the conventional drug	[139]	2018
Megestrol acetate	HPMC, Ryoto sugar ester L1695	Supercritical fluid	The SD with drug: HPMC: Ryoto sugar ester L1695 ratio of 1:2:11 showed over 95% rapid dissolution within 30 min. In addition, AUC and C _{max} (0-24h) of drug in SD were 4.0- and 5.5-fold higher, respectively, compared to those in pure drug	[140]	2015

Anticancer Drugs	Carriers	Methods	Attributes of Modified Anticancer Drugs	Reference	Years
Oridonin	PVP K17	Supercritical fluid	The dissolution of oridonin SD significantly increased compared to the original drug. In addition, the absorption of oridonin in SD showed 26.4-fold improvement in BA	[141]	2011
Paclitaxel	Paclitaxel Poloxamer 188, PEG		Paclitaxel SD was successfully prepared, and the drug release from SD was higher than that of the drug alone	[86]	2013
Paclitaxel HPMC AS		Solvent method	The solubility and permeability of paclitaxel were not increased simultaneously through supersaturation in vivo	[133]	2018
Prednisolone	HP-β-CD, PEG, PVP, PEG 4000, MNT, SMP, Cremophor	Solvent evaporation, melting method, kneading method	The in vitro dissolution of prednisolone SD was improved compared with the pure drug	[87]	2011
Raloxifene PVP K30		Spray-drying	The absorption of raloxifene from SD showed 2.6-fold enhanced BA in comparison with the conventional drug	[142]	2013
Sorafenib Soluplus		Spray-drying	The C _{max} and AUC _{0-48h} of sorafenib in SD formulation increased 1.5- and 1.8-fold, resocetuvely, compared with the pure drug	[143]	2015
Tamoxifen	Soluplus	Hot-melt extrusion	The dissolution and BA of tamoxifen in SD were improved compared with the drug alone	[105]	2018
Vemurafenib	HPMC AS	Solvent-controlled precipitation	The BA of vemurafenib in SD was improved 4~5-fold compared to the conventional drug	[144]	2013

HP-β-CD: hydroxypropyl-β-cyclodextrin, MNT: mannitol, SMP: skimmed milk powder.

PVP: polyvinylpyrrolidone; HPMC: hydroxypropylmethylcellulose; PEG: polyethylene glycol; HPC: hydroxypropylcellulose; HMPC AS: hydroxypropylmethylcellulose acetylsuccinate.

Tran 2019, Overview of the manufacturing methods of solid dispersion technology for improving the solubility of poorly water-soluble drugs

Amorphous Solid Dispersions & Crystallinity

Crystallinity: A Complex Critical Quality Attribute of Amorphous Solid Dispersions

Published as part of the Molecular Pharmaceutics virtual special issue "Research Frontiers in Industrial Drug Delivery and Formulation Science".

Dana E. Moseson and Lynne S. Taylor*



ABSTRACT: Does the performance of an amorphous solid dispersion rely on having 100% amorphous content? What specifications are appropriate for crystalline content within an amorphous solid dispersion (ASD) drug product? In this Perspective, the origin and significance of crystallinity within amorphous solid dispersions will be considered. Crystallinity can be found within an ASD from one of two pathways: (1) incomplete amorphization, or (2) crystal creation (nucleation and crystal growth). While nucleation and crystal growth is the more commonly considered pathway, where crystals originate as a physical stability failure upon accelerated or prolonged storage, manufacturing-based origins of crystallinity are possible as well. Detecting trace levels of crystallinity is a significant analytical challenge, and orthogonal methods should be employed to develop a holistic assessment of sample properties. Probing the impact of crystallinity on release performance which may translate to meaningful clinical significance is inherently challenging, requiring optimization of dissolution test

variables to address the complexity of ASD formulations, in terms of drug physicochemical properties (e.g., crystallization tendency), level of crystallinity, crystal reference material selection, and formulation characteristics. The complexity of risk presented by crystallinity to product performance will be illuminated through several case studies, highlighting that a one-size-fits-all approach cannot be used to set specification limits, as the risk of crystallinity can vary widely based on a multitude of factors. Risk assessment considerations surrounding drug physicochemical properties, formulation fundamentals, physical stability, dissolution, and crystal micromeritic properties will be discussed.

KEYWORDS: amorphous solid dispersion, critical quality attributes, processing, physical stability, dissolution, crystallinity





Figure 1. Materials science tetrahedron (MST) as applied to amorphous solid dispersions. The two most popular processing techniques, spray drying and hot melt extrusion, are included to provide examples of key processing variables.



crystals created

Figure 2. Formation pathways of crystallinity in amorphous solid dispersions: (a) incomplete amorphization, (b) nucleation and crystal growth.

Mesoson 2023, crystallinity- a complex critical quality attribute of amorphous solid dispersions

Oral Delivery of Poorly-Soluble Drugs



Fig. 11. Absorption mechanisms implemented by lipidic nanocarriers for improving the oral bioavailability of drug substances.

Oral delivery of anticancer drugs: Challenges and opportunities. Kaushik Thanki, Rahul P. Gangwal, Abhay T. Sangamwar, Sanyog Jain. J. Controlled Rel. 170: 15-40, 2013.

Biological Barriers Everywhere



Figure 1. Overview of the multicellular structure of the BBB.



Figure 2. Junctional complexes of the BBB and permeation pathways across it.

Parrasia 2022, Peptides as pharmacological carriers to the brainpromises, shortcomings and challenges



Figure 1. Modulation of lipophilicity causes complex changes in compound PK. Integrative PBPK models can provide a way to predict these effects and estimate an efficacious dose.

Parrott 2022, Can we predict clinical pharmacokinetics of highly lipophilic compounds by integration of machine learningv

Solubilization Methods for Poorly-Soluble Drugs

Manipulating Solubility by Changing

Solid state properties	Solute-solvent interactions
Particle size	pH control
Polymorphs	Ionic additives
Solvates	Co-solvents
Amorphous forms	Surfactants
_	Complexation
	Polymer micelles
	Hydrotropes

Each solubilization method has advantages and limitations.





Fig. 6. Mechanistic representation of absorption via nanocrystals.

Nanocrystal Formulations in Clinical Use

- 1. Rapamune (sirolimus, Wyeth 2000)
- 2. Emend (aprepitant, Merck 2003)
- 3. TriCor (fenofibrate, Abbott 2004)
- 4. Megace (megestrol acetate, Par 2005)
- 5. Triglide (fenofibrate, Skye Pharma 2005)
- 6. Invega Sustenna (paliperidone palmitate, Janssen 2009)

their routine use in current marketed products. So far, only six commercial products, namely Rapamune (sirolismus, former Wyeth), Emend (aprepitant, Merck), TriCor (fenofibrate, Abbott), Megace (megestrol acetate, Par Pharmaceutical), Invega Sustenna (paliperidone palmitate, Janssen) and Triglide (fenofibrate, Skye Pharma) have resulted from nanocrystal technology [14] and approximately ten solid dispersion NanoCrystal[®] Technology "We are continually faced by great opportunities brillarity dispused as insoluble problems." Lee Jaccoce, American industrialist



Peltonen, L., J. Hirvonen, Pharmaceutical nanocrystals by nanomilling: critical process parameters, particle fracturing and stabilization methods, J. Pharm. Pharmacol. 62(11) 1569-1579.

Rapamune

FMFND

(aprepitant

MEGACEES

fenofibrate tablets & 48 mg

Oral Extended release formulations

Spheroidal Oral DAS

Programmable Oral DAS Dual Release DAS





Seroquel (Quetiapine) AstraZeneca: \$5 Billion Depressive disorder

Nanocrystals for Improving Oral Bioavailability of Drugs





Homogenized product Nanosized particles High pressure homogenizer

Valve seat

Pressure

• '

.

Valve

Wet media milling

Micronizing zone

gap 5-20 micrometre

Oral Delivery: Targeting to GI Tract



Remote control devices

Scientific American. August 2010

Oral Delivery: Gastric Retention Devices

Hwang 1998, Gastric retentive drug delivery systems



FIGURE 5. Devices with densities lower than 1 can be used to make systems floating in (A), or can be made of lower density materials from the beginning (B).



FIGURE 6. Description of the hydrodynamically balanced system (HBS). Diffusion of the gastric fluid to a dried HBS system results in a formation of the gelatinous polymer layer. Drug is released by diffusion and erosion of the gel barrier.



FIGURE 7. Structural characteristics (left) and floating mechanism (right) of the gas-genresults in strong the matching we have been the strong in the strong in the strong in the strong st







FIGURE 12. The system with the coiled arms (left) can unfold the arms (right) in the stomach. The expanded form is expected to resist gastric retention. From Curatolo and Lo.*



FIGURE 13. The tetrahedral form of the device is compressed (arrows in the left figure) for encapsulation (center). In the stomach, the preferred tetrahedral form (right) is restored for extended gastric retention. From Caldwell et al.³⁸



Collapsed state Expanded state





FIGURE 14. The expandable device can swell in the stomach either by absorbing water from the gastric juice or by evaporation of solidified or liquefied gas present in the device



FIGURE 18. A sequence showing the movement of a swollen hydrogel to the pylorus by gastric contractions and retropulsion back to the body of the stomach as visualized by ultrasound and fluoroscopic imaging. From Shalaby et al.¹²⁶



FIGURE 17. A dried superporous hydrogel swells to a huge size in the stomach (A). As the drug is released, the swollen hydrogel can undergo degradation (B) and eventually is emp-tied from the stomach (C).







Mucin molecule





FIGURE 11. Mucoadhesive strength of polycarbophil to rabbit gastric tissue as a function of pH. From Park and Robinson."

ous hydrogen bonding.

Oral Delivery: Gastric Retention Devices



Fig. 2. Esophageal flower-like system. Schematic and prototype images of the flower-like system, illustrating the configurations when folded (before administration), deployed in the esophagus, and folded again following temperature triggering. The components of the design including polymeric arms (light gray), elastic recoil elements (dark gray), hitinol springs (orange), and dissoluble millineedles (green) are shown.



Fig. 4. Flexible mechanical metamaterial as a macrostructure dosage form. The schematic and prototype images of the metamaterial dosage form illustrating the sequence of deployment in stomach and the building components including drug-carrying arms (light gray), elastic hinges (dark gray), and TRLs (orange). The right panel shows temperature-triggered configuration by endoscopically applying warm water (55°C) to trigger the disassembly.



In vivo temperature testing

The temperature in the esophagus and stomach during administration of warm water wasmeasured in a large animal model (three Yorkshire pigs)

Babaee 2019, Temperature-responsive biometamaterials for gastrointestinal applications

Oral Peptide Delivery







Figure 5. Designed macrocycles are orally bioavailable in vivo in rodent models

Plasma concentration of unmodified full-length peptides measured after intravenous (IV), subcutaneous (SQ), and oral (PO) administration in mice (D8.3,p1, D10.1, and D11.3) and rats (D11.2) (n = 3 mice per dosing route for D8.3,p1, D10.1, and D11.3 and n = 3 rats per dosing route for D11.2), D8.3,p1 and D10.1 were studied in female BALB/c mice, D11.2 was studied in male Sprague Dawley (SD) rats, and D11.3 was studied in male swiss albino mice. See also Data 55.

Bhardwaj 2022, Accurate de novo design of membrane-traversing macrocycles

Oral Delivery: Biotherapeutics



Fig.1 RP design. a Fully assembled enteric-coated RP. b Schematic drawing showing various parts and components of the RP. Inset shows the microsyringe containing the needle with the drug microtablet which gets injected into the jeipnal wall. The microtablet and needle are aseptically manufactured in an isolator and hermetically seaded inside a drug chamber which is then inserted in the microsyringe

Fig. 3 a Representative X-ray image of an intact RP residing in the stomach (encircled) showing a radio-opaque ring (which is part of the device) at one end of the device (white arrow) and barium sulfate powder inside the capsule shell at the other end (red arrow). b Representative X-ray image of a deployed RP in the small intestine (encircled). The radio-opaque ring (white arrow) is part of the device whereas barium sulfate is dispersed inside the intestinal lumen (red arrows). c Magnified encircled area from a. d Magnified encircled area from b







PK parameters for Octreotide administered via IV injection and RP

Group	C _{max} (ng/mL)	T _{max} (min)	AUC _{last/Dose} ((min*ng/mL)/(μg/kg))	Bioavailability (% F)
IV Sandostatin (N=6)	11.1 ± 1.6	5	389 ± 22	NA
RP (N=13)	2.4 ± 0.3	50	226 ± 30	65 ± 9

Fig. 5 PK of octreotide in healthy human volunteers. a Time-course of changes in plasma concentrations of octreotide delivered via RP A and B. b Time-course of changes in plasma octreotide levels following octreotide administration either IV (N=6) or orally via the

RP (N=13, groups A and B combined) in healthy human volunteers. Numbers in the table below the graphs are PK parameters for the IV and RP groups. Data are presented as means ± SE

Dhalla 2022, A robotic pill for oral delivery of biotherapeutics

Opioid Use Disorder & Purdue Pharma

https://www.nytimes.com/2021/12/16/health/purdue-pharma-opioid-settlement.html

Judge Overturns Purdue Pharma's Opioid Settlement

The ruling said the company's owners, members of the Sackler family, could not receive protection from civil lawsuits in return for a \$4.5 billion contribution.





Suing the suppliers



https://www.theindianalawyer.com/articles/48769-citing-opioids-devastation-state-sues-purdue-pharma

Purdue Pharma is NOT related to Purdue University
Opioid Use Disorder & Abuse-Deterrent Formulations

Number and age-adjusted rates of drug overdose deaths by state, US 2019



Physical manipulation Coffee grinder Mortar Hamme Cheese grater Razor blade and pestle Opioid drug formulation Smoking Chewing Snorting Powde Extraction by Extraction organic solvents by wate -> Physical manipulation by abuser Action by abuser injection

Figure 1

Various ways of abusing opioid formulations in capsule and tablet forms. Current opioid formulations, including abuse-deterrent formulations, can be easily manipulated into powders for abuse by smoking, snorting, and chewing. The powders can be further treated with water or organic solvents to extract opioids for intravenous injection.



Figure 2

Approaches to abuse deterrence used in opioid drug formulations. Opioid formulations can be prepared in microparticles to deter physical manipulations of dosage forms and/or by adding a gelling agent to hinder opioid extraction. To hinder abuse by smoking, snorting, or chewing, certain agents causing a foul order or a burning sensation can be added, along with agents causing nausea or emesis. An opioid antagonist such as naloxone or naltrexone can be sequestered in a formulation that can be released only if tampered with.

Park 2019, Prevention of opioid abuse and treatment of opioid addiction- Current status and future possibilities

https://www.cdc.gov/drugoverdose/deaths/2019.html



When we provide treatment, we talk about relapse triggers. I'm hard-pressed to think of a bigger relapse trigger than what we're going through now as a country.

DIRECTOR, ADDICTION INSTITUTI AT MOUNT SINAI WES

https://www.ravemobilesafety.com/blog/the-opioid-crisis-and-covid-19

Transdermal Drug Delivery Systems

Transdermal Drug Delivery Systems



S. Kandavilli, V. Nair, and R. Panchagnula. Polymers in transdermal drug delivery systems. Pharm. Tech. May: 62-80, 2002



Fig. 1 Cross-sectional view of several TDS:
(a) pressure-sensitive adhesive (PSA) matrix device;
(b) membrane-moderated TDS;
(c) adhesive-controlled TDS;
(d) microreservoir-type TDS;
(e) matrix dispersion-type TDS.

K. Sugibayashi and Y. Morimoto. Polymers for transdermal drug delivery systems. J. Control. Release 29 (1994) 177-185.

PLGA Nanofibers for Transdermal Delivery







Fig. 4. Schematic figure of cross-sectional view of D-NLCs-Azone-nanofibers.



Fig. 5. In vitro release profile of daidzein from D-NLCs-Nanofibers and D-NLCs- Azone-Nanofibers in Phosphate Buffered Saline (pH 7.4). Keys: (\blacktriangle) D-NLCs- Nanofibers, (\Box) D-NLCs-Azone-Nanofibers. Each value represents the mean±SD (n = 3).

J. Song, X. Fan, Q. Shen. Daidzein-loaded nanostructured lipid carriers-PLGA nanofibers for transdermal delivery. International Journal of Pharmaceutics 501 (2016) 245-252.

Transdermal Patches with Microneedles



Scientific American. April 2003

Microneedle Transdermal Drug Delivery

Phase-Transition Microneedle Patches



Figure 1. Working principle and fabrication process of PTM patches.

A) The microneedles absorb the bodily fluid from the dermis layer to convert form hard glassy state to hydrogel state to allow the preloaded insulin to release to the bodily fluid in the dermis layer.B) The microneedle matrix of PTM is cross-linked to avoid dissolution through microcrystalline domains as the cross-linking junctions via a freeze-thaw treatment while that of HFM is cross-linked through covalent bands as the cross-linking junctions via a chemical reaction. Therefore, insulin can be loaded in the needle tips of PTM to achieve a relative bioavailability of 20%, while insulin has to be loaded at the back of the microneedle array of HFMs that leads to a bioavailability less than 1% due to the extended diffusion pathway.

Sixing Yang, Fei Wu, Jianguo Liu, Guorong Fan, William Welsh, Hua Zhu, Tuo Jin: Phase-Transition Microneedle Patches for Efficient and Accurate Transdermal Delivery of Insulin. Adv. Funct. Mater. 25 (29): 4633-4641, 2015.



Fig. 2 Schematic illustration of the design of PVP MN arrays containing pHresponsive PLGA HMs and their mechanism for codelivery of two different model drugs Alexa 488 and Cy5 in sequence transdermally. After insertion into skin, the first step of rapid release of Alexa 488 and Dil-labeled HMs was accomplished due to quick

Naves 2017, Poly(lactic-co-glycolic) acid drug delivery systems through transdermal pathway: an overview. Prog. Biomater. 6:1-11, 2017.

Polymeric Microneedles for Transdermal Protein Delivery



Fig. 1. Representative types of polymeric MNs for protein delivery. A) Solid MNs coated with polymeric drug formulation on the MNs surface for direct delivery. B) Dissolvable polymeric MNs that remain in the skin and dissolve to deliver the drug encapsulated within. C) Degradable polymeric MNs that remain in the skin and degrade over time. Drug delivery occurs via passive diffusion or degradation of the polymeric matrix. D) Bioresponsive polymeric MNs. Drug release is dependent on the degradation or dissociation of MN matrix and/or formulations from the MN matrix.

Y. Ye, J. Yu, D. Wen, A.R. Kahkoska, Z. Gu. Polymeric microneedles for transdermal protein delivery. Advanced Drug Delivery Reviews 127 (2018) 106-118.





Fig. 1. A schematic representation of five different MN types used to facilitate drug delivery transdermally. (A) Solid MNs for increasing the permeability of a drug formulation by creating micro-holes across the skin. (B) Coated MNs for rapid dissolution of the coated drug into the skin. (C) Dissolvable MNs for rapid or controlled release of the drug incorporated within the microneedles. (D) Hollow MNs used to puncture the skin and enable release of a liquid drug following active infusion or diffusion of the formulation through the needle bores. (E) Hydrogel forming MNs take up interstitial fluids from the tissue, inducing diffusion of the drug located in a patch through the swollen microprojections.

Larraneta 2016, Microneedle arrays as transdermal and intradermal drug delivery systems: Materials science, manufacture and commercial development. Mater. Sci. Eng. R 104 (2016) 1-32

Poly(lactic-co-glycolic acid) Gradient Porous Microneedle Array



Fig. 1. Schematic of modified hot embossing setup for the GMPA fabrication.



J. Li, Y. Zhou, J. Yang, R. Ye, J. Gao, L. Ren, B. Liu, L. Liang, L. Jiang. Fabrication of gradient porous microneedle array by modified hot embossing for transdermal drug delivery. Materials Science and Engineering: C 96 (2019) 576-582



Fig. 6. (a) GPMA loaded with dried Rhodamine B at microneedle tips, (b) rabbit skin punctured by GPMA, and (c) drug diffusion image of punctured skin slice.



Fig. 7. Transdermal insulin delivery in diabetic rats: (a) diabetic SD rats with a weight of approximately 200 ± 20 g were selected, (b) SD rat treated with GPMA patch, (c-d) skin recovery process after removing the GPMA, and (e) BGLs in diabetic rats after transdermal administration of insulin-loaded GPMA and SC injection (n=5).

Transdermal Vaccine Patches

Vaccine Patch: Vaccination without needles, the best idea ever By Caroline Winter. Bloomberg Businessweek. May 18, 2015



Prausnitz's team is working with Emory University to begin clinical trials on the flu patch this summer, and he says he hopes to bring it to market within five years. John Treanor, a flu vaccine expert and professor at the University of Rochester, says one of the patch's major advantages is that users won't have to worry about disposal of contaminated needles.

Medicinal Patches



At China's Chengdu University of Traditional Chinese Medicine hospital, twin sisters Zheng Yue and Zheng Hao wear medicinal patches that contain a formula of herbal medicine used as a seasonal treatment to expel heat from the body during summer. Photograph by Fritz Hoffmann. Nat Geo 2019: A Year in Review

Long-Acting Drug Delivery Systems

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Dimensions of Drug Delivery Systems



Methods for Making Nano/Micro Particle

1. Emulsion methods (W/O/W, S/O/W, W/O/O, S/O/O)



Fig. 3 Summary of the different methods to prepare nanospheres and nanocapsules from a polymer. W/O: water-in-oil, O/W: oil-in-water, W/O/W: water-in-oil-in-water.

Fattal, E. and Vauthier, C. Encyclopedia of Pharmaceutical Technology, pp. 1864-1882, 2002.

2. Atomization methods

Double Emulsion Methods for Microparticle Preparation

Small Hydrophobic Drugs

Peptide and Protein Drugs



Pharmacokinetic Profiles of Long-Acting Formulations

Nutropin Depot[™]

Somatotropin (rDNA origin) for injectable suspension



Trelstar SuspensionTM

Somatotropin (rDNA origin) for injectable suspension

Time (d)

Triptorelin 6-month formulation in the management of patients with locally advanced and metastatic prostate cancer. An openlabel non-comparative, multicenter, Phase III study. Clin. Drug. Investig. 29 (12): 757-765, 3009

Injectable Long-Acting Formulations Approved by the FDA

LupronDepot[®] (leuprolide acetate for depot suspension)

1, 3, 4, 6 months, MP 1989, 1996, 1997, 2011 7.5 mg/month



1, 3 months SI, 1989 3.6 mg/month



1 month MP ,1998 20 mg/month



1 week, IS ,1998 50 mg/week

Nutropin DEPÖT® [somatropin (rDNA origin) for injectable suspension]

1 month MP, 1999 13.5 mg/month (Discontinued) TRELSTAR (triptorelin pamoate for injectable suspension)

1, 3, 6 months, MP 2000, 2001, 2010 3.75 mg/month

Somatulin LA (Lanreotide acetate)

2 weeks MP, 2000 30 mg/2 weeks

Arestin & minocycline HCl 1mg MICROSPHERES

2 weeks MP ,2001 1 mg/2 weeks

[euprolide acetate for injectable suspension]

1, 3, 4, 6 months IS, 2002 7.5 mg/month

2 weeks MP, 2003 25 mg/2 weeks (naltrexone for extended-release injectable suspension) 1 month MP, 2006

380 mg/month

Ozurdex (dexamethasone intravitreal implant) 0.7 mg

3 months SI, 2009 0.7 mg/3 months



1 month SI, 2011 0.37 mg/month

BYDUREON[®] BCise[®]

1 week MP, 2012, 2017 (BCise) 2 mg/week

Lupaneta Pack leuprolide acetate for depot suspension, 11.25 mg for intramuscular injection and norethindrone acetate tablets. 5 mg for oral administration

3 month MP ,2012 3.75 mg/month (pasireotide) for injectable suspension **1 month**, MP, 2014 20, 40, 60 mg/month

Triptodure (triptorelin) for extended release injectable suspension

6 months MP, 2017 22.5 mg/6 months



3 months MP, 2017 32 mg/3 months

Sublocade^{**} (buprenorphine extended-release)

1 month IS, 2017 100, 300 mg/month

PERSERIS" (risperidone)

1 month IS, 2018 90, 120 mg/month Lutrate Depot (Leuprolide acetate)

3 months MP, 2018 22.5 mg/month

SCENESSE[®] (Afamelanotide Implant)

2 months SI, 2019 8 mg/month

DURYSTA[™] (bimatoprost implant) 10 mcg

4-6 months SI, 2020 10 μg/6 months

- **MP: Microparticle**
- SI: Solid implant
- IS: In Situ forming implant

Pharmacokinetic Profiles of Long-Acting Formulations



Issues with Delivery of Biopharmaceuticals

Protein Formulations

Proteins: Tertiary structures



Factors to consider for formulation: Loading capacity Encapsulation efficiency Release profiles → *In vitro & in vivo* correlation Protein stability → Bioactivity

Polymers: Biodegradable polymers

Scale-up production

Stability



Drug Delivery: Future

Precision Medicine

Pharmacogenetics

The study of genetic factors (heredity) that influence response to drugs and the predisposition to develop adverse effects. The correlation of the DNA sequence of genes to a drug response.

Pharmacogenomics

The implementation of large-scale genomic approaches to this question.

The study of the pattern of expression of genes involved in a drug response in a defined environment.

Pirmohamed 2001, Pharmacogenetics and pharmacogenomics

Precision Medicine

"Doctors have always recognized that every patient is unique, and doctors have always tried to tailor their treatments as best they can to individuals. You can match a blood transfusion to a blood type — that was an important discovery. What if matching a cancer cure to our genetic code was just as easy, just as standard? What if figuring out the right dose of medicine was as simple as taking our temperature?" (B.H. Obama 2015. The precision medicine initiative. https://obamawhitehouse.archives.gov/precision-medicine).





Challenges in pharmacogenomics

Quantifying the economic impact and cost-effectiveness of pharmacogenomic profiling

- Implementing next generation sequencing as a routine clinical measurement
- Distinguishing between functional driver mutations and non-functional mutations when selecting targeted therapies for pharmacological intermetion



Pharmacokinetics or Pharmacodynamics

of a therapeutic compound

Every therapeutic that enters the body follows an identical process of absorption, distribution, metabolism and excretion (ADME) – but one that is specific to that drug.



Pharmacokinetics refers to the sum of these processes.

Technology Nwtworks 2020, Pharmacogenomics - Infographic

Challenges for Future Drug Delivery Systems





Businessweek. May 6, 2002



TIME. January 15, 2001

Challenging Drug Delivery Technologies

Delivery Technology	Formulation Barriers	Biological Barriers
Poorly water-soluble drug delivery	• New excipients for increasing drug solubility	Non-toxic to the bodyNo drug precipitation in the blood
Peptide/protein/ nucleic acid delivery	 Control of drug release kinetics Control of drug loading Control of therapeutic period 	 IVIVC Long-term delivery up to a year Non-invasive delivery
Targeted drug delivery using nanoparticles	 Control of nanoparticle size, shape, surface chemistry, functionality, and flexibility. Surface modification with ligands Stimuli-sensitive delivery systems 	 Controlling biodistribution through altering vascular extravasation, renal clearance, metabolism, etc. Navigating microenvironment of diseased tissues to reach target cells Crossing endothelial barriers (e.g., blood-brain barrier)
Self-regulated drug delivery	 Signal specificity & sensitivity Fast responsive kinetics Ability to stop drug release 	 Functional inside the body Functional over the lifetime of drug delivery

PEGylated Protein Drugs



PEG in Drug Delivery

ABSTRACT: In cancer chemotherapy, core-cross-linked particles (CCPs) are a promising drug carrier due to their high structural stability in an *in vivo* environment, resulting in improved tumor delivery. A biocompatible polymer of polyethylene glycol (PEG) is often utilized to coat the surface of CCPs to avoid nonspecific adsorption of proteins *in vivo*. The PEG density and conformation on the particle surface are important structural factors that determine the *in vivo* fate of such PEGylated nanoparticles, including their pharmacokinetics and pharmacodynamics. However, contrary to expectations, we found no significant differences in the *in vivo* pharmacokinetics and pharmacodynamics of the



PEGylated CCPs with the different PEG densities including mushroom, brush, and dense brush conformations. On the contrary, the *in vivo* release kinetics of hydrophilic and hydrophobic model drugs from the PEGylated CCPs was strongly dependent on the PEG conformation and the drug polarity. This may be related to the water-swelling degree in the particle PEG layer, which promotes and inhibits the diffusion of hydrophilic and hydrophobic drugs, respectively, from the particle core to the water phase. Our results provide guidelines for the design of cancer-targeting nanomedicine based on PEGylated CCPs.



Figure 1. Schematic illustration of a PEGylated core-cross-linked particle (PEGx@CP) comprising a D4 H/DD cross-linked network core.



Figure 4. Schematic illustration of PEG conformations on PEGx@ CPs: mushroom, brush, and dense brush.



Figure 5. (a) In vivo pharmacoknetics of PEGx@CP⁶⁷⁵s (red, PEG1&@CP⁶⁷⁵; blee, PEG2&@CP⁶⁷⁵; green, PEG5&@CP⁶⁷⁵; blee, PEG2&@CP⁶⁷⁵; green, PEG5&@CP⁶⁷⁵; green, PEG5&@



Figure 6. In vivo drug release kinetics of (a) sCy5 and (b) nCy5 included in **PEGx@CPs** (red, **PEG1k@CP**; blue, **PEG2k@CP**; green, **PEG5k@CP**) after intravenous administration into mice at a 1.0 quadrillion nanoparticles dosage. The chemical structures of sCy5 and nCy5 are displayed, where the R group is an alkyl chain with azide, and the details are displayed in Figure S17. All data are represented as the mean \pm standard deviation (n = 5). n.s., not significant. *P < 0.05 and **P < 0.01 (one-way ANOVA with Tukey's multiple comparison test). The right images are schematic illustrations describing the relative release kinetics of each dye from **PEGx@CPs** with various PEG conformations.

Kanamaru 2022, Impact of polyethylene glycol (PEG) conformations on the in vivo fate and drug release behavior of PEGylated core-cross-linked polymeric nanoparticles

Antibodies against PEG





Figure 12. Anti-PEG antibodies can destabilize pegylated liposomal doxorubicin. (A) Anti-PEG antibodies that bind to PEGylated liposomal doxorubicin (PLD) can activate complement and cause formation of a membrane attack complex (which forms a pore) in the liposomal membrane, breaking the internal salt and proton gradients. (B) Loss of the ammonium sulfate and proton gradients results in rapid dissolution of the doxorubicin nanocrystal and diffusion of drug from the liposomes. (C) Cryogenic electron microscopy image of PLD showing a single doxorubicin nanocrystal in each liposome. (D) Image of empty liposomes after incubation of PLD with anti- PEG IgG and complement. Arrows indicate the membrane attack complex.

Chen 2021, Polyethylene glycol immunogenicity- Theoretical, clinical, and practical aspects of anti-polyethylene glycol antibodies

In Vitro 3D Models Mimicking Human Physiology

Hemichannel model of breast cancer



Figure 6 Coculture of non-neoplastic epithelial cells and cancer cells in the DOC. (A) Immunofluorescence image resulting from the staining of T4-2 tumors with dil prior to their seeding in the hemichannel. Non-neoplastic S1 cells were cultured on acrylic hemichannels covered with laminin 111 for 10 days to sustain their proliferation and differentiation. Tumor nodules (3 days old, prepared in 3D culture) were stained with diI (red) and seeded in the hemichannels for coculture with S1 cells. Cell nuclei were stained with DAPI (blue). Arrows point to areas with S1 cells only (this image is focused on the top of the hemichannel). (B) Image focused on the bottom portion of a hemichannel of the DOC containing only the monolayer of S1 cells. (C) Reconstituted hemichannel with 3D view based on the stacking of optical sections of the layer of S1 cells (shown using the 3D viewer of ImageJ; only the cells delineating the limits of the hemichannel in this image are shown). Size bar, 50 µm.

Chhetri 2019, Cell culture and coculture for oncological research in appropriate microenvironments

Tumor-Microenvironment-on-chip



Fig. 1. Design and fabrication of T-MOC to simulate the drug transport at the TME. (A) Schematic of the fabricated T-MOC platform and its operating pressure conditions. Detailed 3D configuration of the device is illustrated in cross-sectional view – top layer with capillary channel, nanoporous membrane, and bottom layer with interstitial and lymphatic channels. This design is to mimic a pair of capillarylymphatic vessels with tumor tissues. (B) 3D morphology of breast cancer cells grown on the T-MOC: MCF-7 and MDA-MB-231. Comparison of growth rate of MCF-7 and MDA-MB-231 under 2D culture and 3D T-MOC culture configurations.

Ozcelikkale 2017, Differential response to doxorubicin in breast cancer subtypes simulated by a microfluidic tumor model

3D Mini-Guts



Immunocytochemical characterization of human colon organoids (Colon-87, SCC321). Human colon PDOs are positive for colonspecific markers: CA II, CA IV and Mucin5B, posterior hindgut marker: CDX2, stem cell markers: Lgr5 and Sca1 and epithelial markers: TPH-1 and E-Cad.



Human large intestine tissue under a microscope.

https://www.the-scientist.com/research-products-blog/mini-guts-to-the-rescue-introducing-3-d-organoid-cell-cultures-69623?utm_campaign=TS_3RD%20PARTY_2022&utm_medium=email&_hsmi=201625241&_hsenc=p2ANqtz-90mHX_7Vbam5XLmXyGPBg6Qm-

yjx4WV5wqzHZsveztQXPnqVsPfozxvtiD9qUh5KfBS4G1U9rIJKyAeEwxD2F3z1cWw&utm_content=201597738&ut m_source=hs_email